

SERVANTS
of the
PARACLETE

FILE COPY

June 17, 1985

Most Reverend Loras J. Watters, D.D.
55 West Sanborn
Winona, Minnesota 55987

Dear Father Watters:

I am writing to provide you with a final update regarding the participation of Reverend Thomas Adamson in the Institute program at St. Michael's. As you know, Father Adamson was discharged from this program on April 12, 1985. He recently attended a two day follow-up workshop on June 11th and 12th, 1985.

In terms of Tom's progress from a clinical perspective, it is clear that he continues to deal with issues in his life which had caused him some problems in the past. He appeared much more relaxed during his stay here and, in spite of the tension generated by legal events in his diocese, Tom indicated that he felt very supported by yourself and by his fellow priests in the diocese and that he was hopeful for a positive outcome of the legal situation.

Tom inquired as to our willingness to provide ongoing assistance should he need it in terms of reassignment or future placement. I assured him that the Servants of the Paraclete are willing to assist him in any way we can should he be in need of the kind of services we provide.

Thank you for this interesting referral and for your ongoing support of the work of the Servants of the Paraclete. If we can provide you with any further assistance regarding the disposition of Father Adamson, please do not hesitate to contact us at any time.

Cordially,

Paul M. Midden, Ph.D.
Director
St. Michael's Institute

cc: Rev. Thomas Adamson

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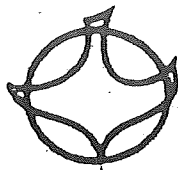
ST. MICHAEL'S CENTER

PLAINTIFF'S EXHIBIT

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62-C9-06-0003962

JK 13152



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May 22, 1985

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ST. MICHAEL'S CENTER

Reverend Thomas P. Adamson
210 9th Avenue S.W.
Rochester, Minnesota 55902

Dear Father Adamson,

The purpose of this letter is to remind you that an Aftercare session will be held Tuesday, June 11th and Wednesday, June 12th, 1985 for those persons who attended the St. Michael's Institute from February 18 to April 12, 1985.

We hope and assume that you will be attending this session and unless we hear otherwise from you, we will assume that you will be arriving the afternoon of Monday, June 10, 1985. It would help us a great deal if you could let Mrs. Joan Thorn know what your travel plans are so she can make suitable practical arrangements. We ask that you make your departure plans from St. Michael's after the liturgy at 12:30 PM on Wednesday, June 12th.

I hope this letter finds you well. We are looking forward to seeing all of you again here in June. See you then.

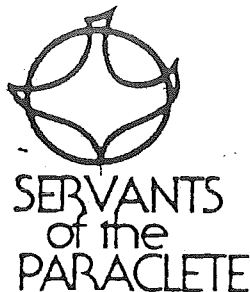
Cordially,

Paul M. Midden, Ph.D.

Paul M. Midden, Ph.D.
Director
St. Michael's Institute

cc: Most Reverend Loras J. Watters, D.D.

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FILE COPY

April 18, 1985

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...MICHAEL'S CENTER

Most Reverend Loras J. Watters, D.D.
55 West Sanborn
Winona, Minnesota 55987

Dear Bishop Watters:

I am writing to provide you with a final report regarding the participation of Rev. Thomas Adamson in the Institute program at St. Michael's. Tom was discharged from the program on Friday, April 12, 1985.

As you know, Tom was referred to this program following upon an evaluation performed on him last fall. A number of issues were raised at the evaluation that we felt contributed to earlier problematic behavior on Tom's part in the sexual area. High levels of repressed affect, long-standing feelings of anger, etc., were felt to have contributed to sexual acting out on Tom's part prior to his evaluation here. It was to the end of resolving some of these difficulties that Tom entered treatment in the Institute.

Tom expressed some initial hostility and resentment toward treatment, but, as I indicated in my earlier letter to you, got beyond those feelings to involve himself in the treatment process in a serious and dedicated fashion. He was able to address his issues from a psychological as well as behavioral perspective. By the time he was discharged, it was the consensus of the staff that he was much better able to inhibit subsequent episodes of acting out than he had been prior to his treatment.

As we discussed on the phone last week, guarantees in these matters are non-existent. It was the feeling of the staff that Tom was and is a dedicated priest, that he takes the issues that beset him with great seriousness, and that he sees it as his personal responsibility to avoid problematic behavior in the future. At the same time, as you know, the series of events in this case stretches back for some time and Tom is confronted most

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Page Two

Most Reverend Loras J. Watters, D.D.

immediately with the possibility of legal entanglements stemming from an earlier episode. I do not believe that Tom is blind to the seriousness of that situation, and I believe he is taking steps to deal with it in a mature fashion. A general authorization for the release of information for the release of information is not sufficient to deal with the threat of public exposure.

This brings me to the matter of subsequent placement. I talked to Tom after our conversation last week and after he received your letter. I expressed what I understood as your concerns as well as your intentions, and Tom seemed to respond to those well. I think he understands the gravity of the situation as well as your desire to be as supportive as possible. It is, as you and I discussed, a complicated matter in which the experience and feelings of many people are brought to bear. I understood, and I think Tom understands, the pressures you are dealing with in this situation.

Tom understands that it is his responsibility to work toward subsequent placement in whatever diocese he can find. I offered him our support in that process; it is our experience, however, that bishops and major superiors generally want sufficient evidence that a man is satisfactorily rehabilitated. Such evidence often means that he has spent some time in addition to a treatment program such as ours to establish himself. Our procedure generally involves placing such a person at our facility in Cherry Valley, California, which serves as a kind of halfway house. Men can work in ministry on a part-time basis and at the same time avail themselves of community and group involvements which strengthen their capacity to function in a problem-free manner. I discussed this option with Tom, and he indicated that he wished to postpone a final decision on it until after he had returned to Winona.

