

# Victim and Survivor Consultation

We want to hear from you if your life has in any way been affected by child sexual abuse. We would be glad to hear from friends or families of victims and survivors if they feel able to provide insight into the impact on the victim and survivor or their experience of accessing support services.

We also want to understand how effectively existing support services provision (that provide care, treatment, counselling, therapy, advocacy and support etc.) meet the needs of people who have experienced or been affected by child sexual abuse, and the ways in which they can be improved.

## How to respond

Your responses are **confidential** and will not be published. We will publish a report summarising what we hear, but this will not name individuals and your responses will be kept confidential. You do not need to answer every question, just those which are relevant to your experiences.

The survey will be open for **13 weeks**, and will close on **12 September**.

Submissions can be made in English or Welsh and submitted either:

- by email to **vs.survey@iicsa.org.uk**
- by post to **PO Box 72289, London, SW1P 9LF**

## Basic Details

We would like to understand better how sexual abuse and support service provision affects different groups of people in different ways. Please provide some basic information about you that will help us to do this.

How old are you?

- 17 or under
- 18-24
- 25-34
- 35-44
- 45-54
- 55-64
- 65+

How would you describe your gender?

Your answer

How would you describe your ethnicity?

Your answer

Would you describe yourself as having a disability?

- Vision (for example blindness or partial sight)
- Hearing (for example deafness or partial hearing)
- Mobility (for example walking short distances or climbing stairs)
- Dexterity (for example lifting and carrying objects, using a keyboard)
- Learning or understanding or concentrating
- Memory
- Mental health
- Stamina or breathing or fatigue
- Socially or behaviourally (for example associated with autism, attention deficit disorder or Asperger's syndrome)
- Other: \_\_\_\_\_

In what capacity are you completing this survey?

- Victim or Survivor
- Parent
- Carer
- Sibling
- Other: \_\_\_\_\_

## Impact of Abuse

Childhood sexual abuse can affect many aspects of someone's life. We're keen to understand more about how different parts of a victim and survivor's life might be affected. Please answer as many or as few of the following questions as you feel able to.

**If possible, please tell us how sexual abuse has affected your physical health.**

Either as a child, as an adult, or both

Your answer

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**If possible, please tell us how sexual abuse has affected your mental health and emotional wellbeing.**

Either as a child, as an adult, or both

Your answer

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**If possible, please tell us how sexual abuse has affected your behaviour or relationships.**

Either as a child, as an adult, or both

Your answer

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**If possible, please tell us how sexual abuse has affected your life more generally.**

For example your education, employment, housing or financial situation.

Your answer

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## Support Services

We want to understand more about generic (non-specialist) services and specialist sexual abuse support service provision provided by the voluntary and statutory sectors. Support services is a broad term, and can cover both general support services (for example, NHS services, GP care, victim support, children's support charities, as well as specialist sexual violence support services (that provide many forms of sexual abuse support for adults children and families).

**Did you access support services as a child (age 17 or under)?**

- Yes
- No

# Support Services - as a Child

What type of support service(s) did you access as a child?

- NHS Services
- General/generic (non specialist) support services
- Specialist sexual violence and abuse support services
- Other: \_\_\_\_\_

## What form did the support take?

We would like to know the type of support you received, and whether it was statutory, part of the specialist voluntary sector, or general service. By those we mean:

- Statutory: NHS and local authority services, eg GP, social services, mental health teams
- Specialist voluntary sector: services that work only with victims/survivors of rape and sexual abuse for example Rape Crisis and Survivors Trust member agencies
- General: A service providing support and care for many kinds of conditions and issues

### Crisis service

	Statutory	Specialist voluntary sector	General service
Helpline	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Independent Sexual Violence Adviser	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Specialist crisis advocacy	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

### Physical and mental health or addictions services

	Statutory	Specialist voluntary sector	General service
Accident and Emergency	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Community mental health	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Drug and Alcohol Service	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Eating Disorder Service	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Maternity	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Psychiatry	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Psychology	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

## Counselling and Therapy Service

	Statutory	Specialist voluntary sector	General service
Art therapy	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Cognitive Behavioural Therapy (CBT)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Counselling	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Dialectical Behavioural Therapy (DBT)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Group therapy	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
IAPT	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Psychotherapy	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Transactional Analysis	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

