

Jemez Springs, New Mexico 87025 (505) 829-3506 March 06, 1986

The Most Reverend William R. Johnson, D.D.
Bishop of Orange
Marywood Center Office: 2811 East Villa Real Drive
Orange, California 92667

Dear Bishop Johnson:

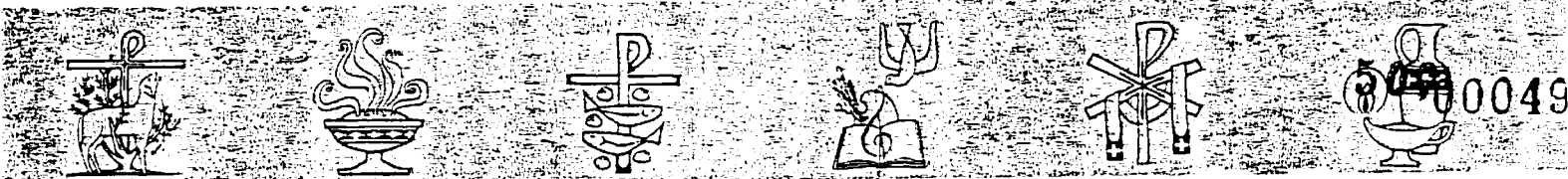
This is a summary progress report on Father Siegfried Widera, who is presently in the program at Villa Louis Martin.

PSYCHODRAMA 02/04/86 (Marty Green, R.N.): Today, the focus was on one of the group members, [REDACTED]. He spoke a great deal about his stepmother, whom he calls his second mother. She had died suddenly three days after he had left Jemez Springs when he was in the module in the past.

In summary, his message to the group today seemed to be: "When I was here before, I shared my anger and frustration about my second mother, and now I want to talk about the good things about her - the things I like that she did for me and the appreciation I have for her in the happy things." He talked to the group as a group, and then he did a very brief and tearful scene in which he said good-bye to her, expressing directly to a mother-figure his love and appreciation, but also his need for her. He envisions her as standing beside his first mother in spirit and both always standing behind him. When I hinted that a time may come when he would not need her, he was emphatic that such a time would never come. He could not seem to imagine not needing a mother. He said, "After all I went through before I was given a second mother, I will not let her go."

SPIRITUAL DIRECTION 02/05/86 (Rev. George Reynolds, O.P.): Siegfried just recently got back from picking up some of his things from California. It was a very important trip for him because he was able to put closure on several relationships that were just held in abeyance. It was also a very important experience for him because it allowed him, then, to be freer in looking forward toward his future, and that the possibility of going back to California just really is not all that assured nor perhaps even a wise idea.

Siegfried is also working on the holistic approach of the integration of the various facets of his personality as well as the various needs that he has. He tries to do some of the social, the religious, the emotional, and the affective things each day to become more and more integrated into a person who is freer from compulsions than he has been. In fact, that is one of the biggest things



he is working on right now - the integration of his mind in the things he thinks about and what he is intellectualizing with the emotions and the way he reacts in his feelings. That integration is a lifelong process and is certainly going to be for Siegfried, in that he realizes that for him it is both necessary and possible, and so that he is working on it conscientiously.

His future is, at present, uncertain. He wants to stay within the active ministry. And so, he is investigating possibilities for his future. I believe that Siegfried is truly a good minister and will continue to be a good minister within the Church. It would be a shame for him not to be able to find a Bishop who would accept him. I think that he is wise in not trying to force the issue right now. He knows that he needs to have greater strength within himself before getting an apostolate again, but does see this as part of his future that he is working toward.

ART THERAPY 02/17/86 (Nancy Rosborough, M.A.): Art Experience: Feelings

This is the first part of a series of drawings expressing feelings. We will not process the work until the following week.

PSYCHODRAMA 02/18/86 (Marty Green, R.N.): For a warmup today, each man chose from his memory an age that he wanted to be because it felt good.

The men then socialized for ten minutes while staying in this age that they had chosen as a role. For those ten minutes, the men looked happier and seemed to be enjoying their conversations.

Later, I attempted to point out to them that nothing had really changed externally, but for a few minutes they had allowed themselves to feel differently by changing something inside themselves.

PSYCHOLOGICAL 02/20/86 (Sarah Gaughan, Ph.D.): Siegfried and I had not been able to meet the past three weeks because he was gone and there was also a Liturgy Workshop. He said that he was feeling good right now. He certainly appeared relaxed and much more at ease than I believe I have ever seen him.

Siegfried talked some about his pedophilia and the kinds of things he has learned in order to control those behaviors and avoid any situations which might lead to a problem for him. He also mentioned that he had been a frequent masturbator and that since he has been here, that has decreased significantly. He jokingly mentioned that it might be the water; however, Siegfried does have the insight that has to do with feelings of control and with feeling more relaxed.

In addition to talking about the kind of children he has been attracted to and how he can avoid any future involvements, we also talked about why he wants to stop that behavior. I think that his response to that was one which shows he has internalized the motivations for stopping that behavior: His responses were that it was not good for him nor for the children, and also, that it made him depressed. These, I think, are far better reasons than those involving external motivations or controls (for example, going to jail, getting caught, etc.).

We also talked about his trip and the people he visited. The trip went well, with only one exception. Siegfried felt that one of the couples that he spent

some time with "knew the story." He felt that he handled the situation well, however.

Finally, the other topic was the future for Siegfried. He seems to be handling extremely well the uncertainty that he is having to deal with. He does not know if he will or will not be able to remain in the priesthood. That would be his preference, but he thinks that he understands that he may be a "high-risk factor."

In summary, I think that Siegfried has made considerable progress, even since I last saw him. He seems to be working hard and coping very well.

ART THERAPY 02/24/86 (Nancy Rosborough, M.A.): Art Experience: A Drawing of Excitement

Siegfried conveyed a scene depicting fireworks. He then related this to times when he and his family or friends would attend the fireworks. I did not process this with Siegfried because he has been feeling somewhat sensitive about comments made in relation to his drawings.