We at St. Michael's would like to be of any service possible in Tom's subsequent placement. If you would like to discuss the options in more detail, or if we can provide any other kind of assistance regarding Tom, please do not hesitate to contact me at any time.

I appreciate the fact that you took the time last week to discuss Tom's case in such detail. I know this is a difficult situation in many respects, and I want to provide you with assurance of our support in any possible way.

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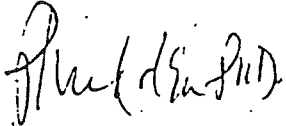
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Page Three

Most Reverend Loras J. Watters, D.D.

Thank you again for your consideration. We at St. Michael's appreciate the support you have provided for our work with priests and religious men.

Cordially,



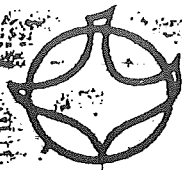
Paul M. Midden, Ph.D.
Director
St. Michael's Institute

cc: Rev. Thomas Adamson

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SERVANTS
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FILE COPY

March 26, 1985

Most Reverend Loras J. Watters, D.D.
55 West Sanborn
Winona, Minnesota 55987

Dear Bishop Watters,

I am writing to provide you with a report on the progress and participation of Reverend Tom Adamson in the Institute program at St. Michael's which began on February 18, 1985.

As you know, Tom was referred to this program following upon his evaluation at St. Michael's. During that evaluation it was determined that Tom was dealing with a number of issues including difficulty handling fairly intense feelings of anger and issues around sexual identity. At the time of the evaluation Tom was somewhat hesitant about the prospect of being involved in a treatment program, although he subsequently agreed to go.

I am pleased to report that despite some initial hostility exhibited by Tom regarding his being involved in treatment, he has since that time been a willing and able participant in the therapeutic process. He has been, in fact, a strong member of the group of residents here and has by his own resolve and determination contributed much to his own treatment. Tom has taken risks and confronted issues which are very painful to him and which have been, as you know, of a long-standing nature. I believe that it is fair to say that the movement generated by Tom since his admission here are highly suggestive of continued progress given adequate follow-up services. While the issue of his placement has yet to be resolved, I believe that in whatever setting Tom subsequently finds himself he will be able to serve as a competent and able priest.

Regarding the issue of placement, I believe it would be a good idea for us to be in consultation with you regarding the possibilities around that issue. To that end I will be contacting

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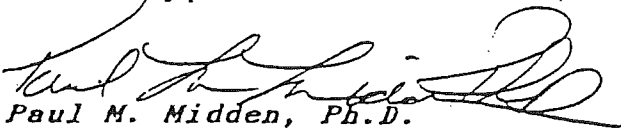
Page Two

Most Reverend Loras J. Watters, D.D.

you over the next week to ten days to determine what options exist and to provide our input regarding the nature and type of assignment for Tom.

If I can provide you with any further information regarding this patient, feel free to contact me at any time.

Cordially,



Paul M. Midden, Ph.D.

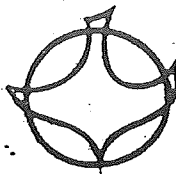
Director

St. Michael's Institute

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SERVANTS
of the
PARACLETE

COPY

January 16, 1985

Reverend Thomas P. Adamson
1001 Baldwin Drive
Apple Valley, Minnesota 55124

Dear Father Adamson,

Welcome to the St. Michael's Institute.

It is the purpose of this letter to give you some practical information about your stay with us. You are scheduled to begin the program on February 18, 1985. St. Michael's Institute is located on the grounds of the Servants of the Paraclete, St. Michael's Center, 13270 Maple Drive, St. Louis, Missouri, 63127. St. Michael's can be reached by exiting Highway 270 at Highway 44, exiting immediately at the Watson Road exit. Take this exit to Rott Road (the first stop light) and turn right. Follow Rott Road to Maple Drive and turn right. You will see signs directing you to the treatment center. We would appreciate it if you would arrive on Sunday, February 17, 1985. If you have any problems with this, please contact Mrs. Joan Thorn, at 965-0860.

Atmosphere and attire at St. Michael's is informal, except for eucharistic celebrations. We provide appropriate liturgical attire for the eucharist. Since the program includes a cardiovascular program and since we maintain a swimming pool and tennis courts, it is advisable to bring appropriate sports attire. Automobiles may be brought and parked on the grounds.

We are looking forward to working with you and hope that your stay here will be a profitable one. If you should have any questions about what to bring or other concerns, feel free to contact us at any time.

Cordially,

Paul Midden
Paul Midden, Ph.D.
Director

cc: Very Reverend Loras J. Watters, D.D.



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December 20, 1984

Most Reverend Loras J. Watters, D.D.
Bishop of Winona
55 West Sanborn
Winona, Minnesota 55987

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ST. MICHAEL'S CENTER

Dear Bishop Watters,

Enclosed is the evaluation report which was done by our Staff at St. Michael's Center on Reverend Thomas Adamson. There is also enclosed a release of information form which indicates the permission given by Thomas for the disclosure of this information.

The Evaluation consisted of the following:

1. Physical Examination (James Criscione, M.D.)
2. Psychological Testing (Paul Midden, Ph.D.)
3. Life History (Joan Lampton, C.S.J.)
4. Spiritual Profile (Walter Ingling, O.P.)
5. Psychiatric Evaluation (Lachman Abichandani, M.D.)

