# CENTER FOR SPIRITUAL DEVELOPMENT

# ARCHDIOCESE OF NEW YORK



**Twenty-fifth Anniversary** 

2003 - 2004

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To locate the Center online, go to <a href="www.archny.org">www.archny.org</a>. On the left side click for the Center for Spiritual Development.

# The Center for Spiritual Development Celebrates Twenty-five Years

In September, 1979 the Center for Spiritual Development of the Laity opened at Blessed Sacrament High School, Yonkers. adjoining the Monastery of the Sacramentine Nuns. Over 100,000 students and other participants have come to courses, programs, workshops, pilgrimages, convocations, retreats and days of prayer since then. Ninety parishes involved 40,000 people in RENEW.

Cardinal Cooke envisioned the Center as a response of the Archdiocese of New York to the call of Vatican II in its documents to the laity to a deeper spiritual life and to participate in the mission of the Church.

The Cardinal invited Fr. Benedict J. Groeschel, OFM Cap, to search for a priest to establish and direct the Center to facilitate this development. Fr. Bruce Nieli, a Paulist Father, became the founding director.

Anniversaries gift us with special moments that "force" us to be still in our "now" moment, to reflect on the past with gratitude and understanding, so we can learn from it in the present and bring the insights from it into the future as it begins to unfold.

On November 22, at Resurrection Church, we shall celebrate the twenty-fifth anniversary of the Center. In keeping with the spirit and mission of the Center, the celebration will be one of prayer, reflection, catching up with people with whom you have shared the experience of the learning, praying and laughing together. We are blessed to have Fr. Benedict's active participation in what he set in motion and supported so generously through his involvement in courses, programs and pilgrimages all this time.

We look forward to this day and hope to see many familiar faces. If you are in touch with others who have come to the Center, encourage them to come as well. Since we are still having financial difficulties, if for some reason you cannot come, please, as Father Benedict's letter suggests, take a ticket and participate in that way.

It has been a special privilege for me to serve you through the mission of the Center. There are many who comment at the conclusion of a program or class that being there for that particular occasion was "so helpful," "a blessing,"

"just what I needed at this time." We know the Spirit is at work. Please help us to continue.

Ann Marie Wallace, Ph.D. Director

Center for Spiritual Development

Twenty-fifth Anniversary Celebratian

A Day of Reflection

Conferences

Mass

Lunchean

Sharing

November 22, 2003 Resurrection Church 910 Boston Post Road Rye, NY 10580 10:00 A.M. – 3:00 P.M.

**Ticket: \$35** 

# Center for Spiritual Development Archdiocese of New York

### THE MISSION OF THE CENTER FOR SPIRITUAL DEVELOPMENT:

To provide opportunities for the on-going spiritual formation of adult Christians invited to live more fully their Baptismal call through:

- an understanding of the spiritual life and the means to live it,
- a knowledge of the basic doctrines of the Faith in which one's spirituality is rooted,
- an understanding and appreciation of Scripture which nourishes adult faith.
  - an awareness of the responsibility of discipleship for every individual, both in the Church and in society, and
- a deepening attentiveness to the presence and action of God through discernment in all of life.

The Center is one response of the Church of New York to the spiritual hungers so deeply felt in our time. The spirituality we proclaim is that of the Gospels, lived in the Church for 2,000 years and still developing, as they continue into the Third Millennium.

The **School of Spirituality**, established by Fr. Benedict J. Groeschel, C.F.R., in 1974 to train spiritual directors, was expanded to include the Spiritual Development Program for the spiritual formation of adults in 1979. It became part of the Center for Spiritual Development in 1983, and provides programs and courses for those desiring spiritual growth.

### **SCHOOL OF SPIRITUALITY PROGRAMS:**

Scripture, Spiritual Direction, Companions in Faith, Adult Confirmation Preparation and a variety of courses in Spirituality and Ministry.

# CENTER FOR SPIRITUAL DEVELOPMENT SPIRITUAL OPPORTUNITIES:

Come Home Ministry, Retreats, Opportunities for Reflection and Prayer, Opportunities for Singles, Prayer Groups, Programs for Spiritual and Psychological Growth, Pilgrimages, Outreach to Parishes and Communities, and a Spiritual Direction Referral Service.

### **COURSES**

# Center for Spiritual Development Rye, NY

# THE PARABLES AND MIRACLES OF JESUS: PROCLAMATIONS AND SIGNS OF THE KINGDOM (A Two-Semester Program)

THE PARABLES Part I

Jesus' parables will be reflected on as conveying the challenging, confronting and decision-provoking reality of the Kingdom of God.

8 Sessions

Wed., 10:00 A.M. – Noon.

Rev. James Villa, O.F.M.

Suggested Fee: \$115

Sept.10 - Oct. 29, 2003

### SPIRITUALITY FOR THE MARKETPLACE

Sr. Ellen O'Connell, S.C.

Executive Co-Director

North American Conference of Associates and Religious

Tues., 7:00 - 9:00 P.M.

Oct. 7 - 21, 2003

October 7

PRAYER IN THE MONASTIC MODE

October14

PRAYER IN THE IGNATIAN MODE

October 21

PRAYER IN THE VINCENTIAN MODE

The course will focus on the spiritualities in the Church, with special emphasis on prayer forms from the monastic and apostolic traditions. It is especially recommended to laity and religious who seek to deepen their own prayer.

Suggested Fee: \$15 per session, 3 sessions: \$40

### CENTER FOR SPIRITUAL DEVELOPMENT, Rye

### MEETING JESUS AT THE CROSSROADS

This course will be a short one on the Beatitudes with the intention of making practical applications from the Great Sermon for one's life.

4 Sessions

Wed., 7:00 - 8:30 P.M.

Rev. Joseph F. Cavoto, S.A.

Suggested Fee: \$55

Oct. 29 – Nov. 19, 2003

### SPECIAL ADVENT PROGRAM TUESDAY, DECEMBER 9, 2003 7:30 - 8:30 P.M.

### EXPERIENCING ADVENT THROUGH THE JOY OF MOVEMENT

Themes of letting go, waiting upon God and receptivity will be explored and experienced as we practice three basic Tai Chi Chih movements.

Wear sneakers or flat shoes and loose comfortable clothing.

SR. CAROL DEANGELO, S.C.

SUGGESTED FEE: \$10 PLEASE REGISTER BY DECEMBER 4

THE PARABLES AND MIRACLES OF JESUS: PROCLAMATIONS AND SIGNS OF THE KINGDOM (A Two-Semester Program)

Part II THE MIRACLES

The course will reflect on the miracles of Jesus as signs of the present reality of the Kingdom of God.

8 Sessions

Suggested Fee: \$115 Jan. 7 - Feb. 25, 2004

Wed., 10:00 A.M. - Noon

Rev. James Villa, O.F.M.

### "EAST MEETS WEST": ROMAN CATHOLICS AND

### THE RELIGIONS OF THE EAST

A brief introduction to the beliefs and practices of Eastern religions: the religions originating in India (Hinduism, Buddhism, Jainism and Sikhism), China and Japan (Confucianism, Taoism and Shinto) and their interaction in America with Americans.

4 Sessions Suggested Fee: \$60 Feb. 2 - 23. 2004

Mon., 7:00 - 8:30 P.M.

Rev. Wilfred Tyrrell, S.A.

### CENTER FOR SPIRITUAL DEVELOPMENT, Rye

#### AN EXPLORATION OF MYSTICISM FOR OUR TIME

### Rev. Lovola Amalraj

Adjunct Faculty, Graduate School of Religion and Religious Education, Fordham University

Wednesdays 7:00 – 8:30 P.M.

January 28 A PSYCHOLOGICAL UNDERSTANDING OF

MYSTICAL SPIRITUALITY

February 4 PSYCHOLOGICAL BACKGROUND OF THE SPIRITUALITY OF

**CHRISTIAN MYSTICS** 

February 11 CONTEMPLATIVE PRAYER METHOD OF

ST. IGNATIUS LOYOLA

February 18 CONTEMPLATIVE PRAYER METHODS OF

St. Teresa of Jesus (Avila)

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### CONTEMPORARY SPIRITUAL ISSUES

Bro. André Mathieu, C.P.

**Spring Semester** 

10:00 A.M. – Noon

Topics and dates to be announced.

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### CONTEMPLATIVE PRAYER AND THE CLOUD OF UNKNOWING

The Fourth Lateran Council in 1215 stated that "Between Creator and creature, no similarity can be expressed without including a greater dissimilarity." Our review of the 14<sup>th</sup> Century spiritual classic, "The Cloud of Unknowing," using the William Johnston edition and videotapes of Fr. William Menninger, will consider how the Council's dictum influenced the anonymous author of the Cloud and how both underlie the Centering Prayer practice taught by Trappist Fathers Thomas Keating, Basil Pennington and William Menninger.

3 Sessions

Wed., 7:30 - 9:30 P.M.

