

Spiritual Direction Program

A Two-Year Program for Religious, Priests, Deacons and Laity

FOR THOSE WHO:

are involved in the ministry of spiritual direction or may be involved in this ministry in the near future.

THE PROGRAM PROVIDES a holistic approach which focuses on the uniqueness of each one's journey in relationship to God and to all of life's experiences as opportunities to encounter God.

Theological, psychological and spiritual foundations, and the literature of spirituality provide the basis for the practice of spiritual direction in the practicum and supervision process.

CRITERIA FOR ADMISSION

Candidates must:

1. have an adequate theological and scriptural background;
2. be receiving on-going spiritual direction;
3. be willing to make a 6-day directed retreat before completing the program, if one has not been made;
4. participate in an interview with members of the staff.

LOCATION: THE CENTER FOR SPIRITUAL DEVELOPMENT, RYE

THE FIRST YEAR WILL BE OFFERED IN 2004-2005

DATES: Thursdays, September 11 - December 11, 2003
January 8 - May 6, 2004
Graduation, May 13

TIME: 7:00 - 9:45 P.M.

TUITION Year I: \$1,000 Tuition. Weekend programs: part or all are included..

Year II: \$1,200 including individual supervision and weekend retreat.

Faculty: Sr. Jane Lyons, Fr. Roy Drake, S.J., Fr. Daniel J. Fitzpatrick, S.J., Sr. M. Eugenia Lorio, M.M., Sr. Eleanor Shea, O.S.U., Ann Marie Wallace

Course of Study

THE FIRST YEAR

THE DYNAMICS OF THE SPIRITUAL JOURNEY

The course will provide an overview of the spiritual journey with a focus on the dynamics of prayer, discernment and conversion. The stages of the journey as well as the Ignatian, Carmelite and Augustinian traditions will also be explored.

HISTORY OF CHRISTIAN SPIRITUALITY

An overview of the various developments: martyrdom, monasticism, lay movements, reformation, and others, will be given. The course will also consider contemporary spirituality and its dynamics in the Church today.

HUMAN DEVELOPMENT

The course will focus on understanding the psychological development of the human person through the life span as well as the disorders that can be encountered in spiritual direction. Application will be made to the spiritual direction process

THEOLOGICAL FOUNDATIONS OF SPIRITUAL DIRECTION

Since Christian spirituality is rooted in the faith of the Church, the course will include those aspects of the faith that underpin the ministry of spiritual direction.

OTHER REQUIRED EXPERIENCES

A Guided Prayer Weekend:

Divine Compassion Center, White Plains, NY

January, Year I

Communication Skills Workshop:

An introduction to the skills helpful in facilitating the process of spiritual direction.

Spring, Year I

THE SECOND YEAR

An intensive focus on the practice of spiritual direction will include the processes and skills to be added, issues and topics helpful to that process and individual and group supervision.

Guided Prayer Experience (Required): An overnight experience designed to bring to closure the two-year experience of the program.

Trinity Retreat, Larchmont.

April 30 – May 1, 2004

Please call or write for an application

FACULTY & PRESENTERS

Director: Ann Marie Wallace, Ph.D.

Administrative Assistant and Office Manager: Lola MacDonald

***Bible School: pp. 14-16.**

Rev. Loyola Amalraj, Ph.D., Marquette University, Milwaukee, (Counseling and Clinical Psychology); Adjunct Faculty, Graduate School of Religion and Religious Education, parochial vicar, Holy Name of Mary Parish, Croton-on-Hudson. p.6.

***Mary Biasotti, M.A.**, St. Joseph Seminary, Institute of Religious Studies (Biblical Studies); teacher of the homebound, Arlington Central School District, Poughkeepsie; conducted adult Bible Study groups.

***Juan Lulio Blanchard, M.A.**, Fordham University (Theology); Bi-lingual Program Development Consulting Program, Ministry to Seniors: A program of the Department of the Development of Parish and Community Outreach of Catholic Charities. *(Spanish)*.

Rev. Joseph F. Cavoto, S.A., C.S.W. M.S.W., Fordham University, M.Div., Washington Theological Union, M.A. Fairfield University (Religious Education); Director, Pastoral Care, St. Vincent's Hospital, Harrison. p.5.

***Charles Chesnavage, M.Div.**, Catholic Theological Union, Chicago, IL, Institute for Religious Studies, St. Joseph Seminary, Dunwoodie (Coursework for the Post Master's Program in Scripture); Religion Faculty, Cardinal Hayes High School, Bronx, Director of Liturgy, Our Lady of Mt. Carmel Parish, Brooklyn.