Siegfried has been here for around four and a half months and it seems as though it might be coming time for him to consider concluding the program and moving into an assignment.

PSYCHODRAMA 02/25/86 (Marty Green, R.N.): Today, ██████ asked to work immediately at the beginning of group. The session very quickly became serious and intense. His request was to have a chance for the world to hear his side of the story of his situation. In a psychodrama scene, he had various group members play the roles of one fellow-priest back home, friendly parishioners, parents, one teen-age boy whom he was particularly angry at, and one group member to play the ██████, which is a legal entity back in his home State. He confronted all these symbolic figures at one time with his anger and his defense of himself. He became quite angry. Eventually, his anger became focused on one particular priest back home. He was so angry with this priest, that he wanted to hit him. Then with some prodding from me, and very little prodding, as to what ██████ wanted from this colleague, ██████ began to sob and expressed his need for others to respond so that he was not so alone with his fear. His genuine fear and pain deeply affected the group and many of the men cried and shared with him what they could in a realistic way. I, also with tears, told the group I was reacting to being the only parent in the room, and yet, I could hold ██████ while he cried because his life was as precious as anyone else's life. He stated that he was truly afraid for his life if he were to go to jail, especially since his fear increased since last week when he received a letter from ██████. In the letter, ██████ spoke of the threat he had received on his life.

This session seemed to be an opening for ██████ between himself and the rest of the group. Although he has reached out to a few individually, he has mainly been defensive with the group as a whole and the men sensed a difference in him today.

SPIRITUAL DIRECTION 02/26/86 (Rev. George Reynolds, O.P.): Siegfried has a sense of leaving one phase of his life to begin another. By going back to California and saying 'good-bye' to some people and bringing his cycle back

here, he has had a physical separation from the past. He is desirous for, and capable of, beginning that next phase.

He wants to keep his options open as to where he would like to go when he leaves the Canyon, but wants very much to stay within the priesthood and there certainly is no indication that I can see that he should not continue to function as a priest. Where he would actually do that, seems indifferent to him. That is a very good sign. He does want to go, however, wherever he could be used most. That taps into his natural generosity and thoughtfulness.

Siegfried seems very relaxed and over the compulsive, Germanic behavior which he came with. That is a very hopeful sign, in that, Siegfried is putting his own life in perspective and proportion, and he is getting himself ready to begin the next phase of active ministry.

PSYCHOLOGICAL 02/27/86 (Sarah Gaughan, Ph.D.): Siegfried talked about a question he had been asked from one of the new men about where his home was. He said he feels at this point that here is home and where he belongs. We then went on to discuss, once again, some of his questions about where he will be going, what he will be doing, and what he would like to be able to do. He really does seem to be coping with his uncertainty at this time. He reviewed the kinds of things he plans to maintain in the routine of his life to keep his internal peace and avoid becoming out of control.

Something that Siegfried is going to think about between now and our next meeting is childhood development and thinking about some of the relationships he has had with children from their perspective. Trying to get that kind of empathy and understanding, may be helpful for Siegfried in maintaining the taboo of sexualizing those relationships.

DIRECTOR'S COMMENTS

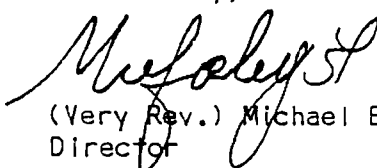
Sieg is about ready to begin the final plans for his discharge from VLM. I will be contacting a Bishop in Texas who I will ask to take him on an experimental basis. The Staff strongly feels that Sieg should remain in the active ministry. They feel that this is what he really wants to do and that this is really the place where he is gifted.

He has done very well and with the insights that he has gained during the program and a great deal of hard work, we believe that he will do very well. We will follow him very closely in our Aftercare.

I hope that you are feeling better. I would like to take this opportunity on behalf of the Staff of Villa Louis Martin and all of the Servants of the Paraclete to wish you a most Blessed Easter.

If you have any questions or observations concerning this report, please do not hesitate to contact me.

Fraternally,



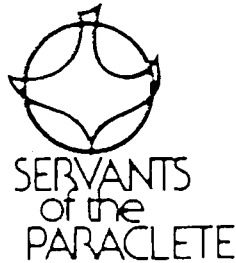
(Very Rev.) Michael E. Foley, s.P., D.Min.
Director

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Jemez Springs, New Mexico 87025 (505) 829-3586

April 10, 1986

The Most Reverend William R. Johnson, D.D.
Bishop of Orange
Marywood Center Office: 2811 East Villa Real Drive
Orange, California 92667

Dear Bishop Johnson:

This is a final summary progress report on Father Siegfried Widera, who has completed the program at Villa Louis Martin.

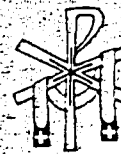
ART THERAPY 03/03/86 (Nancy Rosborough, M.A.): Art Experience: Creation of a Shield

Siegfried joined with two others because he felt their commonality was having a family faith and heritage. He chose to work with this group in a manner that developed their teamwork as the purpose of: To present who we are. Their selection of a motto revolved around: "Self-Knowledge." They saw their discipline as: Self-acceptance. That which they feared was: Misunderstanding of self. Their vulnerability was: Being too open. They could not designate a leader in their group, but rather chose for each of them to be a leader. They saw their defense as: Being truthful, frank, and having faith.

This particular group, which Siegfried was in, was very serious and worked from a very introspective manner. They worked so earnestly together that they actually did not enjoy the process nor play in the creation of their teamwork as other groups did. In some ways, although they were very internalized, they were not necessarily in touch with themselves and perhaps that is why they projected so much internalization outside themselves.

Siegfried worked well in the group and has a cooperative way in a group, which makes him pleasant to be with.

PSYCHODRAMA 03/04/86 (Marty Green, R.N.): Today, our session focused on the subject of suicide. One member attempted to verbalize that state which one is in when he becomes suicidal. When asked what other people around could do when people are feeling suicidal, three members of the group gave some clues to the rest of the group: 1) Do not leave one alone even if he should push you off; 2) Help one to talk, but it does not have to be a close friend; 3) Do not assume that because a period of suicidal depression is past, it will not come up again.