Suggested Fee: \$45

Spring 2004 Date to be announced

Joseph R. Zepf

# The Center for Spiritual Development

### **MANHATTAN**

St. Jean Baptiste Community Center St. Paul the Apostle Parish Center

# ST. JEAN BAPTISTE COMMUNITY CENTER 184 East 76 Street (Lexington Avenue)

### **Great Hall**

Fall, 2003

# MAJOR THEMES IN THE CHRISTIAN JOURNEY IN THE 21<sup>ST</sup> CENTURY: Acceptance, Faith, Gratitude, Hope, Integrity, Love, Reconciliation and Waiting.

The course will explore through readings and personal reflection how each of us experiences these themes in our own life journeys.

**8 Sessions** Wed., 6:30 – 8:00 P.M.

**Suggested Fee: \$115** Oct. 8 – Dec. 3, 2003

Sr. Kathleen Church, R.S.C.J.

### THE LENTEN JOURNEY IN THE 21<sup>ST</sup> CENTURY

Significant themes in the Paschal Mystery. will be explored. Scripture, short stories and personal reflection will help us focus on the Christian meaning of life, suffering, death and resurrection in the 21<sup>st</sup> Century

**6 Sessions** Wed., 6:30 – 8:00 P.M.

Suggested Fee: \$85 Lent—Dates to be annnounced.

Sr. Kathleen Church, R.S.C.J.

### YOUR SOUL AT WORK

Sunday, October 12, 26, Nov. 9, 2003 Please see pp. 12-13 for important information

Please register with the Center in advance by calling 914-967-7328. Fees payable in installments. Scholarships available. Senior citizen discount. Please make checks payable to the *Center for Spiritual Development*.

# ST. PAUL THE APOSTLE PARISH CENTER 405 WEST 59 STREET, NEW YORK, NY 10019

### WHAT ARE THE MYSTICS TRYING TO TELL US? PART I

Mysticism has always been very hard to define but today, the mystical potential of all Christians is increasingly emphasized in speaking about prayer and the spiritual journey. Mystics experience a deep communion of love and of knowledge with God, with other people, and with all reality. During our time together, we will endeavor to explore the characteristics of the mystic, looking at the lives of some of the classic mystics, and at some who are considered mystics in our own historical moment.

**6 Sessions**Mon. 6:30 – 8:00 P.M. **Suggested Fee: \$ 85**Oct. 20 – Nov 24, 2003

Sr. Julianne Warnshuis, M.M.

### WHAT ARE THE MYSTICS TRYING TO TELL US? PART II

In this segment, we will delve into questions and experiences that will deepen our awareness of the mystical elements present in all of us who are called to union with the Divine Mystery.

New students will be welcomed to Part II of the course. Some materials will be provided, but the true benefit of the course will be realized by taking Part I and Part II.

**6 Sessions**6:30 – 8:00 P.M.

Suggested Fee: \$ 85
Jan. 26 – Mar. 8, 2004

Sr. Julianne Warnshuis, M.M.

Please register with the Center in advance by calling 914-967-7328. Fees payable in installments. Scholarships available. Senior citizen discount. Please make checks payable to the *Center for Spiritual Development*.

### ST. PAUL THE APOSTLE PARISH CENTER, Manhattan

### PRAYER AND LIFE WORKSHOP:

### LEARN TO PRAY, LEARN TO LIVE

"How can I learn to pray?" "Teach me to pray." These were the questions frequently asked of John Cardinal O'Connor wherever he went throughout the Archdiocese and people had the opportunity to exchange a few words with him.

One response is a **PRAYER AND LIFE WORKSHOP**, a program to help an individual to learn, in depth, the art of prayer. In this practical workshop, we learn to pray by experiencing prayer.

The workshop will teach participants to enter into a personal relationship with the Lord through a variety of methods, beginning with simple forms of prayer and reaching the heights of contemplative meditation.

Prayer is also a gift from God. The workshop offers a methodical approach and a progressive learning process. Prayer will transform us into friends and disciples of the Lord.

Through a framework of meditation on the Gospel, intensive prayer, community reflection and silencing exercises, the participants will overcome their innermost fears, feelings of anguish, sadness and anxiety.

As a result of a profound and moving experience in faith and surrender to God's will, the participant will find an inner peace never before imagined. They will be able to find emotional stability and happiness in their lives through learning in each session, God speaks with us and we talk with God.

Father Ignacio Larrañaga, O.F.M, Cap. of Santiago, Chile, is the Founder of Prayer and Life Workshops, which are in 32 countries throughout the world. This workshop will be among the first in English in the New York area. Trained guides will direct the program.

Introduction + 14 Sessions

No fee

Wed., 6:30 - 8:30 P.M..

Jan. 14 – Apr. 21, 2004

For further information and registration, please call the Center by January 7.

### **School of Formation**

For

**English-speaking Guides** 

Center for Spiritual Development

September-December, 2003

### **ORANGE COUNTY**

St. Patrick's Parish 26 Hunter Street Highland Mills, N Y

### CONTEMPORARY CHRISTIAN SPIRITUALITY: WHAT'S HAPPENING?

This course will help in the search to understand what is happening to the spirituality of Christian men and women in our world today. What is essential, and how does each Christian find the spirituality most enriching for his/her unique vocation? Each evening will include a presentation, comments on the texts and reflective prayer.

Suggested Fee: \$175

Suggested Fee: \$145

Sept. 30 – Dec. 9, 2003

Sept. 18 – Dec. 11, 2003

**12 Sessions** Thurs., 7:00 – 9:00 P.M.

Sr. Catherine McIntyre, R.J.M.

### TO BE ANNOUNCED

A course on understanding the psycho-spiritual dimensions of the journey will be announced for Spring semester.

### **PUTNAM COUNTY**

# St. John the Evangelist Parish

221 East Lake Boulevard Mahopac, NY10541

### STEPS ON THE SPIRITUAL JOURNEY:

THE SPIRITUAL LIFE AS IT CAN BE LIVED BY LAY CATHOLICS

Where am I now? Where Do I go Next? What do I do When I get there? **10 Sessions** Tues., 7:30–9:00 P.M.

> Fr. Benedict J. Groeschel, C.F.R. Deacon Robert Esposito Ann Marie Wallace

### **DUTCHESS COUNTY**

# St. Denis Parish Center 602 Beekman Road Hopewell Junction, NY

### **AUTHENTIC FAITH**

What does God expect from me? What do I expect from God?

Realistic faith is having a true relationship with God. Together we will explore the many aspects of friendship and how they relate to our relationship with God.

**4 Sessions**Thurs. 7:30 – 9:30 P.M.

Suggested Fee: \$60
Oct. 2 – 23, 2003

Deacon Robert Esposito

Please register with the Center in advance by mail or phone. 914-967-7328

### YOUR SOUL AT WORK

Saturday, Nov. 1, 15, Dec. 6, 2003 10:00A.M. – 2:30 P.M. Please see pp. 12-13 for important information.

Please register with the Center in advance by calling 914-967-7328. Fees payable in installments. Scholarships available. Senior citizen discount. Please make checks payable to the *Center for Spiritual Development*.

### **OUR LADY OF VICTORY, MANHATTAN**

### St. Jean Baptiste COMMUNITY CENTER, MANHATTAN

### ST. DENIS PARIISH, Dutchess County, Hopewell Junction

### YOUR SOUL AT WORK

Fortune magazine recently reported "a growing quest for spiritual renewal in the workplace." Working people long for a greater sense of fulfillment and spiritual growth in what they do. YOUR SOUL AT WORK by Nicholas Weiler and Stephen Schoonover, M.D. addresses that longing. The authors' research team interviewed over 5,000 people to identify what behaviors distinguish those who succeed in their work from those who don't. Materials the authors have developed are used by large and small organizations worldwide (GE, IBM, AT&T, Xerox, Apple, etc.)

The authors have learned that "taking "your soul to work" requires four things—finding work you love, succeeding in it, navigating successfully through very predictable, research-proven life stage transitions, and tying your work to a high life purpose that meets your personal and spiritual values. This workshop presents specific tools and techniques to accomplish all four.

This is an interactive course and will require home preparation. The book and its accompanying workbook will be provided to registrants in advance to prepare for the first session.

### **FACILITATORS**

**Carl Koelle** has been an information technology director and a vice president of operations in private industry, involved in job counseling and job search training. He is the founder of Spirit in Action for singles.

Mary Pat Messina has an M.B.A. in Human Resource Management from Pace University along with twenty years experience in human resources management. Through her own experience of attending *Your Soul at Work* workshop, she was able to clarify her goals and values during a career transition.

### YOUR SOUL AT WORK

**Registration:** 3 weeks prior to first class to receive materials and prepare for first session.

Fee: \$75 plus Text \$20; Workbook, Postage and Handling: \$10.

Please make checks payable to the *Center for Spiritual Development*.