We conducted our feedback session at the completion of the week of evaluation. You were present for this session and know of the recommendations made by the Team. The following points were discussed during the feedback session:

1. The presenting problem which initiated Fr. Adamson's need for this evaluation, namely the possibility of legal action as a result of sexual activity with a young man.
2. The need for self-acceptance of his sexual orientation on a feeling level rather than on an intellectual level.
3. The ability to mask and deny feelings in order to give the over-all impression that all is going well with him.
4. The fact that Fr. Adamson is an adult child of an alcoholic and the implications that this has in his life.

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5. Father Adamson's relation with his family and how these relationships affect him personally--the need to constantly give of himself.

A more detailed explanation of these points will be found in the enclosed reports.

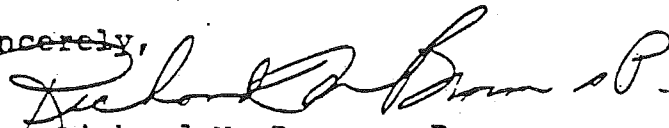
IT IS THE RECOMMENDATION OF THE EVALUATION TEAM THAT FATHER ADAMSON RECEIVE HELP IN A RESIDENTIAL SETTING. It was suggested that a program such as the 5 month program at the Foundation House would benefit him. The second option discussed was the 8 Week Institute at St. Michael's with ongoing evaluation as to what would benefit Fr. Adamson. It is likely that only a residential setting can provide Fr. Adamson with the kind of psychological safety and protection he requires to explore issues in satisfactory detail and to generate a more acceptable solution.

I hope that this report is helpful. I thank you for your interest, especially in coming down for the feedback session. I also thank you for sending Father Adamson to us and for your continued support.

If you have any questions about this report, please feel free to contact either Dr. Paul Midden or myself.

Best Wishes for a Blessed Christmas and New Year.

Sincerely,


Rev. Richard M. Brown, S.P.
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EDUCATION CENTER

JK 13161

ART THERAPY AFTERCARE
Millie Cargas, A.T.R.
June 11, 1985

Tom Adamson:

Tom's pictured his various activities within the Winona, Minnesota community. The colleges are on one side, the churches, his rectory, a golf course, the river and fishing areas are on the other side. There is a road that winds upward and sunward through the picture that leads to his family in nearby Rochester. Tom states that he is enjoying very much where he presently is and moreover, he is becoming closer to his family. As tramatic as that is, he wants intensely for those relationships to keep developing.

End of session.

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ART & EXPRESSIVE THERAPY
Millie Cargas, A.T.R.
April 9 & 11, 1985

For our final session in Art Therapy each member chose a significant picture that they had done during the course of the program.

Tom Adamson:

Tom chose his tree picture. Since time had elapsed since he drew it meaningful changes had occurred to it and consequently to Tom, himself. The shades that covered the middle part of it had now been raised, said Tom, and now we/he can view himself more clearly. He said as he began the program, he purposely did not dwell on his future placement of his future per se' but mainly wanted to focus on Tom himself and the meaning of his childhood and more recent past experiences. He wanted to understand them more, make sense of them and then possibly the future will be easier to handle in the light of his new awarenesses. He felt that the tree picture addressed the situation of looking deeper into himself during this past 8 weeks.

Tom did not relish Expressive Therapy but seemed ready at least to try it. As we evaluated the session in general terms, he said they were not all that bad. He has a delightful sense of humor that should enable him to keep a balanced perception of himself and his many experiences including the Expressive Therapy experience.

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MEMBER'S CENTER

JK 13163

ART AND EXPRESSIVE THERAPY

Millie Cargas, A.T.R.

April 2 & 4, 1985

Mike Foley gave a Lifo Workshop the previous week, which we then used for the foundation for this Art Therapy session.

Tom Adamson:

Tom first indicated his present feeling at the time of this session which shows a fine tuned awareness about himself. He went from present uptightness to a transitional stage during this Holy Week to one of hope as drawn by the Paschal candle. Then he used certain colors and shapes of where he is with each Lifo approach and also, he graphically portrayed his relationship with his Bishop (a sometime adversary) and his youngest brother (whom he cares deeply about.) Tom's self-awareness seems so on target about himself.

He enjoyed the Expressive Therapy in which a variety of Liturgical music was performed and then talked about how much he liked the contemporary plays and movies such as God Spell and especially Jesus Christ Superstar. Although this particular Holy Thursday seemed to have a frantic quality about it for most of us, Tom said he appreciated taking the time out for this experience. Tom seems to be able to sort out what is important and what is not.

JK 13164

ART AND EXPRESSIVE THERAPY
Millie Cargas, A.R.T.
March 19, 1985

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The assignment was to draw a tree for the Art Therapy session, and
we processed it during the following Expressive Therapy session.
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Tom Adamson:

THE MICHAEL'S CENTER

Tom drew a very large, leafless tree (it is the season), who's
view was framed by the "A" frame of the chapel. It showed a
goodly amount of strength and at the base of the trunk, he drew
three small trees symbolizing the other three participants in the
program. In the middle of the picture and over the tree, he drew
window shades that are actually hung in the chapel but in the
drawing it diminish some of the boldness and the power of the
tree. There is a sun peeking around the corner.

This picture portrays a number of Tom's issues such as his
considerable power is presently not as strong as it might be; his
concern and appreciation of others and finally he sees a ray of
hope in permitting part of the sun to shine through the window and
on this temporarily barren tree.

JK 13165

ART & EXPRESSIVE THERAPY
March 12 & 14, 1985
Millie Cargas, A.T.R.

