## Episcopal Convent of Saint Helena 3042 Eagle Drive, Augusta GA 30906-3326 706 798 5201 ext 1augustaconvent@comcast.netwww.osh.org

## SAINT HELENA SERIES FOR SPIRITUAL GROWTH

## LIGHT UPON LIGHT Introducing Rumi, Sufism and Islam a seminar with the Rev Lynn C Bauman, PhD

Friday, February 10, 7:00 pm throughSunday, February 12, 1:00 pm dinner Program cost \$125; accommodations \$60 per person per night\*



Islam is a sister faith, a younger member of the Abrahamic tradition to which Christians belong. At the moment there is tension between members of this larger family, much of it based on ignorance. The purpose of this seminar will be to explore the parameters of the Islamic tradition, but more importantly to explore its inner richness and mystical tradition called Sufism, and learn from some of its most magnificent and visionary mystics and poets such as Jalalludin Rumi. If you have the **Essential Rumi** by Coleman Barks, bring it with you. If you want a good introduction to Islamic tradition, read Karen Armstrong's book, simply called **Islam: A Short History**.

Lynn C Bauman is a retreat master, teacher, and seminar and conference leader. He is currently director of the Praxis Retreat and Learning Center, an ecumenical retreat facility which offers opportunities for prayer and study in the rural beauty of northeast Texas. Lynn is an author and partner in a publishing house for the creation and production of materials and texts for spiritual formation, spiritual direction and contemplative living. See <a href="https://www.praxisofprayer.com">www.praxisofprayer.com</a>.

Dr Bauman is also a professor of comparative religion, ascetical theology, spirituality and hermeneutics and has taught at many institutions of higher learning across North America and Canada. He and his family spent ten years living in the Middle East where Lynn taught at the University of Tehran, and studied Islamic Philosophy and Sufism in a program of doctoral studies. He and his wife, Jackie, also lived in Yemen where they taught at an International School in the capital city, Sanaa.

Over the last number of years Lynn has worked in close association with Cynthia Bourgeault and others to establish Academies for Contemplative Wisdom (Wisdom Schools) across the nation. In addition Lynn has translated from Coptic a number of the important early texts of Christian wisdom; the Gospel of Thomas, the Gospel of Mary Magdalene and the Gospel of Philip. These are collected into a volume called *The Luminous Gospels* with introductions also by Cynthia Bourgeault and Ward Bauman. Since 2003 when Lynn, Cynthia and three others founded The Oriental Orthodox Order in the West, Lynn has played a role in the work of this Order of men and women living in the world. The focus of the Order is on wisdom, the inner or mystical tradition of Christianity, and transformation. See www.TheOOOW.com.

\*Program cost: \$125; a deposit of \$65 will confirm your registration. Checks, MasterCard and Visa accepted. Lunch included Saturday and Sunday for commuters. All meals included for overnighters in the guesthouses.

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For overnighters: Our guest houses are named Ascension House and Jo's House. Guesthouse rooms for this seminar will be shared two persons per room, with either two twin beds or one queen bed. We can house a maximum of 11guests. \$60 per night; deposit of first night's stay (\$60) will confirm your reservation. Saturday and Sunday breakfast makings will be available at the guest houses, and a light supper will be served Friday and Saturday evening for participants who wish to partake. Two of Lynn's sessions will be on Friday and Saturday evening. Very important: if you are not staying overnight at the convent, let the guest coordinator know when you make your program reservation if you would like to have supper at the convent on Friday and Saturday. Lunch is provided for everyone on Saturday and Sunday.

Register by phone or email: 706 798 5201 ext 1 or <a href="mailto:augustaconvent@comcast.net">augustaconvent@comcast.net</a>. Your reservation will be completed when we receive your deposit. Please be sure we have your email address and phone number. Thanks for being prompt with your deposits as reservations are confirmed in the order in which deposits are received. Make checks payable to "OSH" and mail to: Convent of St Helena, c/o Guest Registrar, 3042 Eagle Drive, Augusta GA 30906-3326.

<u>Suggestions for those staying in local hotels</u>– Make your own reservations;continental breakfast is served at each hotel listed below.

(Looks nice from the road, not in a noisy area; this is where we would stay.)

Day's Inn, all rooms no smoking, near good restaurants. 3654 Wheeler Rd, Augusta GA 30909 706 868 8610, between \$50 - \$55 per night, plus tax. Ten to fifteen minutes' drive to convent via I-520

(Closest – 1 mile from convent, near busy street intersection)

Quality Inn South, near fast food restaurants 2926 Peach Orchard Road, Augusta GA 30906 706 793 3306

If you say you are attending an Order of St Helena function, \$60 nightly, including taxes

(Nice –Ten to fifteen minutes' drive to convent via I-520)

Double Tree (by Hilton Hotel)
2651 Perimeter Parkway, Augusta GA 30909
706 855 8100
\$103 to \$109 per night plus taxes

Please see <a href="http://www.osh.org/directions.html">http://www.osh.org/directions.html</a> for directions to the Convent of Saint Helena. And see <a href="http://www.osh.org/events.html">http://www.osh.org/events.html</a> for further guest information and typical chapel service/meal schedules. We will weave Lynn's talks with the monastic "Offices" (morning, noon and evening prayer) and Holy Eucharist. You are welcome to all services and to receive Eucharist with us. You'll have a chance to hear Gregorian chant during the Offices; sing with us if you like.

If you do not currently receive our quarterly e-newsletter, the **saint helena**, and would like to subscribe, please email our office manager at <a href="mailto:augofficemgr@comcast.net">augofficemgr@comcast.net</a>. The newsletter always contains an up-to-date list of upcoming events at the convent.

Please pass the invitation to Lynn's weekend to your friends and associates.

Thank you and we look forward to your company.

Blessings on your day!