Mail to: 96 Milton Road, Rye, NY 10580

For information, please call 914-967-7328. FAX 914-967-7387

### **SCHEDULE**

### **FALL**

Carl Koelle
OUR LADY OF VICTORY (LOWER CHURCH)
60 William Street at Pine St
New York, NY 10005

Sat., Oct. 11, 25, Nov. 8, 2003 Time: 10:00 A.M. - 2:30 P.M. Mary Pat Messina ST. DENIS RECTORY 598 Beekman Road Hopewell Jct. NY 12533

Nov. 1, 15, Dec. 6, 2003 Time: 10:00 A.M. - 2:30 P.M.

Registration by Sept. 20.

Registration by October 11.

ST. JEAN BAPTISTE COMMUNITY CENTER

184 East 76 Street (Lexington Ave.) Sun, Oct.12, 26, Nov. 9, 2003 Time: 10:00 A.M. - 2:30 P.M.

Registration by September 21.

Call: 914-967-7328

Additional Workshops in the Spring Semester in Manhattan and Hopewell Junction

# Pathways Through Scripture

# THE NEW YORK CATHOLIC BIBLE SCHOOL PROGRAM Archdiocese of New York

### **Co-Sponsors**

### Center for Spiritual Development Catechetical Office

This four-year structured scripture program provides intensive training and study of the entire Bible which enables participants to "discover the power of the biblical message, [and] also come to love God's word and uncover whole new dimensions of the Church's rich heritage of liturgy, doctrine and spiritual reading of the Scriptures." It also prepares people to teach and to lead Bible Study groups and to communicate the message more effectively.

The program requires at least a two-year commitment and uses a variety of methods. These include:

- Weekly reading and writing assignments,
- Communal prayer service at the start of each class,
- Group discussion of the weekly assignment,
- Input from a professionally trained teacher, and tests to evaluate and consolidate learning.

The first trimester began in the Spring Semester of 1999, and the first graduation for the Basic Certificate took place in June, 2001, and the first for the Advanced Four-Year Certificate, June, 2003.

The following proposed new sites for the first year, the Study of the Old Testament, are being added in September, 2003.

Pelham Manor: Vicariate of South Shore of Westchester

Our Lady of Perpetual Help Sr. Marie Goldstein, R.S.H.M.

**Riverdale: Vicariate of Northwest Bronx County** 

St. Gabriel – Charles Chesnavage

**Rye:** Vicariate of Central Westchester

Center for Spiritual Development –

Fr. Gregory Noel –O.F.M. Cap., Morning

Deacon Robert Gontcharuk, Evening

Ossining: Vicariate of Northern Westchester & Putnam

St. Augustine – Marilyn Hilpert

### **Pathways Through Scripture**

**Kingston: Vicariate of Ulster County** 

St. Joseph Church – Gloria McCasland

Goshen: Vicariate of Orange County

John S.Burke Catholic High School - Geraldine Hurley

Fishkill: Vicariate of Dutchess County

St. Mary Mother of the Church – Charles Junjula

**Manhattan: Vicariate of South Manhattan** 

Immaculate Conception –

Fr. Gregory Noel -O.F.M. Cap., Morning

**Mahopac: Vicariate of Putnam County** 

St. John the Evangelist- Marilyn Hilpert, Morning

**Haverstraw: Vicariate of Rockland County** 

St. Mary – Cindy Kostroa

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Plans are underway for Bible School Classes in Spanish to start in a year or sooner. The sites and instructors presently chosen are

The Bronx: Vicariate of the Northeast Bronx

St. Lucy – Rev. Robert Norris

Manhattan: Vicariate of East Manhattan

St. Cecilia – Juan Lulio Blanchard

**Haverstraw: Vicariate of Rockland County** 

St. Peter – Sr. Stella Herrera, R.J.M.

Following are the other venues for the Bible School.

New students are not admitted to the second year or beyond.

### Year II

Staten Island: Vicariate of Staten Island

St. Joseph Hill Academy - John DeLisa

**Kingston: Vicariate of Ulster County** 

St. Joseph Church – Gloria McCasland

The Bronx: Vicariate of the East Bronx

St. Frances de Chantal – Robert LaFranco

Manhattan: Vicariate of East Manhattan

St. Jean Baptiste - Joel Melford

**Newburgh: Vicariate of Orange County** 

Sacred Heart - Sr. Mary McCarthy, P.B.V.M.

### **Pathways Through Scripture**

#### Year III

The Bronx: Vicariate of the Northeast Bronx

Our Lady of Grace Parish – Joel Melford

Shrub Oak: Vicariate of Northern Westchester/Putnam

St. Elizabeth Ann Seton - Robert LaFranco

**Manhattan:** Vicariate of East Manhattan

St. Agnes High School - Sr. Eve Kavanagh, R.S.C.J.

**Nanuet: Vicariate of Rockland County** 

St. Anthony- Anne Malloy

**Hopewell Vicariate of Dutchess County** 

**Junction:** Bl. Kateri Tekawitha (La Grange) - Mary Biasotti **Poughkeepsie:** Our Lady of Lourdes High School – Peter Lyons

### Year IV

**Yonkers:** Vicariate of Yonkers

St. Bartholomew – Sr. Claire Francis Murphy, S.A.

**Manhattan:** Vicariate of Manhattan

The Catholic Center - Deacon Robert Gontcharuk

### DAYS OF PRAYER

9:30A.M. - 3:15 P.M.

All students: Sacred Heart High School, Yonkers

Students participate in two days of prayer each year. The first is prior to the first class and provides the focus for the year. The second takes place during the Lent/Easter Liturgical Season.

FALL DAY OF PRAYER: September 20, 2003

SPRING DAY OF PRAYER: Sacred Heart High School May 1, 2004

GRADUATION June 12, 2004

For information and registration for the first year course, please contact the Center: 914-967-7328 or the Catechetical Office: 212-371-1011 Ext. 2860.

# **Spiritual Direction Program**

# A Two-Year Program for Religious, Priests, Deacons and Laity

### FOR THOSE WHO:

are involved in the ministry of spiritual direction or may be involved in this ministry in the near future.

**THE PROGRAM PROVIDES** a holistic approach which focuses on the uniqueness of each one's journey in relationship to God and to all of life's experiences as opportunities to encounter God.

Theological, psychological and spiritual foundations, and the literature of spirituality provide the basis for the practice of spiritual direction in the practicum and supervision process.

### **CRITERIA FOR ADMISSION**

### **Candidates must:**

- 1. have an adequate theological and scriptural background;
- 2. be receiving on-going spiritual direction;
- 3. be willing to make a 6-day directed retreat before completing the program, if one has not been made;
  - 4. participate in an interview with members of the staff.

**LOCATION:** THE CENTER FOR SPIRITUAL DEVELOPMENT, RYE

### THE FIRST YEAR WILL BE OFFERED IN 2004-2005

**DATES:** Thursdays, September 11 - December 11, 2003

January 8 - May 6, 2004 Graduation, May 13

**TIME:** 7:00 - 9:45 P.M.

**TUITION Year I:** \$1,000 Tuition. Weekend programs: part or all are included...

Year II: \$1,200 including individual supervision and weekend retreat.

Faculty: Sr. Jane Lyons, Fr. Roy Drake, S.J., Fr. Daniel J. Fitzpatrick, S.J., Sr. M. Eugenia Lorio,

M.M., Sr. Eleanor Shea, O.S.U., Ann Marie Wallace

# **Course of Study**

### THE FIRST YEAR

### THE DYNAMICS OF THE SPIRITUAL JOURNEY

The course will provide an overview of the spiritual journey with a focus on the dynamics of prayer, discernment and conversion. The stages of the journey as well as the Ignatian, Carmelite and Augustinian traditions will also be explored.

### HISTORY OF CHRISTIAN SPIRITUALITY

An overview of the various developments: martyrdom, monasticism, lay movements, reformation, and others, will be given. The course will also consider contemporary spirituality and its dynamics in the Church today.

### **HUMAN DEVELOPMENT**

The course will focus on understanding the psychological development of the human person through the life span as well as the disorders that can be encountered in spiritual direction. Application will be made to the spiritual direction process

### THEOLOGICAL FOUNDATIONS OF SPIRITUAL DIRECTION

Since Christian spirituality is rooted in the faith of the Church, the course will include those aspects of the faith that underpin the ministry of spiritual direction.

### OTHER REQUIRED EXPERIENCES

### A Guided Prayer Weekend:

Divine Compassion Center, White Plains, NY

January, Year I

### **Communication Skills Workshop:**

An introduction to the skills helpful in facilitating the process of spiritual direction.

Spring, Year I

### THE SECOND YEAR

An intensive focus on the practice of spiritual direction will include the processes and skills to be added, issues and topics helpful to that process and individual and group supervision.

Guided Prayer Experience (Required): An overnight experience designed to bring to closure the two-year experience of the program.

Trinity Retreat, Larchmont.

April 30 – May 1, 2004

Please call or write for an application

# **Adult Confirmation Preparation Program**

**A PROGRAM FOR ADULTS** who wish to reaffirm their faith through preparation for the Sacrament of Confirmation in a six or seven-week program.