Sr. Kathleen Church, R.S.C.J., C.S.W., M.A., Boston College (Theology and Pastoral Counseling), M.S.W., Fordham University, Columbière Spirituality Center, Michigan (Spiritual Direction/Retreat Direction), and a Graduate of the Institute for Contemporary Psychotherapy in Manhattan. A psychotherapist in New York City. p. 7.

Sr. Carol DeAngelo, S.C., M. Div., Immaculate Conception Seminary, Seton Hall, University, C.S.W., Yeshiva University. Director of Mission Integration, St. Cabrini Nursing Home, Dobbs Ferry; worked in Child and health care, and in community and parish settings. Conducts programs, workshops and retreats: focus on caring for Earth, self and others. p. 5.

***John DeLisa, M.A.**, Catholic University of America (Theology); Religion Faculty, St Joseph Hill Academy, Staten Island.

Fr. Roy Drake, S.J., Ed.D., University of Maine, Orono (Psychology of Learning), and Master's in Geophysics, Classics and Post Doctoral, Studies, New York University (Geophysical Hydrodynamics); staff of Murray Weigel Hall, Fordham University, and spiritual director. Speaker at national and international conferences on addiction in addition to over 500 workshops and over 100 retreats in the United States and Canada and also in many other nations. p.17.

- Deacon Robert Esposito, P.D.**, Fordham University, Educational Administration and Supervision, M.A., City University of New York (Special Education), B.A., Hunter College, (Psychology and Education); former Director of Citywide Programs for Multiply Handicapped Children, New York City Public Schools, adjunct faculty, C.U.N.Y., Principal, New York City Public Schools, Pinesbridge {BOCES}, and St. John the Evangelist, White Plains; Director of Religious Education, St. Benedict's, Bronx and St. John the Evangelist, Mahopac; adjunct faculty. pp.10,11.
- Rev. Daniel J. Fitzpatrick, S.J.**, Ph.D., Columbia University (Education); Ecclesial Assistant for Christian Life Communities, New York Province, Society of Jesus, spiritual director, retreat director. p.17.
- *Sr. Marie Goldstein, R.S.H.M.**, Ph.D., University of Notre Dame (Education) M.A., Seton Hall University (Jewish-Christian Studies), Post-Graduate studies and ministries in Jerusalem at the Ecumenical Institute, Tantur, and Hebrew University; Director, Hope Center for Inter-faith Understanding; Spiritual director, retreat director.
- *Deacon Robert M. Gontcharuk, M.A.**, Immaculate Conception Seminary (Theology); Religion faculty, Blessed Sacrament – St. Gabriel High School, New Rochelle.
- Fr. Benedict J. Groeschel, C.F.R.**, Ed.D., Columbia University (Psychology); Founding member, Franciscan Friars of the Renewal. Director, Office of Spirituality, internationally known author, spiritual director, retreat director. pp.10,20.
- *Sr. Stella Herrera, R.J.M.**, M.A., Fordham University (Religious Education) and (Advanced Certificate in Adult Religious Education); Adult Education, Retreat Director. *(Spanish)*.
- *Marilyn Hilpert, M.A.**, Institute for Religious Studies, St. Joseph Seminary, Dunwoodie, (Religious Studies). Former Director, Regional Catechetical Office, Rockland and Northern Westchester/Putnam Vicariates.
- *Geraldine Hurley, M.A.**, Manhattanville College (Philosophy), M.A., Tufts University (Humanistic Studies); M.A., St. Joseph Seminary, Dunwoodie (Religious Studies, concentration in Scripture); D.R.E., St. Francis of Assisi Parish, Newburgh.
- *Charles Junjulas, M.A.**, Institute for Religious Studies, St. Joseph Seminary, (Dogmatic Theology); Former Chair, Religion Department, Albertus Magnus High School, Bardonia; NY, Teacher of Scripture and Church History, Our Lady of Lourdes HS Poughkeepsie, NY
- *Robert J. La Franco, M.S.W., C.S.W.**, Fordham University School of Social Services; Faculty of Cardinal Spellman High School High School, Bronx.
- *Sr. Eve Kavanagh, R.S.C.J.**, M.A., State University of New York, Albany (Women's Studies) B.A. Newton College of the Sacred Heart, Boston, (Religious Studies with a concentration in Scripture); R.N., currently, a Community Health Nurse in East Harlem.