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I then suggested that one should ask for help if he felt the beginning of the process that led to that state; but some members stated that sometimes there is no time to ask for help and that one is not aware of that state beginning.

Various group members then shared their anxieties about the subject of suicide. Someone suggested a class be given on this subject here in this program since it would be helpful to all.

Many of the men in the group this morning were helpful with their comments, but I do want to particularly point out that Siegfried was helpful by sharing some things of his past and by stating many other things in a positive way to another member of the group and also prompting him when he needed help.

PSYCHODRAMA 03/11/86 (Marty Green, R.N.): Today, the focus was on relating to authority-figures and peers in a community setting. The discussion period following, gave much feedback. The main point of the feedback seemed to be that oftentimes it may happen that individuals, in spite of their often brilliant verbosity or particular modes of communication, still seem to not express many of their feelings, but instead focus on what others do or feel, or what they fantasize that others feel.

SPIRITUAL DIRECTION 03/12/86 (Rev. George Reynolds, O.P.): Siegfried is, right now, sort of in a no man's land or in a limbo while waiting for some word about his future. He is very patient about it and very relaxed. He is not at all anxious that there is not something there, and that is a very good experience for him.

One of the things in the experience here at Jemez Springs, however, has been that he really still needs a lot of work on his self-confidence. He needs the staff to tell him that he is doing well or is doing his best. This lack of confidence truly comes from his father, who is still trying to dictate his life or in many ways actually putting him down. That is the thing that is going to be part of Siegfried's agenda for the rest of his life - how to develop and to rely upon himself, especially insofar as he is a pedophile, and that he be aware of his rituals. He is going to need enough confidence in himself to realize that when he sees this happening, he will take proper measures to avoid any inappropriate actions. I believe he is smart enough, courageous enough, and he is also strong enough to be able to face his future.

PSYCHOLOGICAL 03/13/86 (Sarah Gaughan, Ph.D.): Siegfried, following up on our last session, said that he had been thinking, as I had asked him to do, about how the children, whom he had been involved with, might have felt and what the experience might have been for them. I think it was of profound importance that Siegfried said very honestly to me and to himself that when he thinks about it now, he does not see that any good came to the children from his actions. It is so common to hear people, involved sexually with children, sustain the belief that it is somehow a positive experience for the children. I think it is a very good sign that Siegfried is no longer rationalizing nor minimizing the effect of those behaviors on the children. It was a painful recognition for him to come to, I know, because we of course tend to make every effort to see our acts and behaviors as having redeeming qualities. But, Siegfried has let go of that at this time.

Siegfried wanted to do a sort of demonstration for me of the relaxation exercise which he practices each morning. I must admit that I was somewhat skeptical about the usefulness of that, but it seemed to be important to him,

and so, we did that. He basically went through the relaxation exercise, verbalizing the steps he took to become relaxed and then the procedures and topics he would cover during each exercise. I was very surprised to find his having done that quite useful to me. I was much more able to see the importance of that exercise to him. It clarified some of the daily struggles that Siegfried faces and also how he makes his plans to deal with some. One of the things which came from that was Siegfried discussing in some more detail his commitment to celibacy. I told him it sounded not dissimilar to me to the kinds of reasons people give as to why they do not give in to temptations for affairs when they are married or otherwise committed to a relationship. The first, is the risk which that would place on the relationship, which is very important to them. In Siegfried's case, the relationships he risks are those with his friends, family, and community. The second reason has to do with personal integrity. Those two things are often what give people both the strength and the reasons for maintaining their commitments. I think that was a helpful context in which to place the need for Siegfried to resist such temptations.

ART THERAPY 03/10/86 - 03/17/86 (Nancy Rosborough, M.A.): Art Experience: Creation of a Mask And Body Image

The first session dealt with the creation of Siegfried's mask and body image. In the second session, we processed Siegfried's artwork. He stated that his mask looks like himself and this caused confusion because others did not know what was behind the mask.

Others suggested that perhaps the large beard that Siegfried was developing was an attempt to conceal or hide. Siegfried seemed to feel that the mask, in some degree, was a concealment, but in others, an expression of who he really is.

Comments were made that they felt Siegfried is friendly, feels deeply, and that he tries to get along with people. Additional comments were suggested that he is somewhat aloof, gentle, calm, fatherly, feeling, somewhat mysterious, honest, and direct.

Siegfried seems pleased with himself at this point and is looking forward with confidence to the future.

PSYCHODRAMA 03/18/86 (Marty Green, R.N.): Today, the session dealt with sociograms. Each man did his own sociogram individually. The sociogram is a symbolic drawing of how a person sees himself in his roles in life and how he feels about these roles.

After the drawings were completed, there was a time for sharing. Only a few members of the group had time to share.

PSYCHOLOGICAL 03/20/86 (Sarah Gaughan, Ph.D.): Siegfried said that he was really uncertain as to what to discuss today. I think that his feeling at this point is that the major issues for him, he has been working on and continues to work on himself, but does not feel any urgency about anything at this time. This is a reflection, I think, of Siegfried really being ready to proceed with his life outside the program here. I mentioned to him the fact that the staff's perception of him at this point is that he is doing very well. I said, also, that I had been very impressed during last week's session, with his candor and with the honesty of his feelings about putting himself in the place of the child. I think that kind of ability to see one's behavior and one's

feelings with objectivity is a sign of Siegfried's tremendous progress thus far, and I shared that with him.

We then talked about [REDACTED] which we had not done in a great deal of detail. He had a telephone conversation with [REDACTED] recently and asked about going to visit them in [REDACTED] because [REDACTED] told him not to come, and evidently did so in a quite rejecting and even mean way, saying things like...they did not need his nervousness or "running around." Evidently, [REDACTED] is a very controlling and somewhat judging parent, and Siegfried has had to deal all his life with feeling rejected and controlled. At this stage, Siegfried said that [REDACTED] still tries to control him, but Siegfried's reaction is to fight that control. Although that sometimes causes friction, it is important for Siegfried to be able to do that. His feelings about it, he expressed very clearly - the hurt, the feeling of rejection, the anger and frustration...all those feelings were identified and discussed honestly and clearly by Siegfried today.