### WHO MAY ATTEND:

Adults, twenty-one and over who have received the Sacraments of Eucharist and Reconciliation and who, for a valid reason, cannot participate in any other program in preparation for Confirmation.

### **REQUIREMENTS:**

- 1. An interview by a parish priest before the first class. The priest will give to the person a Letter of Good Standing.
- 2. An experienced connection with one's parish during this program.
- 3. Attendance at, and participation in classes.
- 4. The submission of appropriate documents, e.g., Certificates of Baptism and First Communion to the coordinator of the program. Instruction takes place in the parish for those without Communion preparation.

### TO REGISTER:

- 1. Obtain a form from your parish.
- 2. Mail form and Letter of Good Standing one week before the course begins to the Coordinator for your vicariate listed below:

### STATEN ISLAND: Veronica DiGiacomo

685 Tompkins Ave., Staten Island, NY 10305 or call (718) 556-7690 (after 7:00 P.M. or weekends)

 Classes meet:
 Wednesdays, 7:30 - 9:30 P.M.

 FALL:
 October 15 - November 19, 2003

 SPRING:
 March 24 - April 28, 2004

: St. Francis Center for Spirituality Todt Hill Road, Staten Island

Place \_\_\_\_\_\_Judith Slominski

RYE: Judith Slominski
Center for Spiritual Development

Call (914) 967-7328 (9:00 A.M- 5:00 P.M.)

Classes meet: Wednesdays: 7:30 - 9:30 P.M.

FALL: September 24 - November 19, 2003

(No Class Oct.8 & 15)

SPRING: February 18 - March 31, 2004

**Place: Center for Spiritual Developments** 

96 Milton Road, Rye, NY 10580

Fee: \$100

# **Other Spiritual Opportunities**

# MONDAY AFTERNOONS\* MEDITATION AND PRAYER

### HOPE IN THE LORD

How Life is Made Livable by Hope and Trust in God

October 13 What is Christian Hope?

November 17 Presumption – Counterfeit Hope

December 15 The Mercy of God –

The Foundation of Hope

January 5 Hope, False and True

February 9 Hope and Grace

March 8 Hope When There Is No Hope

April 19 Hope and Eternity

**Eucharistic Liturgy will conclude each session.** 

7 Sessions Suggested Fee: \$15 (each)

Rye. Monday 2: 30 – 4:00 P.M. (\$100 for the series)

Fr. Benedict J. Groeschel, C.F.R.

### RETREAT IN DAILY LIVING

The **Spiritual Exercises of St. Ignatius** will be offered in the context of daily life. Often called the "Nineteenth Annotation Retreat," (Number 19 in a series of guidelines by St. Ignatius for directors of the Exercises) participants will meet with a director individually over a period of thirty weeks. This is an ongoing experience of prayer, conversion and a deepening awareness of the presence and action of God in one's ordinary life.

For those who wish to explore their readiness, please contact the Center.

# REUNION RETREAT: SPIRITUAL DIRECTION CLASS OF '98

The retreat is an opportunity to reflect, pray and renew the experience of community as the journey of faith continues.

**Center for Spiritual Development** 

October 25, 9:30 A.M. – 4:45 P.M.

**Ann Marie Wallace** 

### **RE-MEMBERING CHURCH**

For Catholics who have been away and wish to consider returning. Regular meetings at St. Augustine's Parish, 140 Maple Ave., New City, NY.

For information, call 845-634-3641

<sup>\*</sup>Please note change of time.

### MERTON – NOUWEN SYMPOSIUM

### HENRI NOUWEN AND THOMAS MERTON: WESTERN EXPLORERS OF THE CHRISTIAN EAST

Henri Nouwen and Thomas Merton, outstanding spiritual writers of the 20<sup>th</sup> Century have bequeathed a rich legacy to the 21<sup>st</sup> Century. This legacy is ever expanding as specific aspects of their writings receive attention in books, articles and lectures . **Jim Forest**, who was of close friend of both Henri Nouwen and Thomas Merton, will focus on the ways in which both writers were influenced by the spirituality of Eastern Christianity and became bridges, linking east and west.

Journalism and peace are the major ingredients of Jim Forest's life. He was a reporter in New York City and edited several magazines and journals. Becoming interested in peace, he joined the Catholic Worker Movement and became managing editor of the Catholic Worker. He knew Dorothy Day during the last 20 years of her life.

Touched by his influence on the lives of so many, Thomas Merton became Jim Forest's mentor with whom he corresponded regularly during the last seven years of his life. Merton, recognized for his stance on peace during the Vietnam War, corresponded with peace activists and Jim Forest saw him as playing a crucial pastoral role in the peace movement during the Vietnam War.

Jim Forest is the author of many books, published in nine languages, on such topics as praying with icons, confession and forgiveness, the Beatitudes, Russian religious life as well as biographies of Thomas Merton and Dorothy Day. He received the Peacemaker Award from Notre Dame's Institute for International Peace, was General Secretary of the International Fellowship of Reconciliation for 12 years, and is currently Secretary of the Orthodox Peace Fellowship.

### **CO-SPONSORS**

Corpus Christi Church, Center for Spiritual Development and Henri Nouwen Society

**Place: Corpus Christi Church** 

529 West 121 Street (near Broadway), Manhattan, 212-666-9350

Date: Saturday, January 31, 2004 1:00-3:30 P.M. Suggested Donation \$15. Payment at the door.

**Pre-Registration:** Please call the **CENTER** by Wednesday, January 28 at

914-967-7328

### **PILGRIMAGES**

# 2003 – A SPIRITUAL JOURNEY IN POLAND AND ST. PETERSBURG ON ITS 300<sup>TH</sup>ANNIVERSARY

# FR. MARIUSZ KOCH, C.F.R. SEPTEMBER 21 – OCTOBER 1, 2003

Cost: \$2,435 per person double occupancy, Single, add \$445.

Round trip from JFK New York on LOT, Polish Airlines to Warsaw. Change planes for St. Petersburg and our hotel.

**St. Petersburg:** The first day is filled with sightseeing, both spiritual and cultural, including the Hermitage Museum. Specific churches, shrines and cultural sites will be visited and the afternoon is free for shopping and local visits. The following day we fly to Warsaw and proceed directly to the shrine of **Czestochowa** for Mass. The following two nights are in the mountain town of **Zakopane**, with its breathtaking vistas and religious and cultural sites. **Krakow** (3 nights). Includes: the medievval Marian Church, the Shrine of the Divine Mercy, the Cathedral of Krakow where Pope John Paul II was Bishop, a medieval Monastery and other sites in and around Krakow. Day trips to Wadovice, Kalavaria and Auschwitz.

2004 - THE ALSACE - LORRAINE, BELGIUM AND GERMANY

# FR. BENEDICT J. GROESCHEL, C.F.R., SPIRITUAL GUIDE

May 17 - 29, 2004 (13 Days)

Cost: \$2,765 per person double occupancy. Single, add \$485. ROUND TRIP FROM JFK NEW YORK VIA AIR FRANCE

**Brussels:** Amettes, the birthplace of St. Benedict Joseph Labre, Brugge, Ghent, Antwerp and the American WWII cemetery. **Cologne**: Cathedral on the Rhine River, area spiritual sites and a ride on the Rhine. **Reims:** the land of St. Joan of Arc in Lorraine with a visit to Domremy, her birthplace and to the Cathedral where Joan of Arc had the King of France crowned. **Strasbourg:** Visits to the Cathedral, the city of Colmar and Medievel Speyer with the "Kaiser Dom" on the way to Regensberg. **Regensberg:** Center for our stay in Eastern Bavaria from which we take a trip on the Danube to visit a Monastery upriver, and visit Altoitting, Oberammergau and Dachau, among other sites during our three night stay. Mass will be offered daily.

For more information, please call 1-800-760-4330 or write to belmontours@aol.com

# SPIRITUALITY CONVOCATION

### THE ANNUAL SPIRITUALITY CONVOCATION

**This Twentieth Annual Spirituality Convocation** continues to be a one-day response to the desires of people to deepen their knowledge and experience of the spiritual life. Outstanding speakers and a variety of workshops on current topics in spirituality attract people from the tristate area and beyond.

The Convocation will be held Saturday, March 27, 2004 Place and Speaker to be announced.

# ONE-DAY PROGRAMS SATURDAYS

At the Center in Rye except when indicated.

Advance Registration is IMPORTANT.

Please call the Center (914) 967-7328 or FAX (914) 967-7387 TWO DAYS prior to the event.

On site: one half-hour before program.

The suggested donation for each is \$ 20 unless indicated by an asterisk/s (\*).

Bring lunch. Coffee, tea, etc., and dessert are provided.

### MOTHER TERESA OF CALCUTTA

### THE SECRET OF MOTHER TERESA

September 27

10:00 A.M.- 3:00 P.M.

Insights into the life of a great person will come from someone who knew her for over 30 years. Fr. Benedict J. Groeschel, C.F.R

Internationally known speaker on spirituality, prolific author, retreat director and presenter on television, particularly EWTN.

