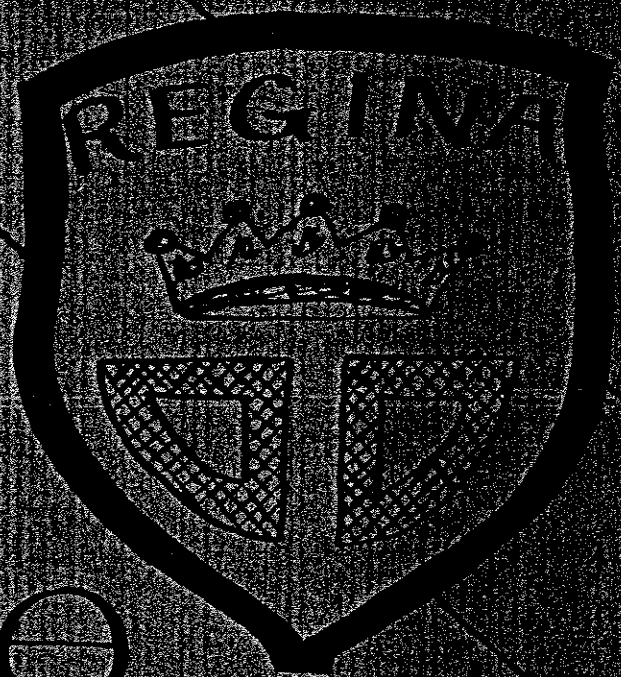


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REGINA HIGH SCHOOL

Student and Parent Handbook

Dear Parents and Students:

In his poem "Mending Wall", Robert Frost describes two farmers as they spend the day walking along and repairing the stone fence which had served for generations as a dividing line for their farm land. The one farmer keeps saying "Good fences make good neighbors." But the other farmer thinks to himself "Why do they make good neighbors? ... Before I built a wall I'd ask to know what I was walling in or walling out, and to whom I was like to give offense."

This handbook is somewhat like that stone wall. It can and should serve a good purpose, "to make good neighbors", as it were. That is, the regulations, rules, and information contained in it can be of great help. They are, however, meant to be a help and not an end in themselves. The overall end and the purpose of Regina High School are summed up for you on the next page of this booklet. They are lofty aims and tremendous objectives. If you do not grasp the fact that rules and regulations exist only to help you and us reach those objectives then this handbook is "like to give offense". You must grasp the notion that we have regulations only "for walling out" anything that distracts from these objectives, and we have regulations "for walling in" all that will assist in obtaining them. If you can accept the contents of this handbook in this spirit, it will make good neighbors of us all.

We, teachers and administrators of Regina High School, are of the conviction that few vocations in life are as rewarding or as precious as ours. This is due to the fact that our privilege is to share in the role of parents and to assist them in the God-given, sacred duty of complete formation of young men and women. It is also due to the fact that young men and women of high school age are the most fascinating, earnest, generous, and satisfying people of this earth. Our responsibility for their future is frightening, but it is also a challenge we accept. Asking the help of parents and the cooperation of the students, we dedicate the days and months ahead to serving God by serving you.

The Faculty of Regina High School earnestly request Our Blessed Mother to obtain Divine Help for you and your homes.

Sincerely in Christ,

The Faculty of Regina High School

AIMS OF REGINA HIGH SCHOOL

The aims and objectives of our school are built around certain basic and fundamental facts. We acknowledge that man is both body and soul; that all men are meant for eternal happiness, which can be obtained only by the whole man, body and soul. We acknowledge that man is both an individual and a social being. We acknowledge that man has spiritual and physical (material) needs, and neither of these can be ignored. Man is obviously not an angel, but he is the greatest of God's visible creatures, and he has by reason of his nature and destination, great dignity--and this is true of all men. All men have certain human rights and corresponding obligations. We acknowledge and accept the Divine Plan for salvation, which includes the Fall of Man, the Redemption of Man by Christ, and the continuance of the Redemption of men by Christ through the Divine and human instruments chosen by Him for this purpose.

We acknowledge that through the goodness of God we live in a great country, the United States of America, and this is one of the greatest blessings given to us. We are strongly for the principles of our democracy and feel it is the duty of each man and woman to expend some degree of his talents toward the maintenance and improvement of our country, on national, state, or local levels.

We acknowledge that our Church and our Country are best served by strong, wholesome, and sacred family life, and the family and home are the fundamental cells of our society.