## Specialist Support Services

	Statutory	Specialist voluntary sector	General service
Specialist 1:1 sexual violence counselling	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Dedicated sexual abuse websites	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Trauma focused support	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Dedicated women's support service	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Dedicated men's support service	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Dedicated children's support service	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Dedicated parent's support service	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Dedicated learning disability support service	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Survivor self-help support group	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Rape and sexual abuse support centre	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Independent Sexual Violence Adviser	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Sexual Assault Referral Centre	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Workshops, eg return to work, confidence building	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Meditation/Mindfulness/similar service	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Restorative justice	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

If the type of service you accessed as a child wasn't listed in the previous sections, or you would like to give more details on those you used, please give details here.

Your answer

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## Some additional questions

Please tell us about all the services you wish to give feedback on.

**Roughly when did you access the services?**

(A particular year would be great, but a general range would be fine, e.g 2000 - 2003, or 'around 1990')

Your answer

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**How were you made aware of the support service(s) available?**

Your answer

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**Were there any difficulties or challenges for you in accessing the support services you needed?**

Your answer

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**What was positive about the experience for you?**

Your answer

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**What would you change about the service you received to make it better?**

Your answer

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**Do you think the support service was helpful in supporting you?**

Your answer

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**Overall, how satisfied were you with the support service you accessed?**

Your answer

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**Was there a type of support service or assistance that you would have liked to access but couldn't? If so, which type, and why were you unable to do so?**

Your answer

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**Was there a type of support service or assistance that you would have liked to access but couldn't? If so, which type, and why were you unable to do so?**

Your answer

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**What would you change about the provision of the specialist support service you accessed if you could?**

Your answer

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What would you change about the generic service provision you accessed if you could?

Your answer

How could specialist support service provision be improved in future?

Your answer

How could generic services be improved in the future?

Your answer

## Support Services - as an Adult

Did you access support services as an Adult (age 18 or over)?

Yes

No

What type of support service(s) did you access as a child?

NHS Services

General/generic (non specialist) support services

Specialist sexual violence and abuse support services

Other: \_\_\_\_\_

## What form did the support take?

We would like to know the type of support you received, and whether it was statutory, part of the specialist voluntary sector, or general service. By those we mean:

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Maternity	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Psychiatry	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
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## Counselling and Therapy Service

	Statutory	Specialist voluntary sector	General service
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Dedicated women's support service	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
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## Specialist Support Services

	Statutory	Specialist voluntary sector	General service
Dedicated children's support service	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Dedicated parent's support service	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Dedicated learning disability support service	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Survivor self-help support group	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Rape and sexual abuse support centre	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Independent Sexual Violence Adviser	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Sexual Assault Referral Centre	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Workshops, eg return to work, confidence building	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Meditation/Mindfulness/similar service	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Restorative justice	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

If the type of service you accessed as an adult wasn't listed in the previous sections, or you would like to give more details on those you used, please give details here.

Your answer

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## Some additional questions

Please tell us about all the services you wish to give feedback on.

**Roughly when did you access the services?**

(A particular year would be great, but a general range would be fine, e.g 2000 - 2003, or 'around 1990')

Your answer

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**How were you made aware of the support service(s) available?**

Your answer

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**Were there any difficulties or challenges for you in accessing the support services you needed?**

Your answer

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**What was positive about the experience for you?**

Your answer

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**What would you change about the service you received to make it better?**

Your answer

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Do you think the support service was helpful in supporting you?

Your answer

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Overall, how satisfied were you with the support service you accessed?

Your answer

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Was there a type of support service or assistance that you would have liked to access but couldn't? If so, which type, and why were you unable to do so?

Your answer

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Was there a type of support service or assistance that you would have liked to access but couldn't? If so, which type, and why were you unable to do so?

Your answer

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What would you change about the provision of the specialist support service you accessed if you could?

Your answer

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What would you change about the generic service provision you accessed if you could?

Your answer

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How could specialist support service provision be improved in future?

Your answer

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How could generic services be improved in the future?

Your answer

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**Thank you!**

The survey is now complete. Thank you for for taking the time to help the Inquiry understand better the impact of abuse and issues around support service provision.