NATURE: GOD'S OTHER SCRIPTURE

QUENCHING OUR THIRSTS: FULFILLING OUR DESIRES

October 18

10:00A.M. - 2:00 P.M.

Come, explore and experience our sacred relationship to water through movement, ritual and imagery. The day will have opportunities for personal time, group sharing and input from the presenter.

Sr. Carol De Angelo, S.C.

### SPIRITUAL DIRECTION CLASS OF '98 ANNUAL REUNION

DAY OF PRAYER

October 25

9:00 A.M. - 4:30 P.M.

The day will begin with a review of discernment and an exploration of practical issues identified by the participants related to the spiritual journey. The major part of the day will focus on Jesus in the Gospel of St. John and the ways in which this Gospel opens for us several dimensions of the spiritual journey.

**Ann Marie Wallace** 

### **WISDOM LITERATURE**

# THE TRADITION OF WISDOM IN THE BIBLE PART I

November 1

10:00 A.M. - 3:00 P.M.

- Part 1: The Nature of Ancient Eastern Wisdom and the Bible
- Part 2: The Book of Proverbs and Positive Wisdom
- Part 3: Positive Wisdom in Psalms, Song of Songs and Prophets

Wisdom is one of the most important areas of biblical writing that communicates revelation in the context of the larger human questions and ways of thinking that move beyond the specific doctrines of Jewish Faith to engage the broadest issues of the ancient world with the insights of Israelite Faith. We will examine the Bible's positive attitude to learning from and questioning the world around us.

Rev. Lawrence Boadt, C.S.P.

### CONTINUING EDUCATION FOR SPIRITUAL DIRECTORS

### OFFERING VISIONS AND VOICES

November 1 9:00 A.M. - 3:30 P.M.

Within the Ignatian Spiritual Tradition, active imagination is one of the key internal resources for facilitating Divine-human intimacy and relationship. In the course of this workshop, the presenter will offer a typology of the primary patterns and rich descriptions of the variety of visionary and auditory experiences that she discovered through interviews with directees committed to the spiritual path whose religious experiences tended to be mediated through the internal and external senses. There will be opportunities for spiritual directors to respond to the material and to reflect on their experience with their directees.

Janet Ruffing, RSM

**Location:** Mariandale Center, Ossining, NY. On-site parking.

**Registration:** (Includes lunch.) Pre-registration, \$35, at the door, \$40.

Please make checks payable to Center for Spirituality and Justice.

Send fee to Mariandale Center, c/o Jeanne McGorry, C.S.J., 299 North Highland Avenue, Ossining, NY 10562. Tel. 914-941-4455, FAX 914-941-8480

#### **CO-SPONSORS:**

Archdiocesan Center for Spiritual Development, Bethsaida Spirituality Center, Cenacle Center for Spiritual Renewal, Center for Spirituality and Justice, Divine Compassion Center for Spiritual Renewal, Graduate School for Religion and Religious Education at Fordham University, Guild for Spiritual Guidance, Linwood Spiritual Center and Mariandale Center.

Please call the Center for Spiritual Development for a registration form.

### **BUDDHIST MEDITATION**

### BUDDHIST MEDITATION AND CHRISTIAN PRAYER

November 8

10:00 A.M. - 3:00 P.M.

The program will begin with a brief history of the Buddhist-Catholic Dialogue, looking at points of convergence in method and theory and points of divergence between the two religious traditions. What is the Monastic Inter-religious Dialogue (MID) and other dialogues? What is happening here in New York?

Rev. Wilfred Tyrrell, S.A.

### **NOUWEN SYMPOSIUM**

The Annual Henri Nouwen Symposium will be held in the Spring Semester. Information will be in the 2004 issue of TIDINGS.

### **PSYCHOLOGY AND SPIRITUALITY**

### PSYCHOLOGY AND SPIRITUALITY: WHERE PSYCHOLOGY FAILS

December 6 10:00 A.M. - 2:00 P.M.

In naming our wounds, the deepest questions and the deepest answers are not found in psychology, but in a spirituality that is aided by psychology but transcended.

**James Sullivan** 

### PRAYER AND PEERSONALITY TYPE

### REDISCOVERING PERSONALITY TYPES AND GROWING SPIRITUALLY

January 17

9:30 A.M. - 3:00 P.M.

Participants will come with a recent Myers/Briggs profile or retake it before the workshop day. The presenter will furnish the inventory. After re-discovering one's type, the focus of the day will be fixed on prayer forms and spiritual themes suggested by one's MBTI preference.

Sr. Ellen O'Connell, S.C.

### MY ROLE IN THE INCARNATION

### THE INCARNATION: EARTH SHATTERING NEWS!

February 14

10:00 A.M. - 3:00 P.M.

What do Christians have to say about the Incarnation?

How does the reality of the Incarnation affect your relationships with others,

with the world?

How are you aware that the Incarnation continues in you?

In what new ways are you invited to be an Incarnational presence?

Sr. Kathleen Kanet, R.S.H.M.

### A NEEDED AMERICAN SAINT

### ARCHBISHOP FULTON J. SHEEN: A PROPHET FOR OUR TIMES

March 6

10:00 A.M. - 2:30 P.M.

One of the favorite quotes of Archbishop Fulton J. Sheen that Cardinal O'Connor often mentioned is "We don't need a voice that's right when everybody else is right; but we need a voice that's right when everybody else is wrong.". That is the voice of the prophet.

Bishop Sheen was a prophet in the Church in the Twentieth Century. His prophetic voice has much to say to us in the Twenty-first Century in the present situation in the Church and in the world.

Fr. Andrew Apostoli, C.F.R.

### **PRAYER**

# THEORY AND PRACTICE OF MYSTICAL SPIRITUALITY-FOR THE ORDINARY PERSON

March 13 10:00 A.M. - 3:00 P.M.

Christianity abounds in theological and philosophical definitions of spirituality. To understand and practice spiritual methods appears complex.

Prayer of the heart has been explored by the mystics. The spirituality of the mystics can be examined and understood from a psychological perspective. A psychological analysis of their spirituality can make understanding easier and clearer and daily practices possible and enjoyable. **Rev. Loyola Amalraj** 

### **WISDOM LITERATURE**

### THE SCEPTICAL WISDOM OF THE BIBLE PART II

May 8 10:00 A.M. - 3:00 P.M.

Part 1: Ancient Near Eastern Theodicy and the Problem of God

Part 2: The Book of Job

Part 3: The Book of Qoehleth

Despite the positive conviction of Israel's Faith that God created the world good and that all things are subject to God's providence and plan, experience questions whether God always gives us good—how do we explain evil or injustice or unfair treatment? The Biblical books of Job and Qoheleth face these questions directly. See how they develop their reflections!

Rev. Lawrence Boadt, C.S.P.

### **PSYCHOLOGY AND SPIRITUALITY**

FORGIVENESS: THE WAY TO PEACE

June 5 10:00 A.M. - 2:00 P.M.

The program will consider the core meaning of forgiveness (for self and others) and a process for extending forgiveness to those who have offended us.

Rev. John J. Cecero, S.J.



# **SERVICES**

### SPIRITUAL DIRECTION REFERRAL SERVICE

Many priests, religious and laity seek spiritual directors who are prepared for this ministry. The Center for Spiritual Development has gathered a resource pool of qualified spiritual directors. If you would like to take advantage of this service, please contact the Center.

### MINISTERING TO MINISTERS

Those who minister to others, must also be nourished. The Center offers days or evenings of prayer for religious, team facilitation, goal setting, days or evenings of prayer for pastoral teams or people in similar ministries, days of prayer for individuals at the Center and spiritual direction.

### THE CENTER BOOKSTORE

A variety of books on spirituality and scripture are available. Books are sold at Center programs and courses. The store is open to the public and books not in stock can be ordered and mailed. **Gift certificates are available.** 

**PROGRAMS OF RENEWAL FOR PARISHES / GROUPS, DAYS OR EVENINGS OF PRAYER AND STUDY** are available for parishes and other groups. Some topics: various ways to pray, finding God in daily life, scripture, spirituality, midlife issues, caring for care-givers and others.

### SPIRITUALITY RESOURCES

**PERSONNEL:** The Center staff has invited men, women, religious, laity and clergy who have training and experience in spirituality to be listed as resource people for the Center. Several have done so, and we invite others to call the Center for an application form.

These resource people are available for days or evenings of prayer, individual spiritual direction, supervision for spiritual directors, facilitating Scripture study groups, faith sharing groups and prayer groups. Some are also available for the direction of people through the experience of The Spiritual Exercises of St. Ignatius in daily life (The Nineteenth Annotation Retreat). Others have expertise in bereavement counseling, parish missions and At-Home Retreats.

### **TIDINGS**

The Center announces the various programs and activities held during the year and is issued periodically.

### **FACULTY & PRESENTERS**

Director: Ann Marie Wallace, Ph.D.

Administrative Assistant and Office Manager: Lola MacDonald

\*Bible School: pp. 14-16.