With the above principles in mind we feel that the education provided at Regina High School should enable the student to:

- (1) Acquire a working knowledge of the truths of the Catholic Faith, and an ability to translate his beliefs into everyday living and action.
- (2) Achieve the effective ability to give, in word and example, to the degree he is able, the gift of Faith to others.
- (3) Achieve command of the knowledge and skills basic to effective learning.
- (4) Develop and maintain good physical and mental health.
- (5) Understand the rights and obligations of citizenship and to perform diligently and competently these obligations as a member of local, state, national, and world communities.
- (6) Understand and use a problem-solving approach to life situations.
- (7) Develop those skills, understandings, and socially and morally sound attitudes that result in intelligent participation as a producer and consumer in economic life.

- (8) Develop vocational and leisure interests for personal satisfaction and social usefulness.
- (9) Develop the capacity for aesthetic appreciation.
- (10) Develop principles for personal and social conduct based on moral and spiritual values.
- (11) Acquire the knowledge and attitudes basic to satisfying family life and other human relations.

THESE ARE OUR AIMS.

Chronic absentees (excused) will be investigated and, if deemed absent without sufficiently good reason, will have to make up time after school hours.

The good order of the school requires not only day-by-day attendance but also attendance during the entire day. A student should never leave school during school hours without permission from the principal's office. A student dismissed from a class for illness or for any other reason must report to the office. Failure to do so will be considered as truancy. Dental appointments should be made for after school hours.

III. TARDINESS

A student is tardy if he is not in the room when the tardy bell rings. When tardiness occurs the student is to obtain an admission slip from the office which will be marked as excused or unexcused, depending on the reason for the tardiness. This slip is then to be given to the teacher of the class involved. Because it is impossible to handle all the cases of tardiness in arriving in the morning, and equally impossible to determine the validity of excuses offered, all students will be treated in the same manner when tardy in arriving at the beginning of the day. All such tardiness will be considered as unexcused, and carry the same penalty as any unexcused tardiness. Reporting to school after two periods constitutes a half-day absence. Even excused absence of tardiness at the beginning of the day is recorded on report cards and permanent records as absence or tardiness.

A DAILY DETENTION will be held for all students who are tardy. If a student is in this detention with a degree of frequency, the parents will be called for a conference.

TIME OF DETENTION: 3:25 p.m., the first school day following the day of the violation.

PLACE: Room 12.

LENGTH OF DETENTION: 15 minutes for each tardiness of less than five minutes. A tardiness of over five minutes will result in a detention of 30 minutes.

THE ABOVE REGULATIONS APPLY NOT ONLY TO TARDINESS IN ARRIVING IN THE MORNINGS, BUT ALSO TO TARDINESS FOR ANY CLASSES.

IV. RELIGIOUS PROGRAM

Religion is the most necessary of all subjects in the curriculum. It is not only a curricular subject which is studied each day in the week, but it is a master guide. Its ideals must carry over into all classes and into all activities. Unless the school can assist in making each student a well informed, practicing, and disciplined Catholic, it falls short of its desired goal.

RELIGION CLASSES: Many of these are taught by the priests of the Iowa City area. These priests are not only teachers but are also willing

to assist with spiritual guidance and formation. Students should always feel free to use the help of these priests. This can be a very important part of a student's guidance.

PRAYER: Each morning will begin with an appointed prayer. To fail to offer each school day to God is to fail in the vocation of being a student. A different prayer is assigned for the beginning of each class period. Students are encouraged to use some free time during the day for visits to the Blessed Sacrament.

RETREAT: A two day retreat or two separate days of recollection will be conducted each year for all students at Regina High School. This is a most precious and special time of grace for the student. In order that they may not hinder the working of God, the students are asked to refrain from all activities which are inconsistent with these days. Silence, prayer, meditation before the Blessed Sacrament, a good reception of the Sacraments of Penance and Holy Eucharist, and careful attention to the direction of the Retreat Master are all necessary for the successful retreat.

SODALITY: The Sodality of our Lady is organized at Regina High. Membership in this is voluntary and open to all members of the school. It is, of course, necessary for members to meet the requirements of the Sodality before being enrolled. The requirements and purposes of the Sodality will be explained to the students by the Sodality Moderators. Students are asked to give serious consideration to the Sodality before applying for membership. It is to be looked upon as a means (1) of personal growth in holiness; (2) of helping the sanctification of the neighbor; (3) of spreading and defending the doctrines of Christ. All of these are accomplished by devotion to Our Lady and by her help. All meetings of Sodality groups will be held at times other than school hours.