In summary, Siegfried is at this point one of the most well-adjusted people in the program. His role seems to be one of helping and assisting the others because they see him as someone who has a good understanding of himself and of them. I would hope for plans to be made fairly soon for Siegfried.

ART THERAPY 03/24/86 (Nancy Rosborough, M.A.): Art Experience: My Favorite And Least Favorite Color

The group worked in finger paint, using their favorite and least favorite color. Due to the fact that I was scheduled for a meeting with a Provincial and one of our men, we did not process this work, but will do so in the next session, along with the completion of the body images.

PSYCHODRAMA 03/25/86 (Marty Green, R.N.): Today, we continued processing sociograms on an individual level. The sociogram is a symbolic drawing of how a person sees himself in his roles in life and how he feels about these roles. The group then began a question and feedback period to educate what another individual might be feeling. We did an exercise in what is called levitation whereby an individual is raised up and carried supine around the room and also a scene after the fashion of a mountain outing where there is fun and casual camaraderie.

The session ended with the general message to the group that oftentimes roles in life get frozen up through fears, moods, the rigidity of overself-consciousness, overwork, overseriousness, lack of sharing with others, etc. As in the levitation exercise, there is sometimes a need to introduce risk-taking by sharing our feelings and ideas in our roles with others by interpersonally relating through trust. And, as in the outing scene, a fine catalyst toward the better fulfillment of roles is often simply the turning "out" from our inner selves by providing time for "having fun," whereby is established a better rapport with others and a healthier balance of life physically, emotionally, intellectually, and so forth.

SPIRITUAL DIRECTION 03/26/86 (Rev. George Reynolds, O.P.): Siegfried is really ready to leave, and so, our session today was rather low-key. We talked about the future and how he would be able to recognize danger signs for himself. He realizes that he had a whole ritual that he would go through in seduction, and he also now has, I believe, enough insight to see when he is beginning that already, as well as enough courage and strength to do those things which will

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not allow his previous life-style to return. He is aware that he has all the insight he needs and the dedication, but also, he is relying on the grace that he will need to live a very spiritual and whole life.

So, I feel very good about Siegfried and his time to leave. Just exactly where he is going or when, is still an open question because he has not yet a placement, but he very much is a valuable member of the clergy and I hope that he can return to active service soon.

PSYCHOLOGICAL 03/26/86 (Sarah Gaughan, Ph.D.): Siegfried spoke mostly today about his immediate plans for going on a vacation and then some of the plans for when he returns. He is approaching the next period of time optimistically and also feels that he can provide himself tests along the way. He had no compunctions about requesting Depo-Provera if he feels the need for that. We talked about the fact that Control is going to be playing a major role the rest of his life: Control of his sexuality; weight control; and so forth. He talked realistically about his expectation that he will be difficult to place in an assignment, but also maintains his optimism and hope that he will be given the opportunity to do that.

This may be the last formal session that Siegfried and I have in individual psychotherapy, although there may be a followup session or two when he returns. I think that Siegfried is an excellent risk at this time for being able to adaptively return to his work and to society. It has been a pleasure to work with Siegfried, and obviously through this work, he has gained my trust and confidence in his abilities to overcome the difficulties he has experienced in the past and to be able to contribute even more richly as a religious.

DIRECTOR'S COMMENTS

Sieg was discharged from the program at the end of Holy Week. I gave him permission to visit [REDACTED] and an older couple took him on a vacation with them. He has contacted me by phone and will be returning to the Villa on Friday, April 12th.

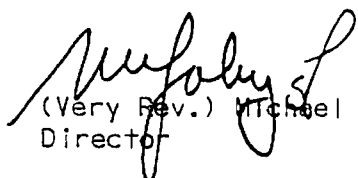
I have been in touch with a couple of Bishops regarding his working in their Dioceses. I feel optimistic that something will transpire.

Sieg did very well in the program - I have the highest regard for him and believe that he will do well.

Thank you for your cooperation with us. If we can do anything in the future for the Diocese, please feel free to contact me.

If you have any questions or observations concerning this report, please do not hesitate to contact me.

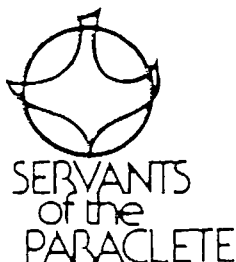
Fraternally,


(Very Rev.) Michael E. Foley, s.P., D.Min.
Director

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Jemez Springs, New Mexico 87025 (505) 829-3586

February 12, 1986

The Most Reverend William R. Johnson, D.D.
Bishop of Orange
Marywood Center Office: 2811 East Villa Real Drive
Orange, California 92667

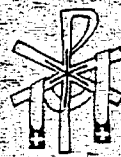
Dear Bishop Johnson:

This is a summary progress report on Father Siegfried Widera, who is presently in the program at Villa Louis Martin.

PSYCHODRAMA 12/03/85 (Marty Green, R.N.): The focus today was on anger. [REDACTED] brought up one illustration from his past regarding a Superior who accused [REDACTED] unjustly. [REDACTED] then brought up a scene in which he was angry at his Superior in the present time, who was not dealing with a very difficult person in [REDACTED] community. This triggered feelings of helplessness and frustration in many members of the group about their Superiors, particularly when Superiors do not live up to expectations.

There were no extreme moments of venting anger today, but new subjects were raised for discussion. [REDACTED] seemed absolutely surprised that the men had Superiors who could make them take assignments against the individual's wishes. He stated repeatedly that this would never happen in his diocese. When I said that he might be able to identify with the situation as a child would with a father-figure, [REDACTED] admitted he could do that, but such problems had nothing to do with his community. Siegfried said that he could not relate to the men's frustrations with their Superiors.