- **Rev. Loyola Amalraj,** Ph.D., Marquette University, Milwaukee, (Counseling and Clinical Psychology); Adjunct Faculty, Graduate School of Religion and Religious Education, parochial vicar, Holy Name of Mary Parish, Croton-on-Hudson. p.6.
- \*Mary Biasotti, M.A., St. Joseph Seminary, Institute of Religious Studies (Biblical Studies); teacher of the homebound, Arlington Central School District, Poughkeepsie; conducted adult Bible Study groups.
- \*Juan Lulio Blanchard, M.A., Fordham University (Theology); Bi-lingual Program Development Consulting Program, Ministry to Seniors: A program of the Department of the Development of Parish and Community Outreach of Catholic Charities. (Spanish).
- **Rev. Joseph F. Cavoto, S.A.,** C.S.W. M.S.W., Fordham University, M.Div., Washington Theological Union, M.A. Fairfield University (Religious Education): Director Pastoral Care, St. Vincent's Hospital, Harrison, p. 5
- \*Charles Chesnavage, M.Div., Catholic Theological Union, Chicago, IL, Institute for Religious Studies, St. Joseph Seminary, Dunwoodie (Coursework for the Post Master's Program in Scripture); Religion Faculty, Cardinal Hayes High School, Bronx, Director of Liturgy, Our Lady of Mt. Carmel Parish, Brooklyn.
- **Sr. Kathleen Church, R.S.C.J.,** C.S.W., M.A., Boston College (Theology and Pastoral Counseling), M.S.W., Fordham University, Columbière Spirituality Center, Michigan (Spiritual Direction/Retreat Direction), and a Graduate of the Institute for Contemporary Psychotherapy in Manhattan. A psychotherapist in New York City. p. 7.
- **Sr. Carol DeAngelo, S.C.,** M. Div., Immaculate Conception Seminary, Seton Hall, University, C.S.W., Yeshiva University. Director of Mission Integration, St. Cabrini Nursing Home, Dobbs Ferry; worked in Child and health care, and in community and parish settings. Conducts programs, workshops and retreats: focus on caring for Earth, self and others. p. 5.
- \*John DeLisa, M.A., Catholic University of America (Theology); Religion Faculty, St Joseph Hill Academy, Staten Island.
- Fr. Roy Drake, S.J., Ed.D., University of Maine, Orono (Psychology of Learning), and Master's in Geophysics, Classics and Post Doctoral, Studies, New York University (Geophysical Hydrodynamics); staff of Murray Weigel Hall, Fordham University, and spiritual director. Speaker at national and international conferences on addiction in addition to over 500 workshops and over 100 retreats in the United States and Canada and also in many other nations. p.17.

- **Deacon Robert Esposito,** P.D., Fordham University, Educational Administration and Supervision, M.A., City University of New York (Special Education), B.A., Hunter College, (Psychology and Education); former Director of Citywide Programs for Multiply Handicapped Children, New York City Public Schools, adjunct faculty, C.U.N.Y., Principal, New York City Public Schools, Pinesbridge {BOCES}, and St. John the Evangelist, White Plains; Director of Religious Education, St. Benedict's, Bronx and St. John the Evangelist, Mahopac; adjunct faculty. pp.10,11.
- **Rev. Daniel J. Fitzpatrick, S.J.,** Ph.D., Columbia University (Education); Ecclesial Assistant for Christian Life Communities, New York Province, Society of Jesus, spiritual director, retreat director, p.17.
- \*Sr. Marie Goldstein, R.S.H.M., Ph.D., University of Notre Dame (Education) M.A., Seton Hall University (Jewish-Christian Studies), Post-Graduate studies and ministries in Jerusalem at the Ecumenical Institute, Tantur, and Hebrew University; Director, Hope Center for Inter-faith Understanding; Spiritual director, retreat director.
- \*Deacon Robert M. Gontcharuk, M.A., Immaculate Conception Seminary (Theology); Religion faculty, Blessed Sacrament St. Gabriel High School, New Rochelle.
- **Fr. Benedict J. Groeschel, C.F.R.**, Ed.D., Columbia University (Psychology); Founding member, Franciscan Friars of the Renewal. Director, Office of Spirituality, internationally known author, spiritual director, retreat director. pp.10,20.
- \*Sr. Stella Herrera, R.J.M., M.A., Fordham University (Religious Education) and (Advanced Certificate in Adult Religious Education); Adult Education, Retreat Director. (Spanish).
- \*Marilyn Hilpert, M.A., Institute for Religious Studies, St. Joseph Seminary, Dunwoodie, (Religious Studies). Former Director, Regional Catechetical Office, Rockland and Northern Westchester/Putnam Vicariates.
- \*Geraldine Hurley, M.A., Manhattanville College (Philosophy), M.A., Tufts University (Humanistic Studies); M.A., St. Joseph Seminary, Dunwoodie (Religious Studies, concentration in Scripture); D.R.E.., St. Francis of Assisi Parish, Newburgh.
- \*Charles Junjulas, M.A., Institute for Religious Studies, St. Joseph Seminary, (Dogmatic Theology); Former Chair, Religion Department, Albertus Magnus High School, Bardonia; NY, Teacher of Scripture and Church History, Our Lady of Lourdes HS Poughkeepsie, NY
- \*Robert J. La Franco, M.S.W., C.S.W., Fordham University School of Social Services; Faculty of Cardinal Spellman High School High School, Bronx.
- \*Sr. Eve Kavanagh, R.S.C.J., M.A., State University of New York, Albany (Women's Studies) B.A. Newton College of the Sacred Heart, Boston, (Religious Studies with a concentration in Scripture); R.N., currently, a Community Health Nurse in East Harlem.

- Carl A. Koelle, B.S., Manhattan College (Mathematics); Professional Outplacement Training, King Chapman Associates. Formerly, an information technology director and a vice president of operations in private industry; founding director of volunteers and social outreach at St. Francis of Assisi, Manhattan, and founder of Spirit in Action for singles 35 and over. pp.12-13.
- \*Cindy Kostroa, M.A., Institute for Religious Studies, St. Joseph Seminary, Dunwoodie (Religious Studies), M.B.A., Manhattan College (Finance); Lector, St. Joseph Parish, Middletown, NY.
- **Sr. M. Eugenia Lorio, M.M.**, M.T.L, Licensed Massage Therapist in New York State and the National Certificate in Massage Therapy and Body Work, the Bonnie Prudden Myotherapy Certificate, M.L.D./C.D.T. Manual Lymphodemia Draining and B.S., Kansas State University. Ministry is at the Maryknoll Sisters Center in the assisted living and nursing home facilities as well as with out-patients. p.17.
- **Sr. Jane Lyons, C.I.J.,** R.N., Mary Immaculate Hospital, Jamaica, B.S., St. Louis University (Physical Therapy), M.Div., Immaculate Conception School of Theology, Darlington, NJ (now Seton Hall): Ministry in Ignatian retreats and spirituality, including St. Ignatius Retreat House, Manhassat, NY, spiritual director. Interested in the body, mind spirit connection and holds a certificate in reflexology. p.17.
- \*Peter Lyons, M.A., Institute for Religious Studies, St. Joseph Seminary. Dunwoodie, (Religious Studies), B.A., Iona College, (Marketing); Religion Faculty, Our Lady of Lourdes High School, Poughkeepsie.
- \*Anne Molloy, M.A., Caldwell College, Caldwell, NJ (Pastoral Ministry), J.D. Pace University School of Law; D.R.E., St. Anthony Parish, Nanuet, NY.
- **Bro. André Mathieu, C.P.,** M.A., Pastoral Counseling, M.S. Gerontology, Certified Grief Counselor; A Passionist Brother who has extensive background in parish, formation and retreat ministries. Former director of Cardinal Spellman Retreat House, Riverdale, he is a spiritual director and offers retreats and workshops on prayer, aging, death and dying, and spirituality for religious and laity. p.6.
- \*Anne Malloy, M.A., Caldwell College, Caldwell, NJ (Pastoral Ministry), J.D., Pace University School of Law, D.R.E., St. Anthony, Nanuet.
- \*Gloria McCasland, M.A., Institute for Religious Studies, St. Joseph Seminary, Dunwoodie (Scripture), M.S., SUNY New Paltz Secondary Education Mathematics, (D.R.E., St. Joseph Parish, Kingston, and St. John the Evangelist, Saugerties, NY
- **Sr. Catherine McIntyre, R.J.M.**, S.T.D., Gregorian University, Rome, (Spirituality); Director, Bethany Retreat House, Highland Mills, former director of the Graduate Institute for Religious and Pastoral Studies, University of Dallas, Texas. p.10.
- \*Sr. Mary McCarthy, P.B.V.M., M.A., Institute for Religious Studies, St. Joseph Seminary, Dunwoodie (Scripture); Pastoral Associate, Sacred Heart Parish, Newburgh