V. GUIDANCE AND COUNSELING PROGRAM

Guidance is an organized service of the school, not separate from the academic fields but coordinated with them and assisting them. It is designed to aid the students in making adjustments to various types of problems with which they are faced--educational, moral, vocational, social, and personal. At Regina High School the guidance program includes the following:

1. A professionally qualified counselor will be appointed to direct the guidance program.
2. Advice and assistance from the priests who teach in the school. In addition, the opportunities to receive the sacramental helps will be afforded to all.
3. Formal and informal counseling by the homeroom teacher and by other teachers. This may take the form of either group guidance or individual. Once a week on the day on which the regular

religion class does not meet, this class will have one full period of group guidance. A designated series of guidance handbooks will be used, and this part of the program is organized to work in a coordinated fashion for the entire four years.

4. The priests from the parishes are here only two periods a day, but are available for conferences immediately before or after these classes. Students may make appointments at that time if it is necessary. This does not mean that the student may not choose any advisor he wishes from among the faculty members for his own personal assistance.
5. A counselor trained in counseling and guidance will be available each school day.
6. Information concerning requirements for entrance into various colleges and universities and help in choosing the proper college and in planning vocational fields: The school will try to provide a formal program for this purpose, early in the high school career, both through group guidance and through individual guidance where this is possible.
7. A testing program which includes tests of mental ability, achievement tests, aptitude and preference tests, will be carried out. Some of these tests, such as those given by the Iowa Employment Agency, will be followed up by individual interviews with a qualified counselor.
8. Health--The health program, which will be handled for instructional purpose through the Physical Education and Biology classes, aims to give effective guidance in matters pertaining to personal hygiene, and to provide both instruction and practice in good health habits.

VI. CO-CURRICULAR ACTIVITIES

National Honor Society: Membership in the National Honor Society is of two types--probationary (for Sophomores) and permanent (for Juniors and Seniors). Members of this society are selected by vote of the entire faculty. This is done on the basis of scholarship and a point system based on leadership, service, and character.

Student Council: This is a student organization designed for giving students practical experience in our American democratic form of government. It enables the entire student body to take a more active part in the life of the school. Students are represented in the Student Council by their elected officers--President, Vice President-Treasurer, Secretary of the Student Council elected by the entire student body, and the President and Vice President of each class and a representative from each home room. A faculty advisor is appointed to the Student Council by the Administration.

VII. GENERAL CONDUCT

(1) Every sincere student uses his years in high school to develop the responsibility so essential for a future career. One of the signs of a responsible person is the regard shown for property. Every student is expected to do his part in keeping the building and grounds clean. A careful regard for all furniture, walls, classroom equipment, and other school property indicates a student's loyalty and sense of cooperation. Over \$1,000,000 has been spent by parents and friends, at a considerable sacrifice, to furnish you with our magnificent school. Do not be ungrateful to them. **ANY DAMAGE TO SCHOOL PROPERTY MUST BE PAID FOR BY THE STUDENTS INVOLVED. IF IT IS WILFUL AND MALICIOUS IT WILL BE SEVERELY PENALIZED--IF NECESSARY, DISMISSAL WILL BE IMPOSED.** Wilful damage is a sin and demands restitution.

(2) Courtesy toward faculty members is considered an essential for every student at Regina High School. Faculty members share the duties of parents and therefore share the respect due to parents. Proper acknowledgement, proper use of correct titles and names, and proper attitude in conversation with faculty members is not so much a matter of school rules as it is a measure of home training. A lack of these proprieties reflects on parents and is most unfair to them.

(3) No conduct harmful to school morale or to the reputation of the school can be tolerated. Unbecoming conduct can bar a student from participation in school activities, or even necessitate dismissal from school.

(4) Smoking will not be permitted for any student attending Regina High School. Smoking is not allowed in the building or anywhere on the grounds at any time of the day. Neither are students of Regina to smoke at any school activities at the school or away from the school.

Violation of this rule will be dealt with as follows:

(a) First violation--student will be suspended from school for five days, will receive grades of zero for all five days. Any work, tests, etc., cannot be made up for credit. A student may, of course, study on his own. Parents will be contacted.

(b) Second violation--parents will be contacted and the student expelled from school.

(5) Gum chewing is forbidden because the gum too easily finds its way onto the floor or furniture and is extremely difficult to remove. The penalty for gum chewing violations will be 50 cents for each violation and one detention. The 50 cents is due by 8:05 a.m. the day after the violation and must be paid at the main desk. The detention is to be taken the same day as that on which the violation occurs. A detention will be added for each day that the fine remains unpaid.