SPIRITUAL DIRECTION 12/03/85 (Rev. George Reynolds, O.P.): Today, Siegfried and I had a particularly good session. We discussed his perfectionism and its dangers, and how it causes problems for him. One of the Scriptural passages which has really been disastrously pertinent to him is where Jesus says to be perfect as the Heavenly Father is perfect. I think that Siegfried has adopted that after the manner of working a hundred percent of his energy a hundred percent of the time, and even that is not going to be perfect. When he feels something cannot be perfect, he then feels he will make a fool of himself if he were to do anything. To take an example: Today, he was tired and therefore he did not choose to volunteer in psychodrama class because he thought he would make a fool of himself. That example, then, gave us a good chance to talk about how the ideal of perfectionism can infect prayer life, intimacy, relationships with others, and how it can infect the things we do. I have



asked him, then, for next time to think of simply what the word 'perfection' means for him, in such a way as doing his best is not a crippling thing, but something in which he can take pride.

We talked about the wholeness or wellness which is the goal for every person on this earth, and what that means for him. He tried to talk about how he could either control or manage the various elements that are involved in wellness. However, I suggested that rather than the word 'control' or the word 'manage,' he should think of it rather as 'integrity' and 'integration' of personality, which has many different facets and some at times need more emphasis than others. And so, those two words are his task for next time - 'perfection' and 'integrity.'

Siegfried has a hard time admitting to himself his emotions and identifying what those emotions are and then having an appropriate emotional reaction. I believe this is one of the reasons that he got in trouble previously - because his emotional life simply was not integrated into the rest of his personality. Those are things we will check on in the future. Also, in prayer and in prayer techniques, he has been using a type of meditation which is very close to self-hypnosis for taking spiritual journeys. If he wishes in the future for some period during our sessions, I will take him on some of those spiritual journeys in a way that can be comforting and supporting and accepting of him as a total human being with both the dark and light sides.

MOVEMENT THERAPY 12/04/85 (Linda Smarrella): Since most of the men in this group are new since August, I repeated, with variations, some earlier exercises I had around the awareness of personal space. We started by just walking around the room, making eye contact, touching hands in a type of greeting, and then avoiding eye contact, touching, etc. They then walked naturally as though among a crowd of strangers. After this, I asked them to think about how they might want to change their interactional style with strangers or if they were comfortable as they were. We then discussed their experiences.

In pairs, they further explored issues around physical comfort with closeness face-on, side-by-side, behind each other, etc. We then talked about this exercise.

The group was generally very responsive and shared many valuable insights. We saw how a person's size affects the comfort-zone with another, how glasses make a difference, and how much hand gesturing that one or both do makes a difference, as well as the many personal matters involved.

We ended with a relaxation/meditation tape of Dr. Emmet Miller, which I left in the copyroom for any of the men to use if they so desire.

PSYCHOLOGICAL 12/05/85 (Lawrence Wilson, Ph.D.):

Issues In Psychotherapy: 12/05/85 Siegfried is beginning to look more in-depth at his needs to deal with his sexuality, but more importantly, he is looking at his needs to develop a sense of community which he has not had in the past, so that he can have feedback from others in terms of dealing with the day-to-day stresses of his ministry and priesthood. I believe that Siegfried probably has experienced his life in a fairly emotionally bland manner and that his interactions with sexual acting out and young boys has probably been his way of seeking excitement and adventure in his life.

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We discussed this interpretation from the point of view that it does seem to fit the patterns that he has used in terms of dealing with kids, and that indeed he has not learned to make more appropriate adult-to-adult contacts so that there might be some sharing of intimacy and issues that are of an adult level. I believe that Siegfried is just beginning to look at these issues a little more in-depth.

PSYCHODRAMA 12/10/85 (Marty Green, R.N.): The focus today was again on anger. One of the members did a scene with his dead father. He felt he had forgiven his father for being so cold and distant, but could not forget the issue. The scene was very touching. Siegfried played the role of the dead father. He played the role very well, which required him to be a very stern German father. Much later in the session, Siegfried told us that he realized that he had been playing his own father and that during the scene the other member was only expressing what Siegfried had wanted to express to his own father. During the scene, the other member expressed anger, hurt, and his longing for affection and love, and when he broke into tears, some of the others in the room also became tearful.

During the closing, much was expressed about relationships with fathers. Tom spoke about both his father and his mother, and his feelings toward them. He talked about the confusion he had with relationships because he stated that oftentimes his father seemed to be one of the children and just when the kids were comfortable with this, the father would suddenly say, "I am your father and that woman is your mother," and he would side with the mother. I mentioned to Tom that that kind of situation might lead to a distrust of everyone. Tom seemed surprised by my remark and commented that I was pretty sharp. So, I think he is making a connection about his distrust of people with the way his parents related in their roles.

MOVEMENT THERAPY 12/11/85 (Linda Smarrella): We had a discussion today about Christmas: Any memories they had of Christmases as a child and/or how they felt about Christmas as an adult. Many of the men experience Christmas as a lot of work now because of their positions. Some men shared special times when they received a bike or train, etc. Many had little memory of their childhood.

We warmed up with some stretching and playing with the balloons and the balls. Following this, we discussed and experimented with the different meanings of gestures. The men then paired up and explored the use of these gestures, taking turns giving and receiving them. I asked them to role-play with movement how their father acted when he was angry at them and the other partner to react as he would have (with gesturing) if his father had behaved in such a way. We then talked about the men's experiences with this exercise.

Siegfried was very playful today and seemed much looser in his movement.

ART THERAPY 12/13/85 (Nancy Rosborough, M.A.): Art Experience: Favorite and Least Favorite Animal

Siegfried engaged in battle with his opponent after his opponent began the movement toward him. He quickly and enthusiastically counterattacked it and was able to overcome his opponent.

Siegfried's weakness was his unawareness that in the process of the battle, he had been wounded. Another characteristic that evolved was Siegfried's tendency

to be competitive and this he saw as positive and negative depending upon how he used this quality. Another attribute that emerged was Siegfried's playfulness and his willingness to engage in a manner that was light-hearted.