- Carl A. Koelle**, B.S., Manhattan College (Mathematics); Professional Outplacement Training, King Chapman Associates. Formerly, an information technology director and a vice president of operations in private industry; founding director of volunteers and social outreach at St. Francis of Assisi, Manhattan, and founder of Spirit in Action for singles 35 and over. pp.12-13.
- *Cindy Kostroa**, M.A., Institute for Religious Studies, St. Joseph Seminary, Dunwoodie (Religious Studies), M.B.A., Manhattan College (Finance); Lector, St. Joseph Parish, Middletown, NY.
- Sr. M. Eugenia Lorio, M.M.**, M.T.L, Licensed Massage Therapist in New York State and the National Certificate in Massage Therapy and Body Work, the Bonnie Prudden Myotherapy Certificate, M.L.D./C.D.T. Manual Lymphedema Draining and B.S., Kansas State University. Ministry is at the Maryknoll Sisters Center in the assisted living and nursing home facilities as well as with out-patients. p.17.
- Sr. Jane Lyons, C.I.J.**, R.N., Mary Immaculate Hospital, Jamaica, B.S., St. Louis University (Physical Therapy), M.Div., Immaculate Conception School of Theology, Darlington, NJ (now Seton Hall): Ministry in Ignatian retreats and spirituality, including St. Ignatius Retreat House, Manhassat, NY, spiritual director. Interested in the body, mind spirit connection and holds a certificate in reflexology. . p.17.
- *Peter Lyons**, M.A., Institute for Religious Studies, St. Joseph Seminary. Dunwoodie, (Religious Studies), B.A., Iona College, (Marketing); Religion Faculty, Our Lady of Lourdes High School, Poughkeepsie.
- *Anne Molloy**, M.A., Caldwell College, Caldwell, NJ (Pastoral Ministry), J.D. Pace University School of Law; D.R.E., St. Anthony Parish, Nanuet, NY.
- Bro. André Mathieu, C.P.**, M.A., Pastoral Counseling, M.S. Gerontology, Certified Grief Counselor; A Passionist Brother who has extensive background in parish, formation and retreat ministries. Former director of Cardinal Spellman Retreat House, Riverdale, he is a spiritual director and offers retreats and workshops on prayer, aging, death and dying, and spirituality for religious and laity. p.6.
- *Anne Malloy**, M.A., Caldwell College, Caldwell, NJ (Pastoral Ministry), J.D., Pace University School of Law, D.R.E., St. Anthony, Nanuet.
- *Gloria McCasland**, M.A., Institute for Religious Studies, St. Joseph Seminary, Dunwoodie (Scripture), M.S., SUNY New Paltz Secondary Education Mathematics, (D.R.E., St. Joseph Parish, Kingston, and St. John the Evangelist, Saugerties, NY
- Sr. Catherine McIntyre, R.J.M.**, S.T.D., Gregorian University, Rome, (Spirituality); Director, Bethany Retreat House, Highland Mills, former director of the Graduate Institute for Religious and Pastoral Studies, University of Dallas, Texas. p.10.
- *Sr. Mary McCarthy, P.B.V.M.**, M.A., Institute for Religious Studies, St. Joseph Seminary, Dunwoodie (Scripture); Pastoral Associate, Sacred Heart Parish, Newburgh