- \*Joel Melford, M.A., St. Joseph Seminary (Religious Studies), Doctoral Studies in Scripture, Fordham University; Founder of JEM Ministries providing services throughout the Archdiocese.
- Mary Pat Messina M.B.A., Pace University (Human Resources Management), B.A., College of New Rochelle (Psychology); Twenty years experience in Human Resources Management. Attended *Your Soul at Work* Workshop. p.12-13.
- \*Sr. Claire Francis, Murphy, S.A., M.A., University of San Francisco (Theology); Retreat director, spiritual director.
- \*Fr. Gregory Noel, O.F.M., Cap. M.A., New York University (English Literature); M. Div., Maryknoll School of Theology; M.A., Fordham University (Religious Studies); formerly in Parish Ministry; engaged in retreat work.
- \*Rev. Robert J. Norris, M. Div., St. Joseph Seminary, Dunwoodie; Pastor, St. Lucy Parish, Bronx. (*Spanish*).
- Sr. Ellen Rose O'Connell, S.C., M.A., Fordham University (Religious Education). Additional Graduate Study: C.T.S. Diploma, ISW Sabbatical Program, Jesuit School of Theology, Berkeley, CA (Theology), Fordham University (Spiritual Direction); Executive Co-Director of the North American Conference of Associates and Religious, and a qualified instructor in the Myers/Briggs. p.4.
- **Sr. Elinor Shea, O.S.U.** M.A., Catholic University of America. Certification in spiritual direction; ministry of spiritual direction and theological reflection with individuals and groups. p.17.
- \*Jacob Thomas, M.A., Institute for Religious Studies, St. Joseph Seminary, Dunwoodie (Scripture); Director, RCIA, St. Anthony Parish, Yonkers, NY. Enrolled in the doctoral program in Theology (Scripture) at Fordham University.
- **Rev. Wilfred Tyrrell, S.A.,** M.A., Fordham University (Scripture); M.Div. Catholic University of America, Washington, DC; M.A. California State University, Los Angeles, completing a D.Min. at Graduate Theological Foundation; Catholic Chaplain and Interfaith Coordinator of Manhattan-ville College, Adjunct faculty, St. Francis College, Brooklyn. P.5
- **Rev. James Villa, O.F.M.**, D.Min., Pittsburgh Theological Seminary (Education); M.D., Duquesne University, Pittsburgh (Catechetics); Adult educator, part-time pastoral associate, Holy Trinity, Mamaroneck.
- **Ann Marie Wallace**, Ph.D., Fordham University (Psychology); additional study ACI, St. Joseph Seminary and Fordham University; Director, Center for Spiritual Development; Former Director, Graduate Division of Counseling and Community Services, Fairfield University. pp.10,17,24.
- **Sr. Julianne Warnshuis, M.M.**, M.A., California State University at Los Angeles (Special Education); formerly a teacher and coordinator of programs for the multi-handicapped in Nicaragua. Currently conducts courses for her Maryknoll community on mysticism in the States and Latin America.

**Joseph Zepf,** J.D., Harvard; Center for Spirituality and Justice, NYC, and School for Charismatic Spiritual Direction, Benedictine Monastery, Pecos, NM; Certificates in Spiritual Direction. Contemplative Living Course, Contemplative Outreach, Warwick, NY; spiritual director. p.6.

### **PRESENTERS**

- **Rev. Loyola Amalraj,** Ph.D. (cf. faculty listing above) p.27.
- **Fr. Andrew Apostoli, C.F.R.**, M.A. St. Bonaventure (Theology); former Servant, Franciscan Friars of the Renewal, spiritual director, retreat director, author. Procurator, the cause of Archbishop Fulton J. Sheen.p.26.
- **Rev. Lawrence Boadt, C.S.P.,** S.S.D., Pontifical Biblical Institute, Rome. President and publisher of Paulist Press, he has been on the Faculties of Theology at Fordham University, St. John's University and the Washington Theological Union. Author of several books, including *Reading the Old Testament: An Introduction*, and major scholarly publications. pp. 24,27.
- **Rev. John J. Cecero, S.J.,** Ph.D., George Washington University, Washington, D.C. (Clinical Psychology); M. Div. and M.Th., Weston Jesuit School Theology, Cambridge; Asst. Professor of Psychology, Fordham University; private practice at the Cognitive Therapy Center of New York. p.27.
- **Sr. Carol DeAngelo, S.C.,** M. Div. (*cf.* faculty listing above). p.24.
- Fr. Benedict J. Groeschel, C.F.R., Ed.D., (cf. faculty listing above).p.24.
- **Sr. Kathleen Kanet, R.S.H.M.,** M.A., Virginia Commonwealth University (Counseling). Works with the Center of International Learning, cofounder of the Center for Justice and Place, New York City, co-author of *Leaven*, a justice/peace educational process for adults and was a supervisor with the Incarerated Mothers Program , NYC. p.26.
- **Sr. Ellen Rose O'Connell, S.C.,** M.A., (*cf.* faculty listing above). p.26. **Janet Ruffing, R.S.M.,** Ph.D., is a Professor of Spirituality and Spiritual Direction at Fordham University and a founding member of Spiritual Directors International. She has published extensively in *Presence, The Way, Review for Religious, Horizons* and other journals and is the author of *Spiritual Direction: Beyond the Beginnings and Mysticism and Social Transformation*, p.25.
- **James Sullivan**, Ph.D., Fordham University (Counseling), M.A. Maryknoll Seminary (Theology), M.A. Western Connecticut State University (Social Science and Counseling); Private practitioner and school counselor Working with adolescents and families. p.26.
- **Rev. Wilfred Tyrrell, S.A.**, (*cf.* faculty listing above) p. 25.

#### ADULT CONFIRMATION PROGRAM COORDINATORS

State	n Island:	Veronica I	DiGiacomo-	 	 p	). 1	9
Rye:	Judith Sl	ominski		 	 r	<b>5</b> . 1	9

### **CALENDAR**

SEPTEMBER,	2003.
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- 10 The Parables Part I begins, Rye.
- 11 Spiritual Direction Program begins, Rye.
- 18 *Contemporary Christian Spirituality* begins, St. Patrick's Church, Highland Mills.
- 20 Day of Prayer, New York Catholic Bible School.
- 21 Pilgrimage to Poland & St. Petersburg begins.
- 22-25 NEW YORK CATHOLIC BIBLE SCHOOL classes begin.
- Adult Confirmation Class, Resurrection, Rye, begins.
- 27 The Secret of Mother Teresa, Fr. Benedict J. Groeschel, CFR.
- 30 Steps on the Spiritual Journey begins, St. John the Evangelist, Mahopac.

### OCTOBER:

- 2 Authentic Faith, St. Denis Parish Center, Hopewell Junction,
- 7 Spirituality for the Marketplace begins, Rye.
- 8 *Major Themes in the Christian Journey in the 21<sup>st</sup> Century* Begins, St. Jean Baptiste Parish Center, Man.
- 11 YOUR SOUL AT WORK: Oct. 11, 24, Nov. 8, Our Lady of Victory Church, Financial District
- 12 YOUR SOUL AT WORK: Oct. 12, 25, Nov. 9, St. Jean Baptiste Parish Center, Man.
- Columbus Day Afternoon of Reflection, 2:30-4:00 P.M., Fr. Benedict J. Groeschel, CFR,
- 15 Adult Confirmation at St. Francis Friary, Staten Island begins.
- 18 *Quenching Our Thirsts, Fulfilling Our Desires,* Sr. Carol DeAngelo, SC.
- What are the Mystics Trying to Tell Us Part I begins, St. Paul the Apostle Parish Center, Man.
- 25 Retreat, Spiritual Direction Graduates of '98, Ann Marie Wallace.
- 29 *Meeting Jesus at the Crossroads* begins, Rye.

### **NOVEMBER:**

- 1 The Tradition of Wisdom in the Bible, Part I, Rev. Lawrence Boadt, CSP.
- 1 COLLABORATIVE SEMINAR FOR SPIRITUAL DIRECTORS:
  - Offering Visions & Voices, Sr. Janet Ruffing, RSM,

Mariandale Center, Ossining.

1 YOUR SOUL AT WORK: Nov. 1, 15, Dec. 6, St. Denis Rectory, Hopewell Junction.

- 8 Buddhist Catholic Dialogue: What's It All About? Rev. Wilfred Tyrrell, SA.
- 17 Afternoon of Reflection, 2:30-4:00 P.M., Rye, Fr. Benedict J. Groeschel, CFR.
- Twenty-Fifth Anniversary Celebration, Resurrection Church, Rye.
- 27-29 Thanksgiving Holiday, NO CLASS.

### **DECEMBER:**

- 6 Psychology and Spirituality: Where Psychology Fails, James Sullivan.
- 8 Feast of the Immaculate Conception.
- 9 Experiencing Advent through the Joy of Movement, Sr. Carol DeAngelo, SC.
- 15 Afternoon of Reflection, 2:30-4:00 P.M., Rye, Fr. Benedict J. Groeschel, CFR.
- 23 CHRISTMAS RECESS begins.