PSYCHODRAMA 12/17/85 (Marty Green, R.N.): The focus today was on one particular member of the group, [REDACTED]. He had realized that he was still angry at a friend whom he had vacationed with the summer of 1984. Another group member played the friend and [REDACTED] did a scene with him in which [REDACTED] expressed his anger at the friend, his need to have better spent the time with his parents, and [REDACTED] seemed to more clearly realize how self-involved the friend had really been. [REDACTED] ended the scene by leaving his friend in Florida and flying home to spend five extra days with his parents.

[REDACTED] then immediately in a new scene was confronted by his two parents. One person in the group played his mother, who was [REDACTED] and another played [REDACTED]. [REDACTED] found it very difficult to find words with which to talk to his parents, but finally was able to ask for just some extra days of closeness. While the three of them were together, the group shared their feelings about [REDACTED] predicament of two ill parents and the father not being demonstrative. Later, Paul ended the scene with words to the parents, which he needed to say in order to feel good about leaving them. Most of the group was deeply touched by these scenes of [REDACTED] and not being able to get that which was needed from the parents. One member clearly stated that he saw something in [REDACTED] friend that made him realize how many times he had arranged trips and projects in his life in a very self-involved way.

SPIRITUAL DIRECTION 12/19/85 (Rev. George Reynolds, O.P.): Siegfried has reached the point in the program where he has learned so much about himself that in some ways he is overwhelmed by that knowledge. At the same time, he is very determined to put that knowledge into practice. He is aware of the many fragmented parts of himself that have never been integrated. That is what he is looking at now - the various facets of his own personality and how to bring those together into one person. I think he is doing very well on this and I think he is being very honest, open, and realistic in his entire approach.

He is aware that he is so very goal-oriented that he is bored when he does not have goals. One of his goals right now is to do as well as he can in the program. I think this is a very worthy goal, and one goal that we are still going to work on, though, is how to live simply in the present.

Siegfried sees a parallel between alcoholism and his own problem - the idea of being helpless in front of the problem of being addicted, etc. Because that parallel means something to him, he is going to continue to work on it.

Christmas is going to be a very interesting time for him because I do not believe that Siegfried has ever had so strong and close a community as he has found here. Although it is going to be totally different, it is going to be something, I think, that will be a very deep, spiritual, and healthy experience for him.

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PSYCHOLOGICAL 12/19/85 (Lawrence Wilson, Ph.D.):

Issues In Psychotherapy: 12/19/85 Siegfried has made significant strides in terms of overcoming the deep depression that he came into the program with. He is far more focused and centered at this time, and he is handling the issues in his life in a realistic manner. He is able to see that he may be asked to leave the priesthood or he may remain in the priesthood. Notwithstanding, it will be important for him to develop personal goals and a meaning for his life, and to be keenly aware of the pitfalls that are around him. One of these is alcoholic intake: He has a positive family history for alcoholism and he himself is very aware that alcohol disinhibits him very much, makes him more sociable and when he is more sociable he tends to act out sexually with young boys.

I believe that Siegfried is looking at these issues realistically and I believe that he will gain much insight into his own functioning while participating in the treatment program.

ART THERAPY 01/06/86 (Nancy Rosborough, M.A.): Art Experience: Exploration In Watercolor

This session dealt with exploring via watercolor and then reflecting on what the particular drawing conveyed to the individual about himself. I did not process Siegfried in this session, but I will do so next week.

PSYCHODRAMA 01/07/86 (Marty Green, R.N.): Today, we started the group at one of the member's request with a Tarzan yell. Then, each person stated very seriously one thing they wanted to change about themselves and were willing to work on changing in this new year of 1986.

After this, one group member became the focus for a sensitivity training technique since he had stated that he wanted to become more sensitive to others' feelings and to control his own anger. He sat before the group with his eyes closed and various men one at a time came to him and without words communicated a message to him with gestures. The challenge to these men was to be able to communicate what they wanted to communicate without words and to discover if their message had been interpreted correctly.

After the exercise was completed, discussion followed, and the focal person mentioned above realized that he had misinterpreted many messages - he tended to focus on negative expectations and he was surprised to find that the men were mostly trying to convey positive messages. He talked about his anger and eventually admitted to not being so open as he thought he was. He said that the exercise was good for him, in that he had to discipline himself not to become angry and in the discussion he found that there really had been no good reason to be angry.

Many of the men seemed to comprehend how easily their messages could be misconstrued.

SPIRITUAL DIRECTION 01/08/86 (Rev. George Reynolds, O.P.): I believe that Siegfried has made great progress since being here and continues to do so. Vacation was a very good time for him because it allowed him to be within a nonstructured time period where he could see what was important to him and what was not, and how much he has learned and how much he has yet to learn in those

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areas that he needs yet to work on. He is aware of the necessity of continuing the process he has begun here and he realizes it is a lifelong process, and his example is that it is very much like an onion from which one keeps stripping off layer after layer and finding something yet that needs to be done underneath. So, I think the vacation for him was very good and I think he profited by it and will continue to invest in the process he has begun.

Siegfried is not able to return to the Orange Diocese. For him, right now, the question - but not a pressing one - is, whether he will be allowed to continue as a priest in another diocese or whether he will have to be laicized or perhaps take a sabbatical. He is quite accepting of whatever the staff's decision would be, and were we to judge that it would be better for him to take a leave and then ultimately laicization, he would be quite willing to do that. Resignation, then, is something that is important for him because he is so used to being in control of a situation, so much so that in acting out he would completely lose control; in other words, he was always in the extreme. Now, he is able to see that he can be part of a process of decision about his life and he feels good about that. He also realizes that he is worth putting the effort in on and I think that is another dimension that is recently coming into development for him. And so, Siegfried is right now in a very good place and he is working realistically on his issues and will continue to make progress in the program.