Tom Adamson:

Tom's monster, who was guarding the entrance of a cave in this Art Therapy fantasy experience was pictured by Tom as a configuration, in red that reached out in all directions. Outside his cave all was peaceful and serene and inside it, after he handled his anger or at least attempted to, there was a much smaller yet peaceful and serene scene. In this latter one, he incorporated his family in electrifying activity of working on their inner-relational problems. Tom negated his discovery of something of great value by reminding us that this is only an exercise of fantasy. I think he made a very clear statement of what he desires most in life but at the moment it appears to be unobtainable.

I enjoy working with Tom in Expressive Therapy for he seems to treat it with a certain amount of non-sarcastic skepticism. He also seemed sensitive to my efforts in making this somewhat non-acceptable activity work.

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ART AND EXPRESSIVE THERAPY
March 5th and 7th, 1985
Millie Cargas, A.T.R.

Tom Adamson:

Tom pictured intimacy as four cone-shaped structures beginning as a small shape with two colors (yellow/aqua) barely touching, to ending as a large shape with the two colors almost-integrated into each others. He spoke of intimacy in heterosexual terms and it needs to meet the test of time in order to be authentic. I get the impression, as Tom is struggling with this critical issue that perhaps he has never experienced it in its fullness, or as he might have wished.

As to expressive therapy, he shows an amused reluctance to participate in it, but yet he does, which I think manifests a willingness on his part to do the entire program--both the enjoyable parts along with the less enjoyable ones.

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ART AND EXPRESSIVE THERAPY INSTITUTE
Millie Cargas, A.T.R.
February 19 & 21, 1985

Thomas Adamson:

Tom appeared to enjoy the welcoming Mardi Gras party and was friendly and cooperative during the whole evening even to the part of cleaning up afterwards.

In expressive therapy, he choose a picture that exemplified many of his likes and needs as he said. It was "Grandma Moses" piece of work that showed a large variety of peoples engaged in joyous celebration in the surroundings of a small, warm, simple, farm-like village. His other picture was of a disheveled and humorous character who has been buffeted by the world. He has cuts, scratches and bruises; his clothes have holes in them and even his pale of just picked berries has come apart. Tom said he has a real need to get in and enjoy this type of non-proper priestly role.

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GROUP PSYCHOTHERAPY/INSTITUTE
Paul Midden, Ph.D.
April 10, 1985

Tom Adamson:

Tom discussed his progress since his involvement here and his desire to continue facing issues that have a lot of fear attached to them. In particular, these are issues around ambiguity in terms of placement and how he will continue to keep himself aware of the necessity to be responsible for other issues in his life.

End of dictation.

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SPIRITUAL PROFILE OF: Rev. Thomas Adamson
DIOCESE OF:
CONGREGATION:

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TEST ADMINISTERED BY: Father Walt Ingling - Spiritual Director
DATE OF TESTING: December 6, 1984

RESULTS:

The following scores were obtained by Thomas in this profile. On the next pages you will find a resume of his three highest scores. Each resume ends with a spiritual "challenge" upon which he should focus his efforts.

