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Jenice Springs, New Mexico 87023 505-829-3586

SERVANTS OF THE PARACLETE

TREATMENT PLAN FOR SEX OFFENDERS

THIS PACKET OF INFORMATION IS AN APPENDIX TO THE BROCHURE FOR FOUNDATION HOUSE. IT DESCRIBES THE TYPE OF TREATMENT THAT IS OFFERED HERE FOR PEOPLE WHO ARE REFERRED FOR ILLEGAL SEX OFFENSES.

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THE USE OF DEPO-PROVERA

TREATMENT WITH THE USE OF THE MEDICATION DEPO-PROVERA

SERVANTS OF THE PARACLETE  
FOUNDATION HOUSE/VILLA LOUIS MARTIN  
JEMEZ SPRINGS, NEW MEXICO 87025

Over the past ten years we have treated fifteen men with the medication, Depo-provera. Of these fifteen, fourteen have returned to the active ministry without recidivism. One returned to the active ministry and, after four years, returned to the same behavior, but was found to have discontinued the use of the medication. He was asked to leave his place of ministry and has been suspended. One other has discontinued the use of the medication but has not returned to the previous illegal behavior. He has been informed that he has placed himself in a very precarious position and is not receiving official Church authorization.

The therapeutic program which coincides with the use of this medication is explained in the brochure under Foundation House/Villa Louis Martin. This treatment program is normally no less than eighteen months. Personnel on our staff are also instrumental in placement for these men when they complete this program. This placement normally involves supervision and an extensive follow-up by Foundation House/Villa Louis Martin staff. Also, the Servants of the Paraclete operate a half-way house which can offer supervision, limited work and continued therapy.

Obviously, community safety is primary in these cases. This is the reason why we encourage open and frank discussion with Superiors, peers and others concerning the behavior of a resident when he leaves this program. This type of behavior is a highly habituated preference and is pleasurable to the offender. It is addictive behavior. There is no single cause for this behavior in people. The arousal system needs to be treated and we believe that Depo-provera is one of the best ways, at the present time, to treat sexual arousal in men with a sexual preference for adolescents or who are pedophiles. The treatment needs to be immediate, pointed and decisive. Incarceration can be viewed as another form of denial of the basic issue and postpones treatment and may only result in recidivism.

When a man is discharged from this program a member of our professional staff will conduct a follow-up workshop in his new place of assignment. This follow-up involves meeting with the people in the community or place of residence where this man will live and work. This is an honest and open discussion of the reasons why the man went through a therapeutic program and his needs for the future. Five months after completion of the program, every resident is required to return to Foundation House/Villa Louis Martin for a week-long follow-up workshop conducted by our staff. During this week the man will meet with the same therapeutic staff people who worked with him while he was in this program. These six-month follow-up weeks will be

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continued for two years and the man is expected to return for each one.

When they leave this program and continue on the medication, Depo-provera, it is ordinarily to be administered by injection and prescribed by a physician who has been appraised of the client's need for the medication. Usually, this physician is a psychiatrist who is also seeing the client in therapy. The prescription for Depo-provera may not be changed without the consent of our psychiatrist.

Therapists who have been working in this area believe that religious consequences and guilt reduce arousal more than legal consequences and guilt. This seems to be our experience, also. In fact, in some cases we found men who wanted to go to jail! Foundation House is a religious institution and, as such, we concentrate a great deal on spiritual values and religious reformation.

A possible treatment for sex offenders can involve the following:

- 1) Covert reconditioning and desensitization: this is done through masturbatory reconditioning or satiation therapy. The man is taught to become bored with his own fantasies and to become conditioned to an older age group. We do not choose to use this method of masturbatory reconditioning in this program. This is, perhaps, where Depo-provera can act as a substitute.
- 2) People who have been sex offenders usually lack these basic adult skills:
  - A) Social skills
  - B) Assertiveness skills
  - C) Empathy

Therapeutic intervention would obviously concentrate on teaching these skills.

- 3) These men usually lack basic sex education. This is a primary part of any therapeutic intervention.
- 4) Cognitive and Reality Therapy would be utilized to help these men deal with their rationalizations and their distorted fantasies; cognitive restructuring.
- 5) Drug and alcohol abuse can be related to these incidents of sexual offending so this would need to be diagnosed and treated if it were the case.

#### Criteria for the use of Depo-provera:

- 1) The person is a high risk for sexual involvement with children and or minors or a high risk for other psychosexual involvement which is harmful or illegal.
- 2) The person will have been through an intensive supervised treatment program and has a history of recidivism or recurrence of the harmful or illegal action.
- 3) The person meets the medical criteria for use of the medication.

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- 4) The person is aware of the possible side effects of the medication.
- 5) The person signs a legal release for the use of the medication.
- 6) The person will have been evaluated by the psychiatrist, psychologist and a Servant of the Paraclete staff member prior to using the medication. All three will agree on the necessity of using the medication.
- 7) There will be no coercion in suggesting the use of this medication. We offer this as a form of treatment. However, we are entitled to publically state the risks if a person refuses. We do feel obliged to state that a person is not following our recommendations if we are recommending the medication, Depo-provera, and it is refused.
- 8) We ordinarily require that a person take this medication by injection and not in tablet form.

Depo-Provera is used after the following screening has been done:

- 1) Psychiatric interview with the psychiatrist.
- 2) Psychological interview with the psychologist.
- 3) Medical clearance by a physician.
- 4) Initial Laboratory work includes:
  - a) CBC
  - b) Smac
  - c) T4 - VDRL - UA
  - d) Pt and PTT
  - e) Testosterone Level
  - f) F.S.H.
  - g) Serum Leutinizing Hormone
- 5) Written medical clearance from the physician.
- 6) Written permission for treatment from the client.
- 7) Serum testosterone is monitored weekly.
- 8) A medical graph is kept.
- 9) Initial medication dosage will probably be Depo-provera 150 mg. IM
- 10) Observation and noting of any side effects.

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FOUNDATION HOUSE/ VILLA LOUIS MARTIN  
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John Papenfuss, Ph.D.: Physiologist  
John Gustafson, Ph.D.: Physiologist  
Linda Soroos: Administrator  
Santa Fe Mountain Center Staff: Wilderness Experience (similar to  
Outward Bound Program)

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PROGRAM STAFF