You will notice that as of January 1, 1986, we have had some changes in our Therapeutic Staff at the Villa. Lawrence Wilson, Ph.D. is no longer on our Staff. We now have a team and it consists of the following:

Jay R. Feierman, M.D. (psychiatrist)
Sarah Gaughan, Ph.D. (psychologist)
Robert Goodkind, Ph.D. (psychologist)
Sharon Stillwater, Ph.D. (psychologist)

Siegfried has been assigned Sarah Gaughan, Ph.D. as his primary therapist.

PSYCHOLOGICAL 01/09/86 (Sarah Gaughan, Ph.D.): As this was our first session and involved a change of therapists for Siegfried, we spent the initial few minutes discussing that. He did very openly discuss his "trepidation" with changing that therapeutic relationship, as his seeing Dr. Wilson before was the only one-to-one therapy he has ever had. He also said he was comfortable with that, and so of course, he had some apprehension about that situation changing.

He then talked fairly openly about his previous problems with pedophilia and the kinds of issues he had identified as being central to that: issues of control, his comfort level with children and adults, and also his competitive tendencies. He mentioned some early memories as well. At the time he was three or four, there was a sexual incident in a park, which he had always thought was a dream. At the age of nine or ten, he left Germany and was faced with a new culture, new language, new friends, etc. He also knows that "something" happened when he was an adolescent, but he had not yet been able to reach what that incident was.

Siegfried talked about the importance of relaxation exercises, meditation, guided imagery, and possibly, hypnosis because he sees himself as having been a denier and a suppressor of his thoughts and feelings for a good deal of his

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life. He is clearly feeling that he has made progress thus far and is "feeling" a great deal more than he has in the past.

Finally, we talked about how we might proceed in his therapy. One notion was that he might bring in the fantasies and images that he has, during his meditation and relaxation exercises so that we might try to increase his understanding and awareness of what they signify for him. Siegfried emphasized the importance of the program here for him, saying that when he began, he strongly felt that this was his last chance to help himself. As he put it, "In three years, I knew I would either be dead or in jail." I believe that he was saying in this that he is willing to work as hard as possible on himself.

ART THERAPY 01/13/86 (Nancy Rosborough, M.A.): Art Experience: Spontaneous Painting

Siegfried's second drawing was very carefree, colorful, and flowing. He seems to enjoy playing and exploring colors, and he has a way of making his paintings inviting and extending himself socially. Siegfried seems to be gaining a better sense of whom he is in reference to being more relaxed and more willing to be human, simple, and playful.

PSYCHODRAMA 01/14/86 (Marty Green, R.N.): One of the men suggested a song this morning for a warmup. Interestingly enough, it was called 'Father Abraham.' It was a good warmup since it led us into the discussion of authority-figures. Then, three men individually confronted authority-figures.

One man confronted a Bishop-figure, with the wish to be more acknowledged by the Bishop and to get the Bishop to want to know him a bit more.

A second man also confronted a Bishop-figure. His original goal in the scene was to express what he needed in order to end up side by side comfortably with the Bishop. But as he stayed at a distance and told the Bishop many things about himself and how he saw the Bishop, he began to express a small amount of anger. He suddenly ended the scene by getting up, shaking the Bishop's hand, saying good-bye and walking out with a very firm stance. In the discussion following this, it was determined that he does need to say good-bye to this particular Bishop realistically, as the Bishop does not want him to return to that area. It was also determined that he is still very angry at this Bishop.

As the third role player, Siegfried confronted [REDACTED] first as an eight-year-old child and then as a forty-five-year-old man. In the child role, he experienced the barrier between [REDACTED] and himself which he could not overcome. As a forty-five-year-old, he expressed some anger toward [REDACTED] but mostly he expressed his need for affection and his disappointment that the [REDACTED] did not want the kids around for the [REDACTED] which happens to be today.

PSYCHOLOGICAL 01/16/86 (Sarah Gaughan, Ph.D.): Siegfried began the session by saying that he was disappointed in himself last week because he had talked too much. Although he did not say it, I think he was perhaps disappointed that I did not talk more. He said that he felt he had talked too much and has just given me information rather than "done therapy." We discussed the importance of my getting information from him, and not just from the notes, as a way of our getting to know each other. We talked about the gradual development of trust and the necessity of that before one can "do therapy."

The major theme of today's session had to do with Siegfried's feelings about stress and how it interferes with communication between his thoughts and feelings, and his control over his behavior. He described that when he feels stressed, he "clams up." He said that it is very difficult for him to think if he feels stressed, and that that is partly why he plans ahead for things so that he leaves nothing to chance in case he is feeling anxious. He also said that authority was one of the things which made him feel stressed.

Siegfried said that when he does not plan ahead what he is going to say, he fears that he will have nothing to say, that he will appear dull or stupid, or that he will talk too much. This seemed to be a key element. He spoke specifically of how he should have shared with his friends his sexual issues and difficulties rather than running away from them. But the process would seem to be one of the fact that he had kept as a big, dark secret the pedophilia; because he had to keep that secret, he could not be spontaneous nor talk freely, nor could he go into a situation "unprepared." The danger would be, of course, that he would start talking freely and the big secret might slip out. Siegfried said that there had been times in group situations where he had to withdraw and did not say anything for fear that the secret might slip out.

Although Siegfried has talked considerably about control and how important it is for him, at the same time, he continues to ask me to tell him what to think about until the next session, to ask him questions, to let him know if he is talking about the "right stuff," etc. This will be important in the development of the therapeutic relationship that he maintain both the control and the responsibility for the content of the therapy sessions.

ART THERAPY 01/20/86 (Nancy Rosborough, M.A.): Art Experience: Clay Modeling of the Mother And Father

Because we spent the entire session processing another member's artwork, we did not work with Siegfried's clay figures representing his mother and father. It was interesting to note, however, that Siegfried chose symbols to represent his mother and father, i.e., a book, a hammer, an iron, etc. It was also interesting to note that Siegfried kept working with the clay, continually making more and more forms instead of limiting himself. It will be most useful to process his work in a following session.

