JAMES V. DELEO, Ph.D.

Clinical & Consulting Psychology 2850 Fourth Avenue San Diego, California 92103

Telephone (714) 298-8740

CONFIDENTIAL

April 17, 1986

The Most Reverend Leo T. Maher, D.D. Bishop of San Diego San Diego Diocesan Office for Apostolic Ministry Post Office Box 80428 Alcala Park San Diego, California 92138

Your Excellency:

Monsignor William Spain has requested and authorized me to provide you with the following information concerning his request for retirement.

Monsignor Spain has been seeing me for individual psychotherapy since September 1984. Treatment has focused on assisting Monsignor Spain develop and maintain a program of quality sobriety.

During the period I have been seeing Monsignor Spain, he has experienced significant psychosocial stress. The loss of his parish, the death of his mother, and the harshness of scabrous press articles have been exacerbating factors in treatment. These stressors have been etiologically significant in Monsignor Spain's periods of depression, anxiety, and tension and correlated with his high blood pressure.

Treatment has therefore involved helping Monsignor Spain cope with these stressors. Continuing treatment demands, however, that some psychosocial stressors be removed. Based upon this necessity, it is my judgement that Monsignor Spain's continuing treatment and recovery can best be served by his retiring from active ministry.

> Sincerely yours, Amus J. AERES

James V. DeLeo, Ph.D. Minical Psychologist

SPAIN-RCBSD 0027