TRADITIONAL.....MODERATELY LOW

TRANSITIONAL.....MODERATELY HIGH

INQUIRING.....HIGH

SEARCHING.....MODERATELY LOW

INCARNATIONAL.....MODERATELY HIGH

PERSONAL ARIDITY.....LOW

RELATIONAL ARIDITY.....MODERATELY LOW

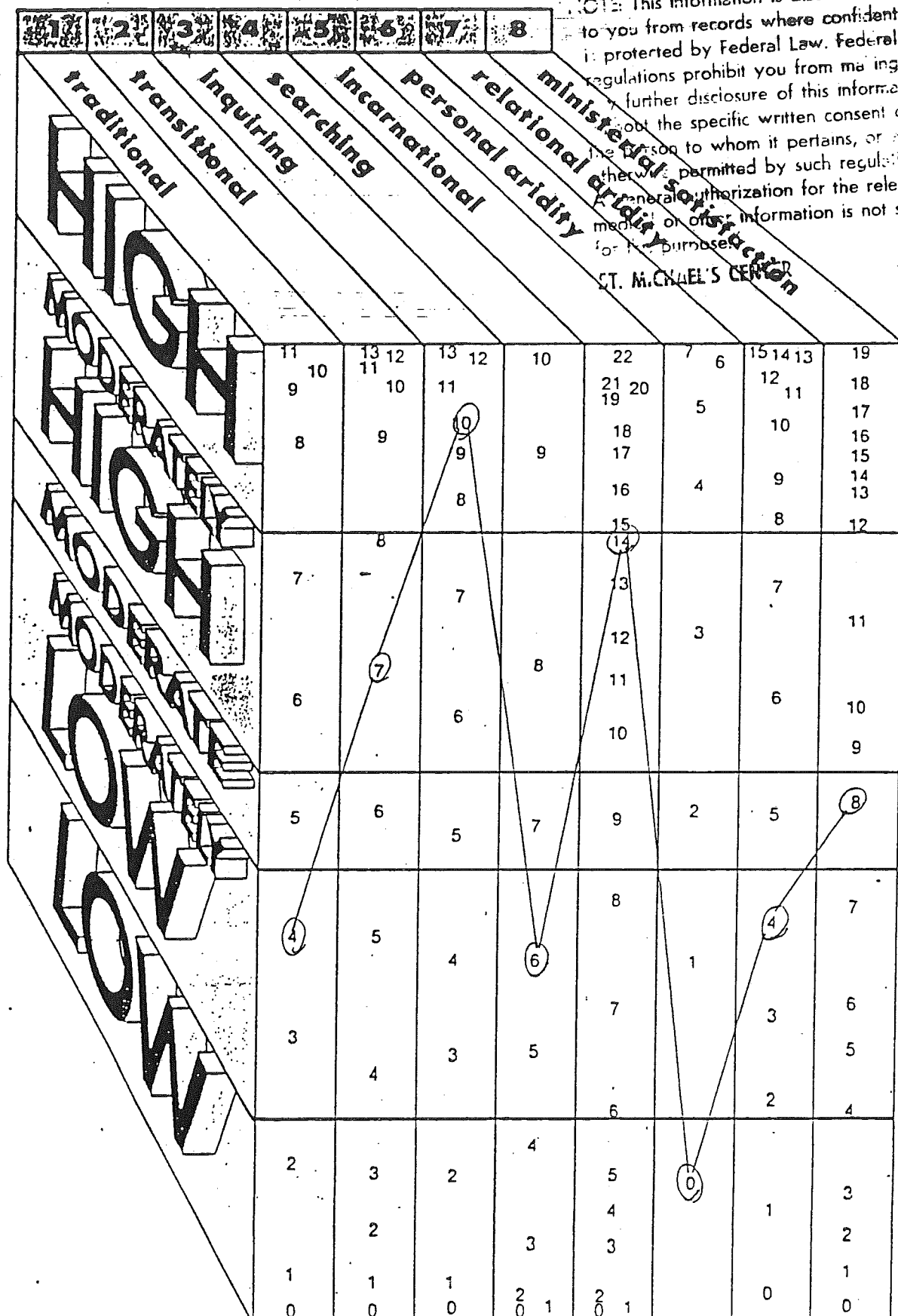
MINISTERIAL SATISFACTION.....MODERATE

JK 13170

Spiritual Orientation

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INQUIRING

High scorers on this scale appear to be "searchers" with a strongly intellectual orientation. They read widely in philosophy and psychology and are probably perceived by others as bright and competent. Their investigative bent and their appreciation for the complexities of a given question, however, make it difficult for them to commit themselves wholeheartedly to one side or another of an issue. The question of faith, therefore, is a very real one for many, probably because it inevitably involves a commitment of belief without compelling evidence.

The issue of commitment which entails trusting something or someone greater than themselves causes tension in other areas as well. They are concerned about the future - who will take care of them in their retirement and whether they will have enough money. Although they function well in most capacities, they miss feeling intensely involved and excited about life. They probably feel lonely and wonder if they have chosen the right path in life.

These concerns sometimes coalesce into anger directed at God. They may feel betrayed or let down by Him or misdirected by others, and thus even less likely to entrust themselves to someone else.

THE SPIRITUAL CHALLENGE FOR TOM FOCUSES ON COMMITMENT - THE MOVEMENT AWAY FROM OBSERVATION AND INFORMATION GATHERING TO DECISION MAKING AND ACTION. THIS INVOLVES BOTH THE RISK OF BEING WRONG AND OF TRUSTING IN ANOTHER, BE IT GOD OR ANOTHER HUMAN BEING. HIS ANGER AND FRUSTRATION OVER HIS PRESENT SITUATION CAN SERVE AS A POSITIVE FORCE PROVIDING THE ENERGY AND DRIVE FOR FUTURE GROWTH.

JK 13172

INCARNATIONAL

People with a high placement on this scale tend to rely on their own feelings and awarenesses as guides to spirituality. In practice they favor an "incarnational" approach and place a high value on the body, the senses and physical exercise, which they consider integral to spiritual development.

Feelings enter into their spirituality as well. Their faith is a joyful experience for them and their relationship with God is characterized by feelings of love. They usually derive great satisfaction from leading or participating in liturgies and services and often find this an uplifting emotional experience.

Their personal involvement in spirituality leads them to discuss spiritual matters with trusted friends on a frequent and regular basis. They also regularly read literature that is of spiritual significance to them.

Persons who place high on this scale project an overall sense of optimism and satisfaction. Darker emotions such as sorrow, repentance, anger or anxiety are notably absent. This raises the question of whether high scorers have generally resolved the major spiritual and personal issues in their lives or are merely enjoying a respite from them. There remains the possibility that they are not willing to admit their tension and dissatisfaction to others or themselves.

Their satisfaction with various ministerial functions is restricted mainly to conducting liturgies. This may indicate that they have not yet successfully extended their subjective spiritual involvement to their overall ministry.

THE SPIRITUAL CHALLENGE FOR TOM IS TO INTEGRATE SPIRITUALITY WITH MINISTRY AND TO HEED THE PROMPTINGS OF HIS OWN NATURE AND OF GRACE - OFTEN MANIFESTED BY FEELINGS OF DISCONTENT AND DISSATISFACTION - WHICH WILL LEAD HIM TOWARD FURTHER SPIRITUAL DEVELOPMENT.

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JK 13173

TRANSITIONAL

Persons with high scores on this scale enjoy being identified with a structure or a movement larger than themselves to which they can devote their energy and talents. With regard to the Church they are attempting to bridge the gap between newer and older functions of the ministry. They continue to devote energy to and derive great satisfaction from time-honored functions such as ministering to the sick and aged. However, they are also finding rewards in some of the newer activities such as marriage counseling and involving themselves in social problems.

This personal satisfaction in using their energy for a good cause is counterbalanced by tension about changes in the Church and in its liturgy. Their concern may be more pastoral than theological. These changes may also raise personal questions about their own sense of belonging and function within the structure and, therefore, about who they are.

Their need to belong also extends to the more basic social unit, the family. Their place in the family and the quality of family relationships are important to them, and signs of family dysfunction arouse considerable concern.

High scorers are concerned about their personal appearance as well. They wish to reflect in their bearing and dress that they are indeed loyal and acceptable members of Church and family. This concern about appearance may reflect an underlying anxiety that they will not be accepted by either institution unless they conform to pre-established norms of behavior.