PSYCHODRAMA 01/21/86 (Marty Green, R.N.): Today, the focus became [REDACTED]. He started by telling each member of the group something that he was not good at doing and needed help with. This then lead [REDACTED] doing a dialogue between two parts of himself: One part, the appropriate [REDACTED] or the outside of [REDACTED] talked with the feeling inside part of [REDACTED]. [REDACTED] took both roles at first and then eventually [REDACTED] took the appropriate [REDACTED] part, and the dialogue continued. After a time, both [REDACTED] took the appropriate [REDACTED] role and [REDACTED] took the feeling inside part. [REDACTED] was extremely expressive in the role and very helpful. [REDACTED] began to admit that he was afraid of being overwhelmed by all his inside feelings. Eventually, [REDACTED] brought the scene to a conclusion by stating that he would allow for some feelings, but would not allow them to be overwhelming. In the discussion, [REDACTED] admitted that he had allowed himself to cry this past weekend. [REDACTED] admitted there was an inside part of himself also that he was now in touch with, but it was not clear to him what those feelings were all about.

Some of the feelings that came out in the dialogue part about [REDACTED] were the fact that he was angry at his father for all the beatings he had as a child and that he was afraid of his father because of the beatings, and that he learned to do the appropriate thing and behave because of these feelings.

SPIRITUAL DIRECTION 01/22/86 (Rev. George Reynolds, O.P.): Right now, Siegfried is very much in a holding pattern. He is aware that there is some personality beneath all the masks he has been wearing and he is not yet sure what it is. His emotional life seems also to be rather numb right now and he is having difficulty getting in touch with his deeper emotions. One that he is aware of and is capable of tapping into is his empathy with the other men in the program, especially those whose issues are similar to his own. The other people in the module have pointed out to him his anger, but he is rather unaware of it and he is not conscious of how it comes out, especially when he is speaking publicly, such as, at Mass. But because so many people have pointed it out, it is something he is looking at.

PSYCHOLOGICAL 01/23/86 (Sarah Gaughan, Ph.D.): Today, Siegfried talked about his reaction to a very stressful situation with one of the other residents, which led him into discussing his needs for relating to other people. One important factor of that is, of course, spending time talking with people. This led Siegfried into discussing his own speech. He talked about his father as being a brilliant man and that his parents told him how he was such a late talker and thought perhaps there was something wrong with him. He now, of course, has a noticeable accent and said that he is not comfortable speaking to groups of people. He had received feedback during a group session, that he is too loud in giving his sermons, and he was able to relate that to feeling stress. This is all in conjunction with the very different feeling he has when talking to children - he is comfortable, playful, not self-conscious, and simply not worried about that with children as compared to adults, with whom he is afraid of "sounding stupid."

I believe that being able to have the insight that ties that particular behavior, at least in part, to affecting his comfort level in relationships with other people, may be of significant help to Siegfried.

ART THERAPY 01/27/86 (Nancy Rosborough, M.A.): Art Experience: Clay Modeling of Parents

Siegfried aptly depicted [REDACTED] by creating a hammer, a desk, and a book. He then carefully explained that the hammer represented [REDACTED]

He then went on to relate how [REDACTED] would sit behind a desk and always be busy, which caused a considerable emotional distance between him and [REDACTED]

He then went on to convey how [REDACTED] would frequently read and be isolated from the others.

[REDACTED], he depicted through the use of the symbols of an iron [REDACTED]

It seemed to everyone that Siegfried's family valued producing and being functional, and they had very little time for emotions or for interpersonally relating. Siegfried then explained how he came to this Country at the age of ten and went right into school without speaking a word of English.

Siegfried recognizes that there is a strange relationship between [REDACTED] and that they do not really understand him as an individual nor in reference to his needs. Siegfried desires to learn to relate interpersonally and recognizes that he has been hampered in this area. I find Siegfried extremely sincere and honest, and he is very motivated to try to develop himself or change some of his behavior that has been detrimental to him.

PSYCHODRAMA 01/28/86 (Marty Green, R.N.): Today, one of the group members, [REDACTED] asked to work. He did a scene from his childhood in which he had accidentally torn his schoolmate's paper, but then was not honest about it and still got blamed. [REDACTED] commented that this was indicative of how a lot of things have gone in his life. This led [REDACTED] to doing a scene which finally evolved into a confrontation between his rational self, his emotional self, and his facade. At this point, the representation of [REDACTED] internal conflict seemed accurate according to [REDACTED]. This led eventually to his getting rid of the person playing the facade role, and the rational [REDACTED] confronted the emotional [REDACTED]. The emotional side of [REDACTED] was played by [REDACTED] and he played the role very well. He stated later it had a lot of meaning for himself, also.

In the discussion following, almost all the group members agreed that they also had conflicts between the rational side of themselves and the emotional side. Some admitted to using a facade to cover this conflict. Clarifying this internal conflict seemed to be helpful to [REDACTED] who stated he felt relieved. After the group, he told me something about himself which I pointed out he probably would not have even told me a month ago, and therefore, I saw him as making progress.

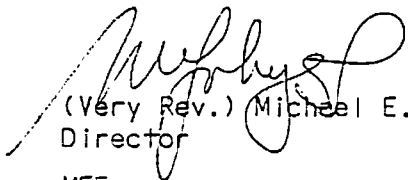
Another group member identified with the scene of internal conflict. He also spoke about the fact that he had lost his support system recently. He said that when he was in the program in 1984, he had acquired more self-assertiveness and that this new assertiveness was getting him into trouble without his support system back home because others did not seem to be able to handle it.

DIRECTOR'S COMMENTS

I still am waiting for some direction in reference to Siegfried, Bishop. I believe that he is ready to begin his discharge planning but feel uncomfortable doing this without your direction. As I shared with you in my last report, I will do whatever I am able to do for him but am unclear as to the direction that you wish for me to take with him.

If you have any questions or observations concerning this report, please do not hesitate to contact me.

Fraternally,



(Very Rev.) Michael E. Foley, s.P., D.Min.
Director
MEF:nn

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