- *Joel Melford, M.A.**, St. Joseph Seminary (Religious Studies), Doctoral Studies in Scripture, Fordham University; Founder of JEM Ministries providing services throughout the Archdiocese.
- Mary Pat Messina M.B.A.**, Pace University (Human Resources Management), B.A., College of New Rochelle (Psychology); Twenty years experience in Human Resources Management. Attended *Your Soul at Work* Workshop. p.12-13.
- *Sr. Claire Francis, Murphy, S.A.**, M.A., University of San Francisco (Theology); Retreat director, spiritual director.
- *Fr. Gregory Noel, O.F.M., Cap.** M.A., New York University (English Literature); M. Div., Maryknoll School of Theology; M.A., Fordham University (Religious Studies); formerly in Parish Ministry; engaged in retreat work.
- *Rev. Robert J. Norris**, M. Div., St. Joseph Seminary, Dunwoodie; Pastor, St. Lucy Parish, Bronx. (*Spanish*).
- Sr. Ellen Rose O'Connell, S.C.**, M.A., Fordham University (Religious Education). Additional Graduate Study: C.T.S. Diploma, ISW Sabbatical Program, Jesuit School of Theology, Berkeley, CA (Theology), Fordham University (Spiritual Direction); Executive Co-Director of the North American Conference of Associates and Religious, and a qualified instructor in the Myers/Briggs. p.4.
- Sr. Elinor Shea, O.S.U.** M.A., Catholic University of America. Certification in spiritual direction; ministry of spiritual direction and theological reflection with individuals and groups. p.17.
- *Jacob Thomas**, M.A., Institute for Religious Studies, St. Joseph Seminary, Dunwoodie (Scripture); Director, RCIA, St. Anthony Parish, Yonkers, NY. Enrolled in the doctoral program in Theology (Scripture) at Fordham University.
- Rev. Wilfred Tyrrell, S.A.**, M.A., Fordham University (Scripture); M.Div. Catholic University of America, Washington, DC; M.A. California State University, Los Angeles, completing a D.Min. at Graduate Theological Foundation; Catholic Chaplain and Interfaith Coordinator of Manhattanville College, Adjunct faculty, St. Francis College, Brooklyn. P.5
- Rev. James Villa, O.F.M.**, D.Min., Pittsburgh Theological Seminary (Education); M.D., Duquesne University, Pittsburgh (Catechetics); Adult educator, part-time pastoral associate, Holy Trinity, Mamaroneck.
- Ann Marie Wallace**, Ph.D., Fordham University (Psychology); additional study ACI, St. Joseph Seminary and Fordham University; Director, Center for Spiritual Development; Former Director, Graduate Division of Counseling and Community Services, Fairfield University. pp.10,17,24.
- Sr. Julianne Warnshuis, M.M.**, M.A., California State University at Los Angeles (Special Education); formerly a teacher and coordinator of programs for the multi-handicapped in Nicaragua. Currently conducts courses for her Maryknoll community on mysticism in the States and Latin America.

Joseph Zepf, J.D., Harvard; Center for Spirituality and Justice, NYC, and School for Charismatic Spiritual Direction, Benedictine Monastery, Pecos, NM; Certificates in Spiritual Direction. Contemplative Living Course, Contemplative Outreach, Warwick, NY; spiritual director. p.6.

PRESENTERS

Rev. Loyola Amalraj, Ph.D. (*cf.* faculty listing above) p.27.

Fr. Andrew Apostoli, C.F.R., M.A. St. Bonaventure (Theology); former Servant, Franciscan Friars of the Renewal, spiritual director, retreat director, author. Procurator, the cause of Archbishop Fulton J. Sheen.p.26.

Rev. Lawrence Boadt, C.S.P., S.S.D., Pontifical Biblical Institute, Rome. President and publisher of Paulist Press, he has been on the Faculties of Theology at Fordham University, St. John's University and the Washington Theological Union. Author of several books, including *Reading the Old Testament: An Introduction*, and major scholarly publications. pp. 24,27.

Rev. John J. Cecero, S.J., Ph.D., George Washington University, Washington, D.C. (Clinical Psychology); M. Div. and M.Th., Weston Jesuit School Theology, Cambridge; Asst. Professor of Psychology, Fordham University; private practice at the Cognitive Therapy Center of New York. p.27.

Sr. Carol DeAngelo, S.C., M. Div. (*cf.* faculty listing above). p.24.

Fr. Benedict J. Groeschel, C.F.R., Ed.D., (*cf.* faculty listing above).p.24.

Sr. Kathleen Kanet, R.S.H.M., M.A., Virginia Commonwealth University (Counseling). Works with the Center of International Learning, co-founder of the Center for Justice and Place, New York City, co-author of *Leaven*, a justice/peace educational process for adults and was a supervisor with the Incarcerated Mothers Program , NYC. p.26.

Sr. Ellen Rose O'Connell, S.C., M.A., (*cf.* faculty listing above). p.26.

Janet Ruffing, R.S.M., Ph.D., is a Professor of Spirituality and Spiritual Direction at Fordham University and a founding member of Spiritual Directors International. She has published extensively in *Presence, The Way, Review for Religious, Horizons* and other journals and is the author of *Spiritual Direction: Beyond the Beginnings and Mysticism and Social Transformation*. p.25.

James Sullivan, Ph.D., Fordham University (Counseling), M.A. Maryknoll Seminary (Theology), M.A. Western Connecticut State University (Social Science and Counseling); Private practitioner and school counselor Working with adolescents and families. p.26.

Rev. Wilfred Tyrrell, S.A., (*cf.* faculty listing above) p. 25.

ADULT CONFIRMATION PROGRAM COORDINATORS

Staten Island: Veronica DiGiacomo- - - - -p. 19

Rye: Judith Slominski.- - - - -p. 19