A SPIRITUAL CHALLENGE FOR TOM IS TO DEVELOP A CLEARER SENSE OF SELF APART FROM THE EXPECTATIONS OF OTHERS OR THE SOCIAL ROLES WITH WHICH HE IS IDENTIFIED. IN HIS FAVOR IS AN ENERGY FOR AND ADAPTABILITY TO NEW FUNCTIONS WHICH HE HAS ALREADY DEMONSTRATED.

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RECEIVED CENTER

JK 13174

PSYCHIATRIC EVALUATION ON:
REVEREND THOMAS ADAMSON
DR. LACHMAN ABICHANDANI
DECEMBER 6, 1984

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ST. CHARLES CENTER

Tom is a 51 year old priest from Minnesota who comes here with a chief complaint. "Came here for evaluation, has some problems".

Patient has a history of being identified as bisexual. He gives a sexual history dating back to age 10 when he had his first homosexual experience. He has had only two sexual experiences during high school years a couple of times but since then he has been involved with females in a sporadic manner; mostly kissing, petting without any sexual intercourse. He claims that his preference has been young men, mostly teenagers and one long time relationship was from age 30 to 40 when he was involved with a young man. This relationship started out at age 15 and has continued with the same young man. He claims that during this time he was also involved with other priests, friends and other young men but not more than a couple of them at one time. He denies chemical dependency but admits to drinking one to two ounces of alcohol almost every day with meals after games or sports. Denies any alcohol related problems.

The recent problem has come about since about one year. He had this relationship with a 14 year old boy seven years ago was figuratively in contact with each other for two years and then the contact was broken. Apparently this boy had other behavior problems and this Easter of '84 this boy was arrested for burglary and indecent exposure. During this time this boy also told his parents about what Father Adamson had done to him and there was naturally a complaint filed. This boy was sentenced to 90 days and the psychologist at State Institute contacted the Bishop about Father Adamson in June of 1984. Prompting some action on the part of the Bishop. There is a fear of civil suit being filed against him although there is no danger of criminal charges because of "statute of limitations has expired". He admits that the Bishop is trying to protect the church and the parish and for this reason and to improve his emotional growth, he is here for help. He claims that since of April of 1984 he has been under a lot of stress and anxiety, feels as if he is in turmoil. He feels emotionally and spiritually in conflict, distrustful, and feels a lot of shame and guilt and sinful wrong doing in himself. He has been in treatment with a psychiatrist over the last four years on and off as claimed.

He denies any psychotic symptoms, denies any mood swings or other psychiatric problems. Medical history is essentially negative except for Achilles heal.

He is the second oldest of seven girls and five boys. He claims that all the siblings are successful. His dad was an alcoholic and he died of lung cancer. He feels close to his mother and was more or less not pleased with what his dad was doing with regards to his drinking.

JK 13175

PSYCHIATRIC EVALUATION ON:
REVEREND THOMAS ADAMSON
PAGE TWO

COPY

He entered the seminary at age 19. He claims to be good in his academic years. Describes himself as being perfectionistic and a high achiever. He feels alright about being a priest. He was ordained at age 24. From age 24 to 29 he stayed pure except for masturbation but since that time he has been involved with young men and necking and petting with women on and off. This has made him "wrong, sinful and ashamed of myself." He has held a high school principal position and teacher position but is presently avoiding being a youth worker. He is an associate pastor at present.

Causally dressed, alert, fairly cooperative white male, good eye contact affective anxious, somewhat worried about the outcome, mood is describe to be "I will take whatever consequences there are, I need help." No psychotic symptoms, intellectual functions intact, mostly seldoms ideations, inside in judgement good.

My recommendation: The patient obviously has sexual problems with acting out behavior and has secondary stress related with this incident. He has not functioned with spiritual and emotional peace since the age of 29 and maybe even earlier than that. I feel he would benefit from intensive therapy in the stress program with a lot of focus on his sexual, spiritual and emotional issues.

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ST. MICHAEL'S CENTER

JK 13176

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SKILLS TRAINING

Linda Reinberg, Ph.D.

March 4, 1985

Tom Adamson:

I think Tom was in a transitional period this week also. A real accepting period. He has come to realize, prior to his coming here, that he was in a very stressful situation. However, he chose to cope with it by using the technique that had worked for him in the past which was basically doing "more of the same." Work hard, diligent and invest yourself in other people at outside events. In fact, he was so committed to that type of involvement he never would have come to this Institute on his own. He definitely left angry. I do not see that anger and he does not express it any more. I think that stage of his anger is genuinely gone. He expressed in the group a real greatfulness that he was here and the chance he had to regroup himself. During one of the exercises in which we tried to evaluate some of the coping techniques that we used or our strong points, Tom said his highly successful coping techniques, in terms of stress, were quite good. But as Tim McAuliffe and Paul Midden pointed out, they were, in fact, problems within themselves; mainly being his people pleasing and adapting skills. I think he is taking a real look at how sincere he was and for who's benefit those techniques were used. He shared some things with us about his role of being the second in a large family of twelve and how he had been given the task of being caretaker. By being the caretaker of others, he lost the opportunity to learn how to take better care of himself or he didn't take advantage of the opportunities that may have been him. One of the areas where Tom has allowed himself some luxury is in physical health. I think that too is frustrating to him currently because his physical good health, endurance, stamina and energy have been taken for granted over the years and now he is just beginning to see the limitations of his own body. He can't do some of the things he had always been able to do. He is particularly concerned with his weight, which has never really a problem for him but now all of a sudden, he is doing the same things, eating less but gaining weight. I think it all ties in with what he seems to project as an awareness; what has worked in the past is not necessarily going to work today. It doesn't mean that it was bad or negative on his part but no longer useful as his life has developed at present. I find Tom more and more open and willing to share himself and very curious and eager to explore different aspects of his personality and particularly interested in exploring his early childhood experiences.

