

Contemporary Living

Sermonette of The Week

Take Five For A Check-Up

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Come by yourselves to an out-of-the-way place and rest a little.

Christ, the master psychologist, said this and He understands perfectly, people like you and me.

My dear friends, we'd all like the times to be different, family life to be strengthened, women to be shown more respect, morals to be on a higher plane, charity to come closer to home. While we have to take the times and conditions as we find them, we don't have to leave them that way. As the assembly line of events moves past you, hour after hour, day by day, you put your stamp on each happening, either for good or for evil. How do you do this? By your attitude.

Your attitude makes or breaks your life-style. Five minutes a day to recollect your mind, to lift your mind and heart to God, to remind yourself that you are working for God here, to enjoy Him hereafter. Those five minutes a day over the years will bring you the peace of Christ in a world that's gotten far away from Christ.

Evil challenges you in many ways. Through anger, through hatred of neighbor, through gossip. You react to these events almost unconsciously, but it's very important what attitude you take toward them. What did Christ say? Don't be overcome by evil; overcome evil with good.

When you're faced with anger, the world says fight back; Christ says, love one another, turn the other cheek. When you meet gossip, the world is anxious to have you broadcast it; Christ wants it to die with you. Be a lightning rod toward evil — ground it. Let the evil die with you, and in its place put some good.

Don't meet evil with evil. Don't answer anger with anger; don't answer unkind words with unkind words. Be kindest to the nearest. Your husband, your wife, your children, those closest to you, deserve the best.

My dear friends, when you take a coffee break, take five to check your attitude. Don't let evil swamp you; overcome evil with good, and you'll find goodness and God go together. God bless you.