### JANUARY, 2004:

- 5 Afternoon of Reflection, 2:30-4:00 P.M., Rye, Fr. Benedict J. Groeschel, CFR.
- 7 The Miracles of Jesus, Part II begins, Rye.
- 8 Spiritual Direction Classes resume, Rye.
- Prayer and Life Workshop begins-St. Paul the Apostle.
- 17 Rediscovering Personality Types and Growing Spiritually, Sr. Ellen O'Connell, S.C.
- 19 Martin Luther King Day, NO CLASSES.\*
- What Are the Mystics Trying to Tell Us Part II begins, St. Paul the Apostle Parish Center, Man.
- 28 An Exploration of Mysticism for our Times begins, Rye.
- 31 Merton-Nouwen Symposium—Corpus Christi Church, Man. Western Explorers of the Christian East, Jim Forest.

### FEBRUARY:

- 2 "East Meets West: Roman Catholics and the Religions of the East begins, Rye.
- 9 Afternoon of Reflection, 2:30-4:00 P.M., Rye Fr. Benedict J. Groeschel, CFR.
- 14 The Incarnation: Earth Shattering News! Sr. Kathleen Kanet, R.S.H.M.
- WINTER RECESS, Presidents' Week. Class optional depending on teacher and class needs.
- 18 Adult Confirmation Class, Resurrection, Rye, begins.
- 25 Ash Wednesday
- -- Lenten Journey in the 21<sup>st</sup> Century begins, St. Jean Baptiste. Community Center. Dates to be announced.

### MARCH:

- 6 Archbishop Fulton J. Sheen: A Prophet for our Times, Fr, Andrew Apostoli, C.F.R.
- 8 Afternoon of Reflection, 2:30-4:00 P.M., Rye,

Fr. Benedict J. Groeschel, CFR.

- 13 Theory and Practice of Mystical Spirituality—For the Ordinary Person, Fr. Loyola Amalraj.
- 17 St. Patrick's Day.\*
- 24 Confirmation at St. Francis Friary, Staten Island, begins.
- 27 TWENTIETH ANNUAL SPIRITUALITY CONVOCATION.

### **APRIL**

- 8 16 Holy Thursday EASTER RECESS begins.
- 19 Afternoon of Reflection, 2:30-4:00 P.M., Rye, Fr. Benedict J. Groeschel, CFR.
- 21 Prayer and Life Workshop –Last Session.
- 24 Prayer and Life Workshop Desert Day.
- 30 Spiritual Direction Overnight Retreat Year II.

### MAY:

- 1 Bible School Day of Prayer
- 8 The Tradition of Wisdom in the Bible, Part II

Rev. Lawrence Boadt, CSP.

- 13 Spiritual Direction Program Graduation.
- 17-29 Pilgrimage to The Alsace-Lorraine, Belgium and Germany,
- Ascension Thursday.

### **JUNE**

- 5 Forgiveness: The Way to Peace, Rev. John J. Cecero, S.J.
- 12 Bible School Graduation.

Extra time will be added in the event of weather cancellation. \*Indicates days when individual teachers and students can decide to meet for class. Each course must have the required number of sessions.



### TRAVEL DIRECTIONS

To RYE: CENTER FOR SPIRITUAL DEVELOPMENT (At Resurrection Parish) From: Hutchinson River Parkway: Exit 23 S one mile to I 95 toward Connecticut. Go to next Exit, #19, Playland Parkway and continue one mile to the first light. Turn left to Milton Road for 8/10 mile. Pass Rye High School, the Presbyterian Church, and Resurrection School and Convent on the left. The Center is the next white and green house. From I 287 Cross Westchester Expressway: Exit 11, US 1 South, Rye. Continue south to the fifth light. At the intersection with the Citibank Building, bear left then bear right to Milton Road. Go past the Methodist Church to the Center, #96 on the right. The distance from the exit is just over one mile. Local Streets going North: Boston Post Road, Route 1 to Rye. Turn right to Parsons Street at Rye High School one block and turn left to Milton Road. Pass a Church, Resurrection School and Convent to the Center. From New England Thruway I 95 North and South: Exit 19 Playland Parkway and follow directions above.

### **MANHATTAN:**

CORPUS CHRISTI CHURCH **529 West 121 Street.** (Between Broadway and Amsterdam Avenue) **IRT Broadway Subway** to 116 (Columbia U.) or 125 Street. **Busses:** #s 4 and 104 on Broadway and #s 11 and 60 on Amsterdam.

### ST. PAUL THE APOSTLE PARISH CENTER 405 West 59 Street, Manhattan

Subways: IRT #s 1, 2, 3, 9, and IND A,B,C,D. to 59 Street Columbus Circle.

Busses: #11 Columbus Ave. South, Amsterdam North, #s 12 and 20 Columbus Circle.

ST. JEAN BAPTISTE COMMUNITY CENTER (Under the Church) 184 East 76 Street at Lexington Avenue. Lexington Ave. Subway to 77 Street and Lexington. Bus: From Lower Manhattan 3 Ave Bus to 75 Street and 3<sup>rd</sup>. From north of the Church, Lexington Ave. bus to 76 Street.

### STATEN ISLAND: St. Francis Center for Spirituality

**500 Todt Hill Road. From Verrazano Narrows Bridge:** Take I 278 W (Staten Island Expressway) to Slosson Avenue/Todt Hill Road Exit and makes a **left** at the light onto Slosson Avenue. Slosson Avenue becomes Todt Hill Road St. Francis is your first right *after* Ocean Terrace. **From Goethals Bridge:** Turn **right** onto Slosson Avenue after exiting I-278.

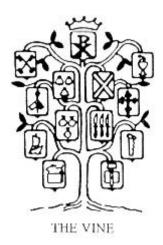
HOPEWELL JUNCTION, NY: ST. DENIS PARISH, 602 Beekman Road: Taconic Parkway to Beekman Road Exit. Going North, turn right at the exit. Going South, left at the exit. Drive 3/4 of a mile on Beekman Road. The Church is on the right.

HIGHLAND MILLS, NY, St. Patrick's Parish, 26 Hunter Street.

**From Woodbury Common:** Take Rte 32 North about 3 miles. The Church is on the right.

MAHOPAC, NY, St. John the Evangelist Parish, 221 East Lake Blvd. From Rte 684 North: Exit 8 Hardscrabble Road: At end of exit ramp turn left. Continue on road through Croton Falls under train trestle by lumber company. Shortly after the trestle, make a left (following signs to Lake Mahopac). This is Croton Falls Road. Continue for two miles, being sure to bear left at the fork in the road. Cross Route 6 and continue one block untill the road ends. (Lake Mahopac is ahead of you on East Lake Blvd.) Turn right and the Church is on the right.

**From the Taconic North: Exit Bryant Pond Road:** Make a right at the end of exit ramp. Continue 1 1/2 miles to first traffic light (Route 6N). Make a left onto Route 6N and continue 1 1/4 miles to second traffic light. (Ignore blinking light at fire house.) Bear left onto Route 6. Make a left at next light (one block) onto East Lake Blvd. (There is a CVS on the left.) Church is 1/2 mile on the right.



# **Enrollment Information**

### For all courses

**1. WHO MAY ENROLL?** Except where it is stated, all courses are open to everyone. *Walk-in registrations accepted if space permits*.

### 2. How to enroll in classes:

Please complete the enclosed registration form and mail it to The Center with a \$15 non-refundable deposit for 12, 10 and 8 week courses and \$10 for all others, one week prior to the start of classes.

Faculty and dates of courses are listed with each program or course description.

**Fees:** All fees are suggested. Those listed are the minimum needed to meet some of the heavy expenses incurred in offering courses and programs.

No one is ever to stay away from Center courses or programs for financial reasons.

Course fees are payable in installments. Senior citizen discount.

**Special Circumstances**: Students with special financial circumstances will be considered for a scholarship on an individual basis. Applications for this are available from the Center.

### 3. STARTING DATES:

**FALL:** In general, 10 week courses begin the second or third week of September.

**SPRING:** The third week in January is the general starting date. Shorter courses can be scheduled at any time. For **dates on all courses**, please check the Program and Course sections.

### 4. COURSE CANCELLATIONS:

Individual courses will be canceled if there is insufficient registration.

### **5. CLASS CANCELLATIONS:**

Weather, teacher illness, etc. Time is made up by adding an additional class or by increasing weekly class time.

#### 6. HOLIDAYS:

Some holidays are optional. Teachers and students decide.

**7. SALE OF BOOKS:** Books for courses will be available for purchase from our bookstore.

### Gift Certificates

Available for books, courses or programs



# Center for Spiritual Development 96 Milton Road Rye, NY 10580 (914) 967-7328 FAX (914) 967-7387

# **REGISTRATION FORM**

	Date
Name	
Address	
StateZip	
Telephone (Work)	(Home)
Please register me for the fol	llowing course/s or program/s.
Course / Program	Beginning Date (Month & Year)
Location of Course / Program	
Deposit enclosed \$	