JK 13177

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SKILLS TRAINING
Linda Reinberg, Ph.D.
March 11, 1985

Tom Adamson:

Tom really feels his main issue is intimacy. It is a word he brought to the group three weeks ago and I think it is a word that has begun to define itself for him. He feels it is very crucial to his own stress management program. He sees himself as a man with a lot of suppressed anger and compliance. By not dealing with those in an upfront way has projected itself into sexual acting out. He said he refers back to his evaluation which took place here and as difficult as it may be to see it down in writing for him, he has to admit that more and more he sees the truth in it. I think one of the things he is dealing with right now is his fear of his own ability to please others, be friends and to have people feel comfortable around him, is not genuine at all. He is afraid he might have to get rid of all of that. I do not think he will and ultimately he will not think he will have to either. Still, he worries that perhaps rather than being the guy who is an oasis for a troubled person, it was just a way for him to get good strokes and for them to walk away saying, "Tom is a great guy." Tom doesn't want to, what he feels, to use people in that way. We talked a lot about intimacy in the group and relationships with women. Tom talked some about relationship with a woman he had had. He never mentioned any of his homosexual relationships. I do not know if that was for my benefit or if he hasn't addressed that issue in group or not. I am not sure but when he did talk about it today, he talked about it in terms of women. He usually always thought that ultimately getting close to a woman meant that they were desirous of getting him in bed. I think he said that with some distain, dislike. He got some argument from Ray on that. Ray actually felt that it was the exact opposite of an intimate relationship that a woman wants but that may be part of the process. I am not sure if Tom was being real genuine or able to talk about his homosexual feelings. I do not know if he feels that is an okay topic in the group or not. Maybe he did not feel comfortable talking about it in front of me. I am not sure. However, the fact that he had some difficulty in this area in no way dims my feeling that he is making a lot of headway and is very invested in working. He found the groups for adult children of alcoholics to be extremely useful to him right now. He realized that some of the tenence of it are simplistic. It has been very consoling for him to meet with people who verbalized exactly what he had been experiencing in terms of his father. I think that is a new thing for him. He also was wondering about the fact that his grandparents lived with him until he was 16. He wonders what role that had in his development. If it put more stress on him or if it gave him someplace to run and hide. He said it did both things at different times. There would always be somebody there to be supportive to him if he felt ganged up on but it was also a double-barreled mode of expectations that his family gave him. I think he sees his primary goal is learning to be intimate.

JK 13178

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COMMUNICATION SKILLS

Michelle McGrath, Ph.D.
April 4, 1985

Tom Adamson:

The topic of the session today was Carkhoff's F.I.F. Scale and levels of empathic response. The patient participated actively in the lecture and participatory sections of the session. On the skill development exercise (working in dyads), he processed his feelings related to his alcoholic father. Additionally, he continued to explain his underlying need to perform in order to win approval from father and/or significant others. By the conclusion of the session the patient appeared to have a good grasp of the basic levels of empathic responses I was able to effectively carry them at in the skill development exercise.

JK 13179

COMMUNICATION SKILLS
Michelle McGrath, Ph.D.
April 1, 1985

Tom Adamson:

The topic of the session today centered around modes of response styles, based upon the research and findings of Dr. Carl Roger. During the lecture portion of the session, the patient immediately had some difficulty differentiating between the "supportive and empathic" modes of response. After participating in the skill development exercise however, he aptly demonstrated a thorough understanding of the differences in the two types of responses.

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ST. MICHAEL'S CENTER

JK 13180

COMMUNICATION SKILLS
Michelle McGrath, Ph.D.
April 8, 1985

The topic of today's session dealt with questioning and probing techniques and the counseling format. The didactic portion of today's session dealt with the positive versus negative effects of openended versus closed questions and/or probes. Participants then divided into dyads and spent the remaining portion of the session participating in skill building exercises applying the various techniques demonstrated.

Tom Adamson:

Tom participated actively in both the didactic and participatory sections of the class. He demonstrated an acceptable level of confidence in utilizing the techniques displayed.

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ENCLOSURE

JK 13181

COMMUNICATION SKILLS "
Michelle McGrath, Ph.D.
April 11, 1985

The topic of today's session dealt with the five different types of assertions. Handouts were distributed demonstrating the various types of assertive statements as well as handouts dealing with assertive versus non-assertive and aggressive communications. Participants were asked to generate situations from their own lives in which they had demonstrated either non-assertive or aggressive behavior for communications. Those situations were processed by the group and the instructor demonstrated how any of the five different modes of assertive statements could be utilized in those situations.

Tom Adamson:

During the wrap-up portion of today's session, Tom chose a situation which is currently causing him conflict. Various approaches to deal with this situation assertively rather than aggressively were explored and role played with Tom.

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MICHAEL'S CENTER

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SPIRITUAL DIRECTION

Sr. Rose Mary Reid

February 22, 1985

Tom Adamson:

As we talked about Tom's relationship with his God, emotions began to well up in him, even to the point of tears. He is hurt, humiliated, resentful and angry that the God, ^{whom} he feels has called him ^{has} left him out alone in the field at best and zapped him at worst. Intellectually, he knows this is a false image but he doesn't know what to do with the feelings or is embarrassed with them. He would like the Institute program to be the opportunity to let down his wall of defenses so he can re-direct himself and follow, not the siren call but the urgings of a truer God, who deep down, he feels is still calling him to a wholeness of which he is ^{yet} afraid. To rebuild a life of faith at this moment seems to be essential but overwhelming.

End of dictation.

JK 13183

SPIRITUAL DIRECTION"
Sr. Rose Mary Reid
February 27, 1985

Tom Adamson:

As we talked, Tom came to the conclusion that ^{wasn't surprising, to} him, that he did not have a very good relationship with God. Prayer has been, for him, a ^{rubric} ~~brick~~ rather than communication and he even questions whether or not ^{is purpose} ~~saying~~ "required prayers" is more scrupulousness than prayer. He feels that he is called to be a compassionate pastor and can speak empathically from his own suffering but wants desperately to experience God with him in this. I offered him Fr. Ashenbraner's "Consciousness Examen" as a means of coming to a more comfortable awareness of God's presence and asked him to trust that he was not offending the one he is seeking by temporarily omitting his list of required prayers. The conversation turned to recent publicity regarding Bishop Roach. Tom said that he was tempted to write but did not know how it would be received. He concluded that if he can bring himself to write, it would be an occasion to trust his own inner integrity.

End of session.

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MICHAEL'S CENTER

JK 13184

NO. 100-100000
to you from records when
I find that...

SPIRITUAL DIRECTION
Sr. Rose Mary Reid
March 6, 1985

Tom Adamson:

Tom said he had had a hard but good week with a number of breakthroughs. He found his session with Tim McAuliffe, when they dealt with his pent-up anger toward his father, heavy but freeing. Now, he can deal with the hurt, he doesn't have to be savior. He came away from attendance at a meeting for adult children of alcoholics with an appreciation of his gift of faith. Although he did not share in the group, the witness of the others and their struggle to acknowledge a higher power was very moving for him. He has difficulty in saying he is hurting. He would like to write his family and share with them "where he is" and I encouraged him to do so, for even if he doesn't mail the letters, he will have concretized his feelings, at least for himself and he will then be able to come across sincerely to his family because of his own better interior clarity. He still harbors the feeling that he is not giving God a fair shake. He left chewing on the question, is that what God wants from him?

End of session.

JK 13185

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SPIRITUAL DIRECTION
Sr. Rose Mary Reid
March 14, 1985

Tom Adamson:

Tom's week has been full to what he first felt was a point of frustration. Everything is pouring in on new ears. St. Paul, as a model, has helped to this point let him try to be all things to all men. He realizes now that one of Paul's later statements, "God's grace is sufficient for me," is one that he can better identify in his experience and one that is much more satisfying for him. The God he has been following is becoming clearer as Paul Midden's suggestion to him that he allow himself a few loose strings and less perfectionism rings true in him. His ears are opening to more of what God is saying through his own incompleteness as well as to what he is saying to him. Everything is sounding on his newly opening ears like crashing waves and he is feeling a bit overwhelmed but surprisingly enough to him, much better about himself and more focused. In his focusing, he feels drawn to the assimilation and intergration of the psychological impact of the program as the God with him is illuminating the spiritual.

End of session.

JK 13186

SPIRITUAL DIRECTION
Sr. Rose Mary Reid
March 20, 1985

Tom Adamson:

Tom wants so badly to get forgiveness from the significant others in his life. When I questioned him as to whether or not he had forgiven them, he felt that only possibly, to the degree he had forgiven himself. So much is going on in him and he needs help. It is difficult for him to ask for help but can see that coming to St. Michael's was a way of asking for and accepting the help he needs. For in these weeks he has been able to deal with his loneliness and his past acting out which conflicted with his choice of priesthood. I suggested that he continue to be open and listening to all that comes to him and that he try being a priest to himself so that he can discern the spirit of a yet unknown greater God who is calling him past an unknown but imperfect God to neediness, accepted humanity and a community of love. He needs this stronger God within himself before he can be the gentle, forgiving instrument of God to others and he is beginning to see this.

End of session.

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SPIRITUAL DIRECTION
Sr. Rose Mary Reid
March 28, 1985

Tom Adamson:

I am very much impressed with the way Tom is taking a hold of his own life and with his attempts to hear the spirit directing him. The weeks here have given him a clearer view of himself, his options and his motivations so that he can more freely choose in faith, which I think has also deepened and a commitment to the celibate priesthood. He knows he has a lot yet to work through but the promise for his effort, he sees, as life giving and freeing as he is able to look at his life more responsibly.

End of session.

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SPIRITUAL DIRECTION

Sr. Rose Mary Reid
April 8, 1985

Tom Adamson:

I think the time at St. Michael's has been a very mellowing one for Tom as he has come to know a caring God. He has come to better know and accept himself. He describes himself as a Jekyll and-Hyde; the Jekyll vindictive and protective of a fearful and lonely Hyde. His experience of learning to reveal his vulnerability has helped him to realize that his pedestal priesthood is of his own making and that a forgiving God calls him to be priest in a much freer, more human way. The past has wounded and shackled him as long as he has denied and condemned it. The months ahead I know will be difficult for him as he battles his old judgmental ghosts. But with continued support and therapy, I see him taking greater responsibility for his own life and happiness and an integration of a less rigid spirituality coming about as he forgives himself and moves out more committed to his call.

End of session.

JK 13189

ATERCARE SPIRITUAL DIRECTION
Sr. Rose Mary Reid
June 11, 1985

Tom Adamson:

For Tom, the past month or so has been a painful period of waiting. He is back in Winona and the Bishop is supportive as are his fellow priests. His case comes up for deposition the end of this month. Meanwhile, he is putting in time working in CPE. A good distraction for while he ministers to the sick, my prayer is that he will be further healed himself. "There is gold in them there hills."

End of session.

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